Nuts

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IMOGEN THOMAS!

CALL OF DUTY
GHOSTS
FIRST PLAY!
HOT NEW PICS!
"Mattdamon!"

+ Danica Unwrapped!

200mph 4x4! (no, really!)

IMOGEN'S BACK!

'Well, hello again...'

GIGGS! ARTETA! WILEY! SHARKS! CECH! MATT DAMON!

BARCLAYS
ATP WORLD TOUR FINALS
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*Test done in Dec 2010 by Stiftung Warentest.

THIS WEEK IN Nuts!

Nuts
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HOT NEW PICS!
CALL OF DUTY FIRST PLAY!
Danica Unwrapped!

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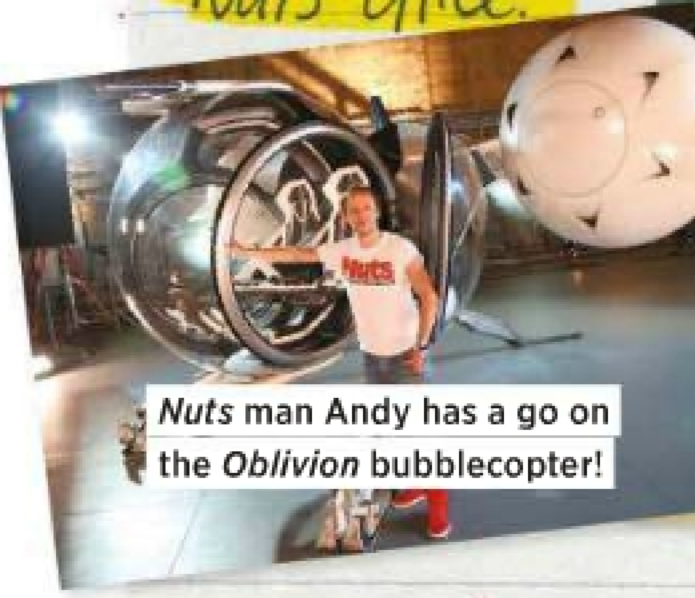
COVER: JAY MAWSON, REX FEATURES

"Bloody hell, I'm freezing here"

This week in the Nuts office!



Nuts man Andy has a go on the *Oblivion* bubblecopter!

Spring Breakers comes to *Nuts* HQ

Nuts NEWS

EXCLUSIVE!

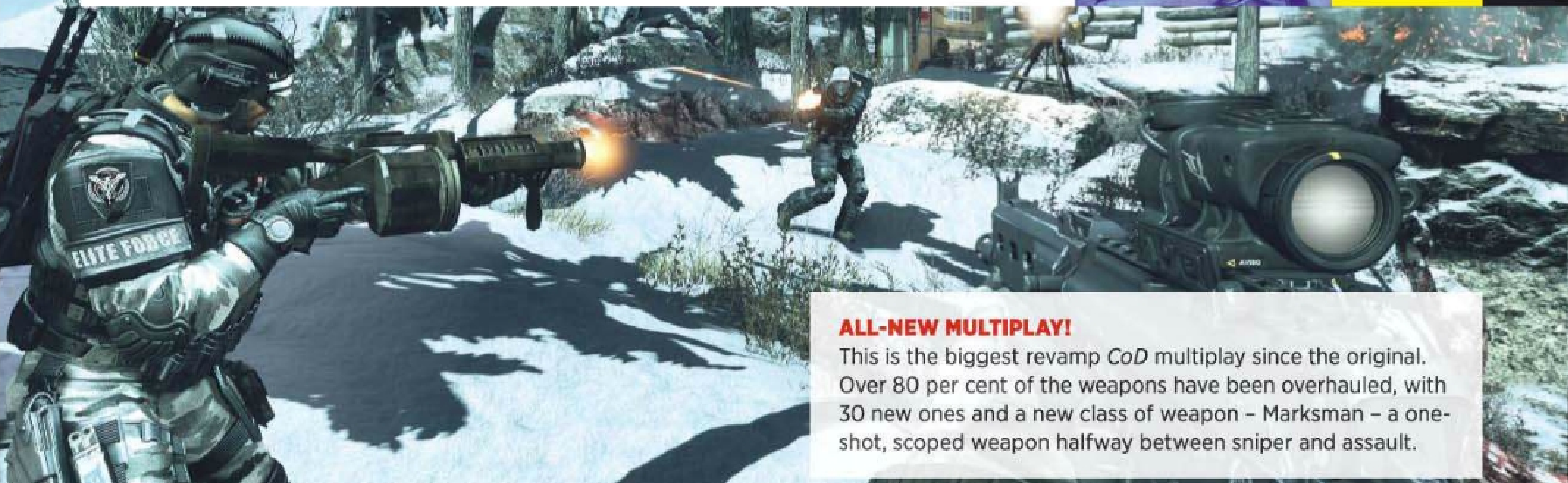
Call Of Duty: Ghosts – first play!

We get our mitts on the game that the nation's blokes are clanking for!

→ **TO DATE,** 32.3 quadrillion shots have been fired in *Call Of Duty* games. Mostly into walls, floors and our skulls. But it just goes to prove what a huge deal *Call Of Duty* is. And in advance of the next game – *Ghosts* – released in November, *Nuts* managed to secure the world exclusive multiplayer reveal, and have a hands-on bash. Here's what we learned, other than how to die. A lot.

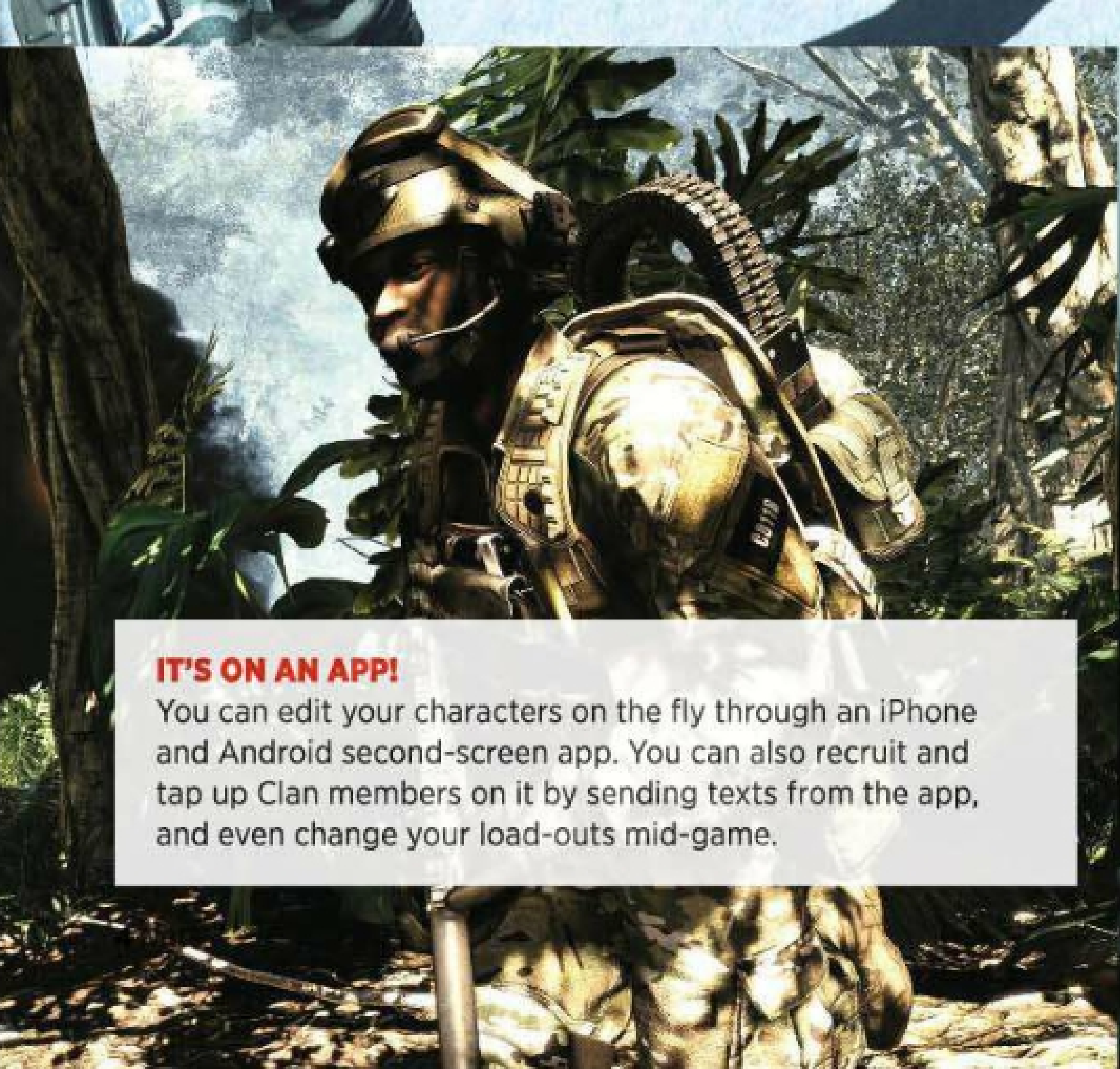
GAMES EXCLUSIVE!

Nuts' resident games geek Rory nailed another world-first by getting you this news!



ALL-NEW MULTIPLAY!

This is the biggest revamp *CoD* multiplay since the original. Over 80 per cent of the weapons have been overhauled, with 30 new ones and a new class of weapon – Marksman – a one-shot, scoped weapon halfway between sniper and assault.



IT'S ON AN APP!

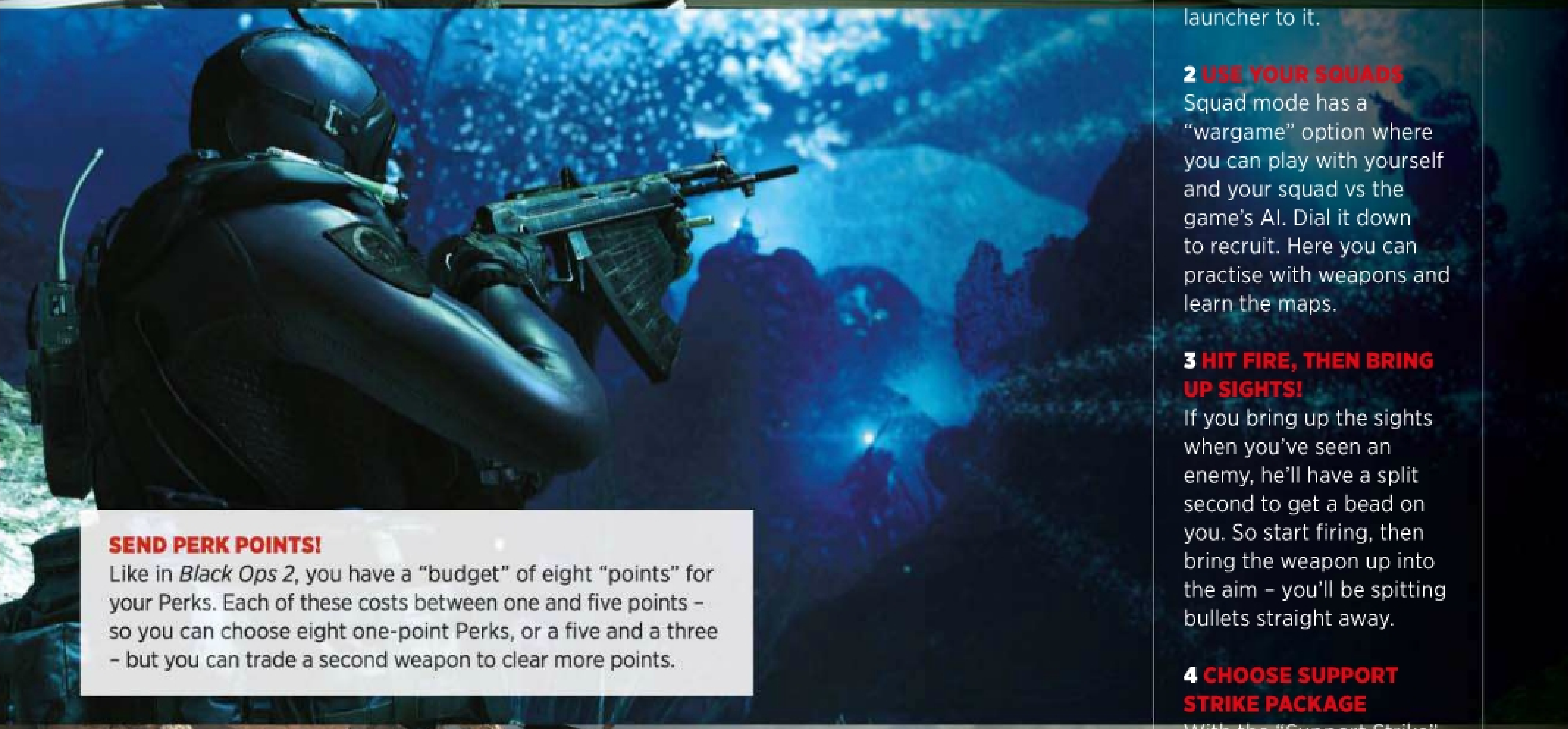
You can edit your characters on the fly through an iPhone and Android second-screen app. You can also recruit and tap up Clan members on it by sending texts from the app, and even change your load-outs mid-game.

THERE ARE NEW MODES!

In "Cranked" mode, every kill gives you a "go faster" perk – but unless you kill again within 30 seconds, you explode! In "Search And Rescue", you drop a dogtag when you die. If a team-mate grabs it you respawn, if an enemy does, you're out!

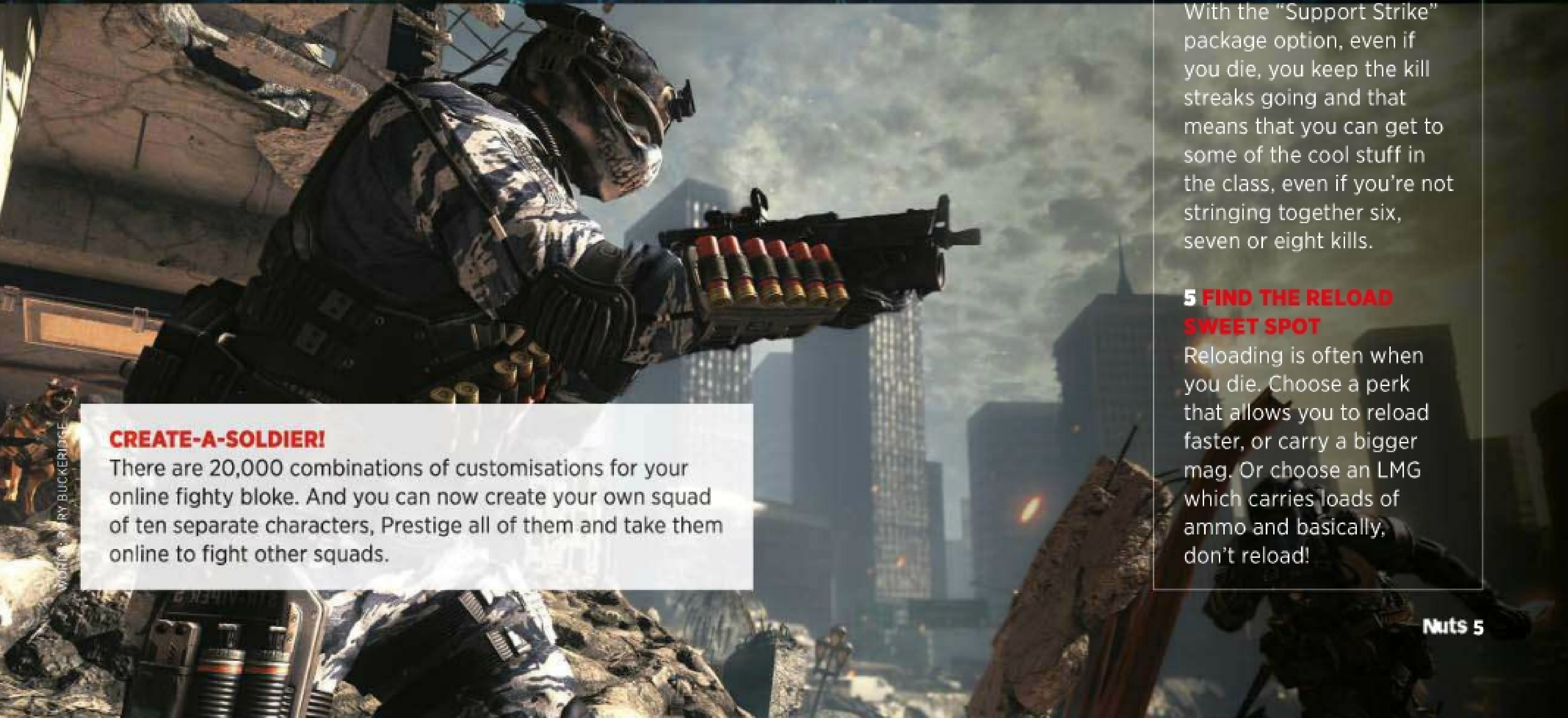
MAPS WILL KILL YOU TOO!

Now there are "dynamic maps" which change as the game progresses. So you can bring gas stations down on players' heads, clear new sight lines and uncover exclusive care packages.



SEND PERK POINTS!

Like in *Black Ops 2*, you have a "budget" of eight "points" for your Perks. Each of these costs between one and five points – so you can choose eight one-point Perks, or a five and a three – but you can trade a second weapon to clear more points.



CREATE-A-SOLDIER!

There are 20,000 combinations of customisations for your online fighty bloke. And you can now create your own squad of ten separate characters, Prestige all of them and take them online to fight other squads.

WORDS: [illegible]RY BUCKERIDGE

5 tips for a new player!

From the game's senior executive producer Marcus Iremonger!

1 CHOOSE THE HONEYBADGER

This assault weapon, already has a silencer, so you won't show up on the map. You can then add another attachment such as a shotgun or grenade launcher to it.

2 USE YOUR SQUADS

Squad mode has a "wargame" option where you can play with yourself and your squad vs the game's AI. Dial it down to recruit. Here you can practise with weapons and learn the maps.

3 HIT FIRE, THEN BRING UP SIGHTS!

If you bring up the sights when you've seen an enemy, he'll have a split second to get a bead on you. So start firing, then bring the weapon up into the aim – you'll be spitting bullets straight away.

4 CHOOSE SUPPORT STRIKE PACKAGE

With the "Support Strike" package option, even if you die, you keep the kill streaks going and that means that you can get to some of the cool stuff in the class, even if you're not stringing together six, seven or eight kills.

5 FIND THE RELOAD SWEET SPOT

Reloading is often when you die. Choose a perk that allows you to reload faster, or carry a bigger mag. Or choose an LMG which carries loads of ammo and basically, don't reload!

EXCLUSIVE!

Charlotte on the telly!

Geordie Shore's Ms Crosby set to star on terrestrial TV!

YOU MAY recognise *Geordie Shore's* Charlotte Crosby from her excellent work necking booze on reality TV and cavorting in not many clothes for her viewing public. So, a perfect apprenticeship for her rumoured gig in *Celebrity Big Brother*, kicking off next week.

There has been no confirmation at the time of writing, but we hope that right now she's choosing some skyscraper high heels, some hot lippy and a hanky-sized outfit to hit that famous runway in. And a suitcase full of Newcastle Brown Ale. Hopefully.

WORDS: RORY BUCKERIDGE PHOTOS: FORM PHOTOS

"I promise to remember my uniform next time, sir!"

GEORDIE STAR GETS SNOOZY! Charlotte recently claimed that the new *Geordie Shore* was "boring"!

She had a bad habit of sucking her thumb

Mickey refused to buy Minnie a motorbike

BUNNY HOP!

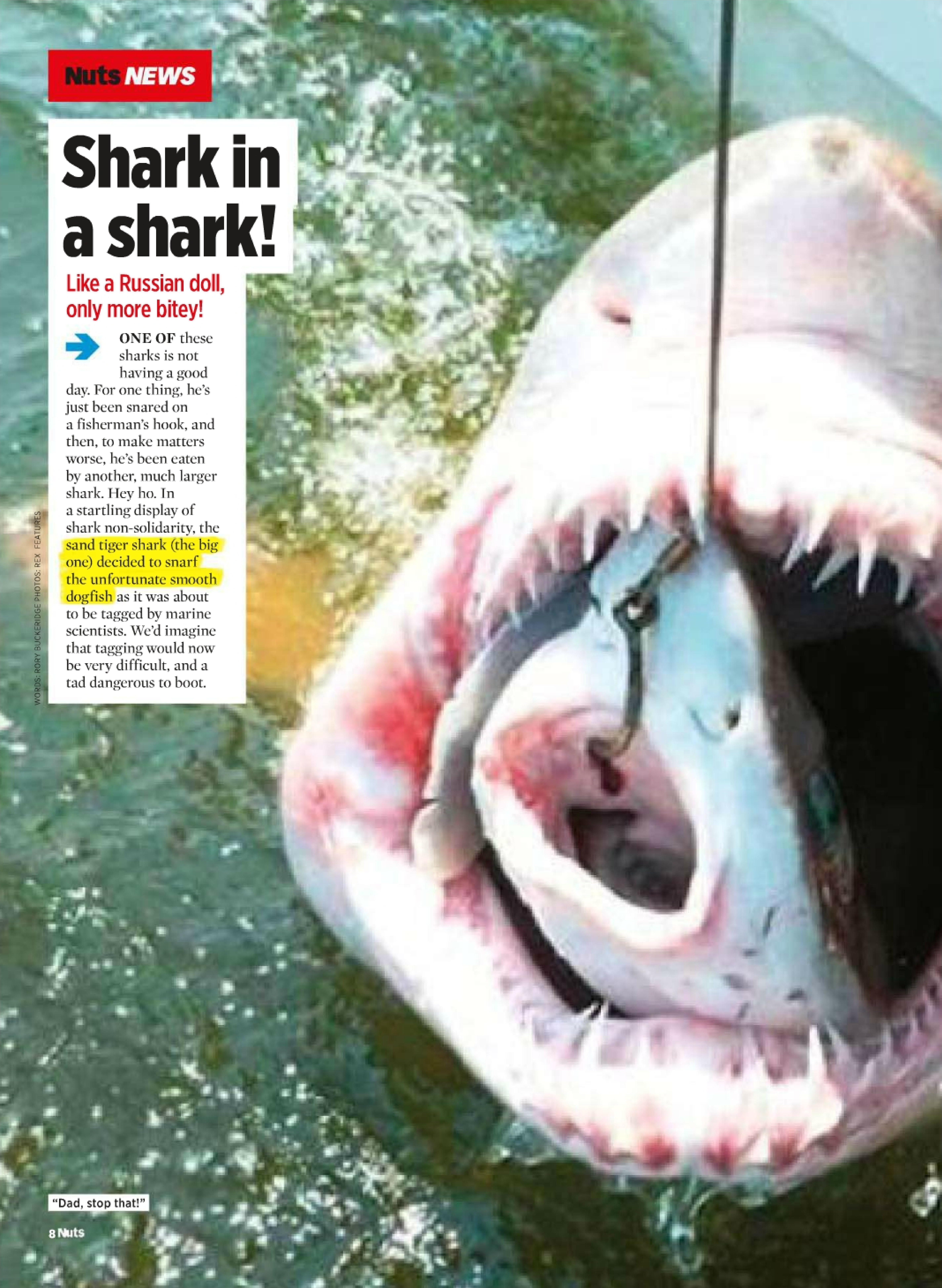
CHOP
RALEIGH

Shark in a shark!

Like a Russian doll, only more bitey!

➔ **ONE OF** these sharks is not having a good day. For one thing, he's just been snared on a fisherman's hook, and then, to make matters worse, he's been eaten by another, much larger shark. Hey ho. In a startling display of shark non-solidarity, the sand tiger shark (the big one) decided to snarf the unfortunate smooth dogfish as it was about to be tagged by marine scientists. We'd imagine that tagging would now be very difficult, and a tad dangerous to boot.

WORDS: RORY BUCKERIDGE PHOTOS: REX FEATURES

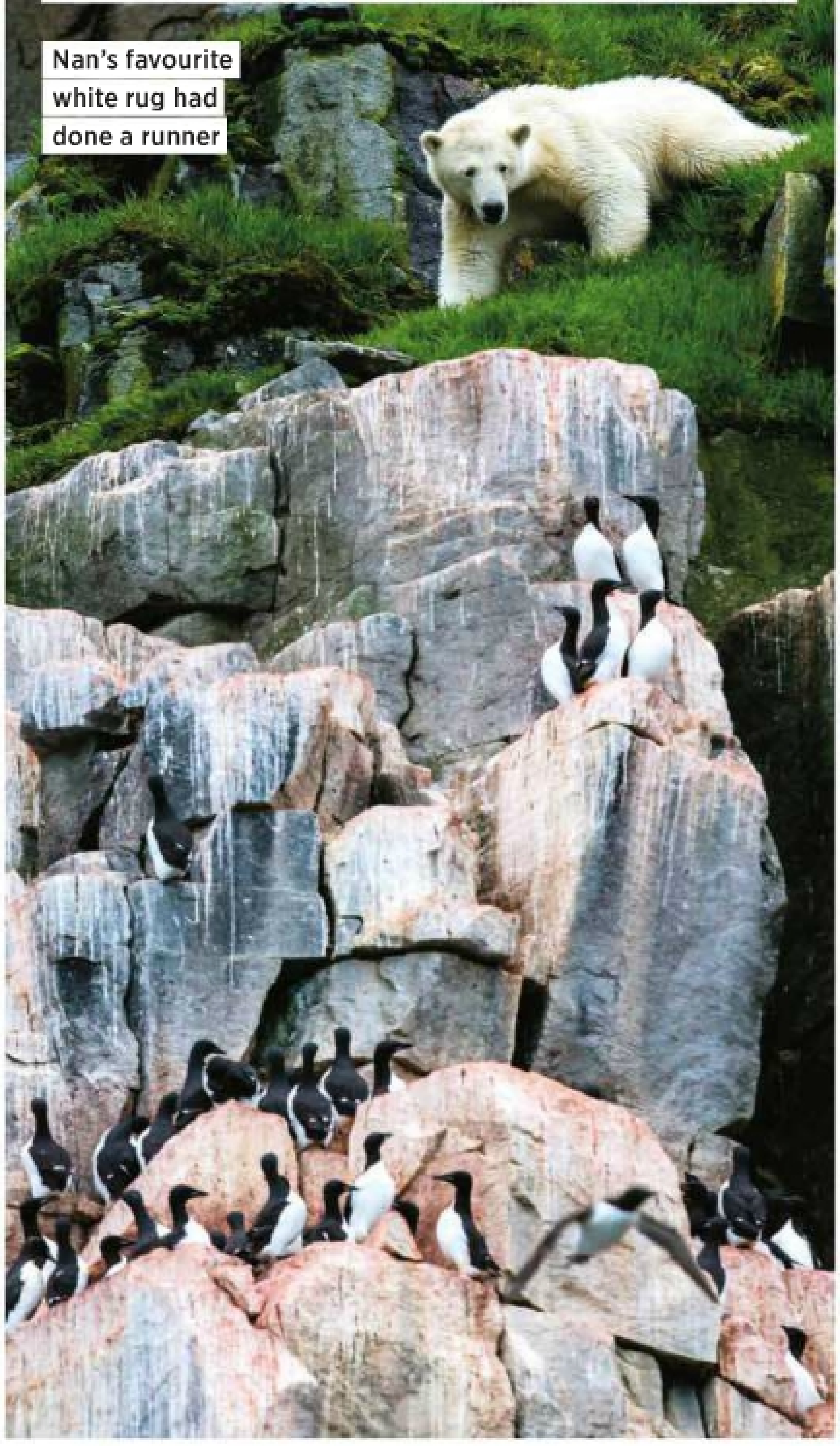


"Dad, stop that!"

'He's behind me, isn't he?'

Seabirds' health jeopardised by hungry polar bear's stealth!

➔ **EVER GET** the feeling you're being followed? We're not sure if guillemots (they're a type of seabird) have feelings at all, but if these ones suddenly experienced an "I'm about to be eaten" sensation, then they're very astute. As you can see, they have taken a polar bear's fancy and, well, we doubt that he's sneaking up on them to compliment their plumage. A snapper caught the act of ursine sneakery on camera in Spitsbergen, Norway. We predict that, at heart, one of these birds is now a big pile of bear poo. RIP.



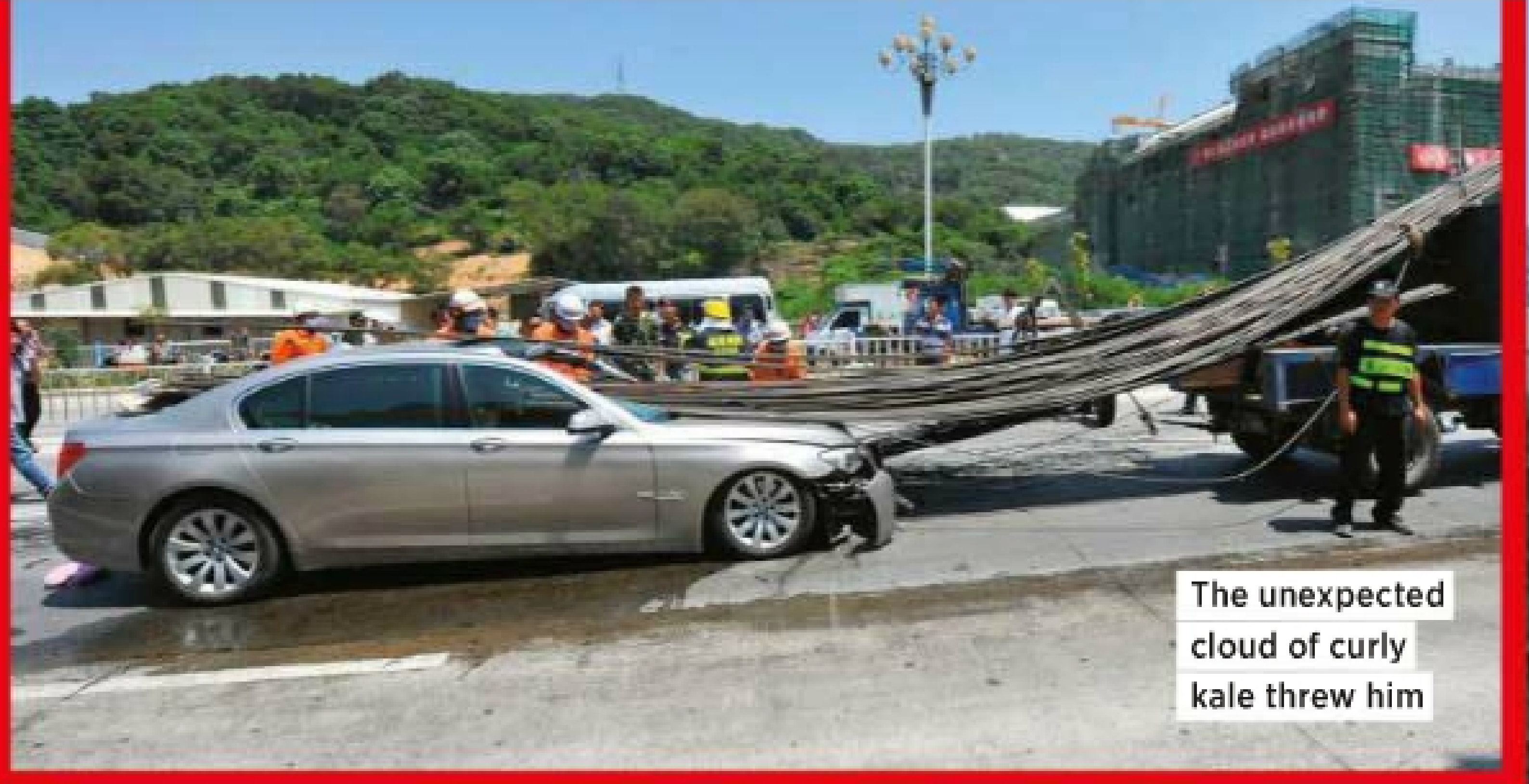
Nan's favourite white rug had done a runner

Hell of a headache!

Lucky Chinaman survives hasty noggin piercing!

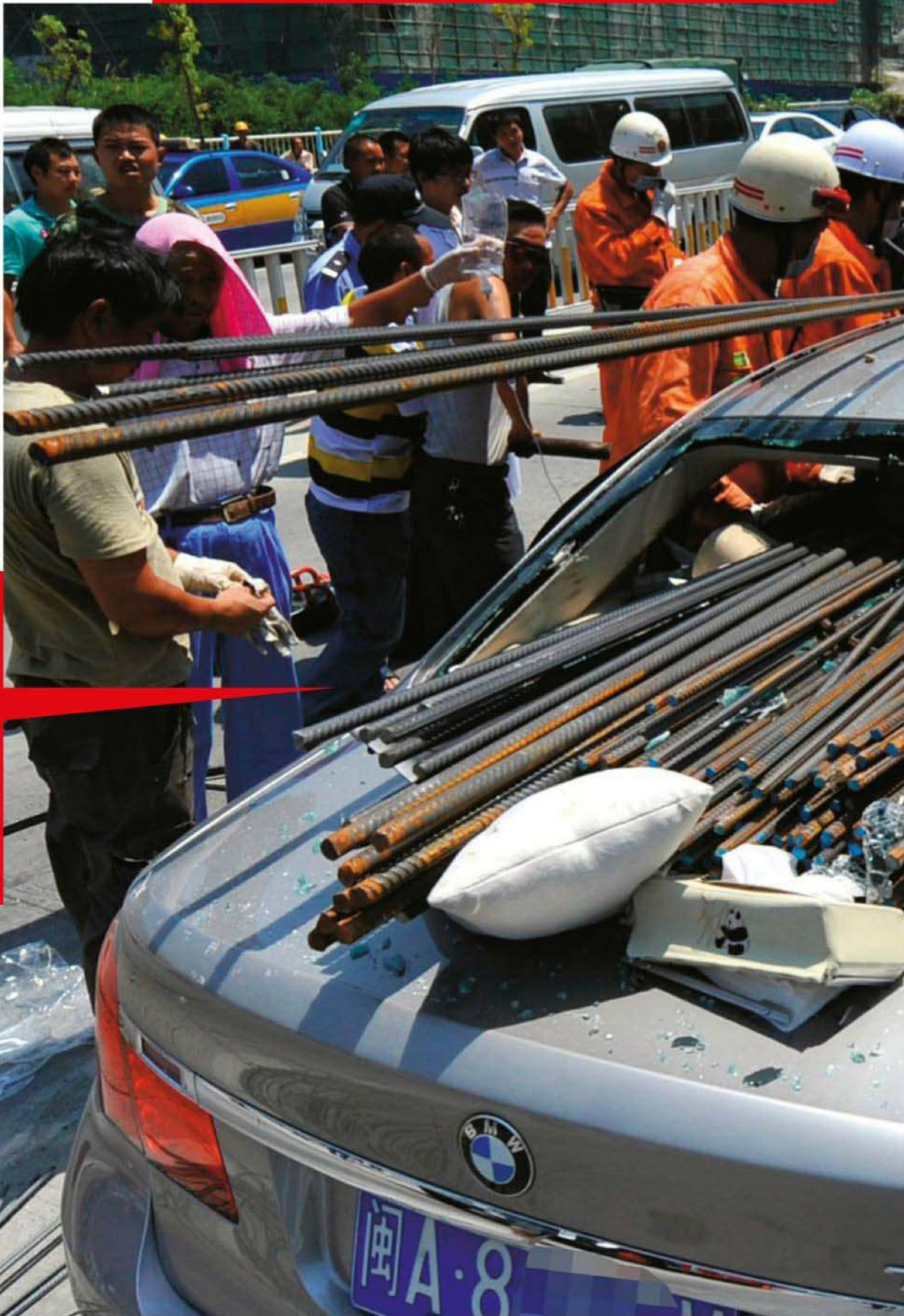
WE KNOW what you're thinking: there's no way that the driver of this car escaped alive. His BMW had just been skewered by about 100 steel rods that fell off the back of a farm vehicle, one of them skewering not just his fancy car, but also his head. But, *Nuts* being the magazine where the only casualty is our dignity, we can report that the driver from Changle City, China, was cut free with the rod still in his head – fortunately the hospital removed it successfully.

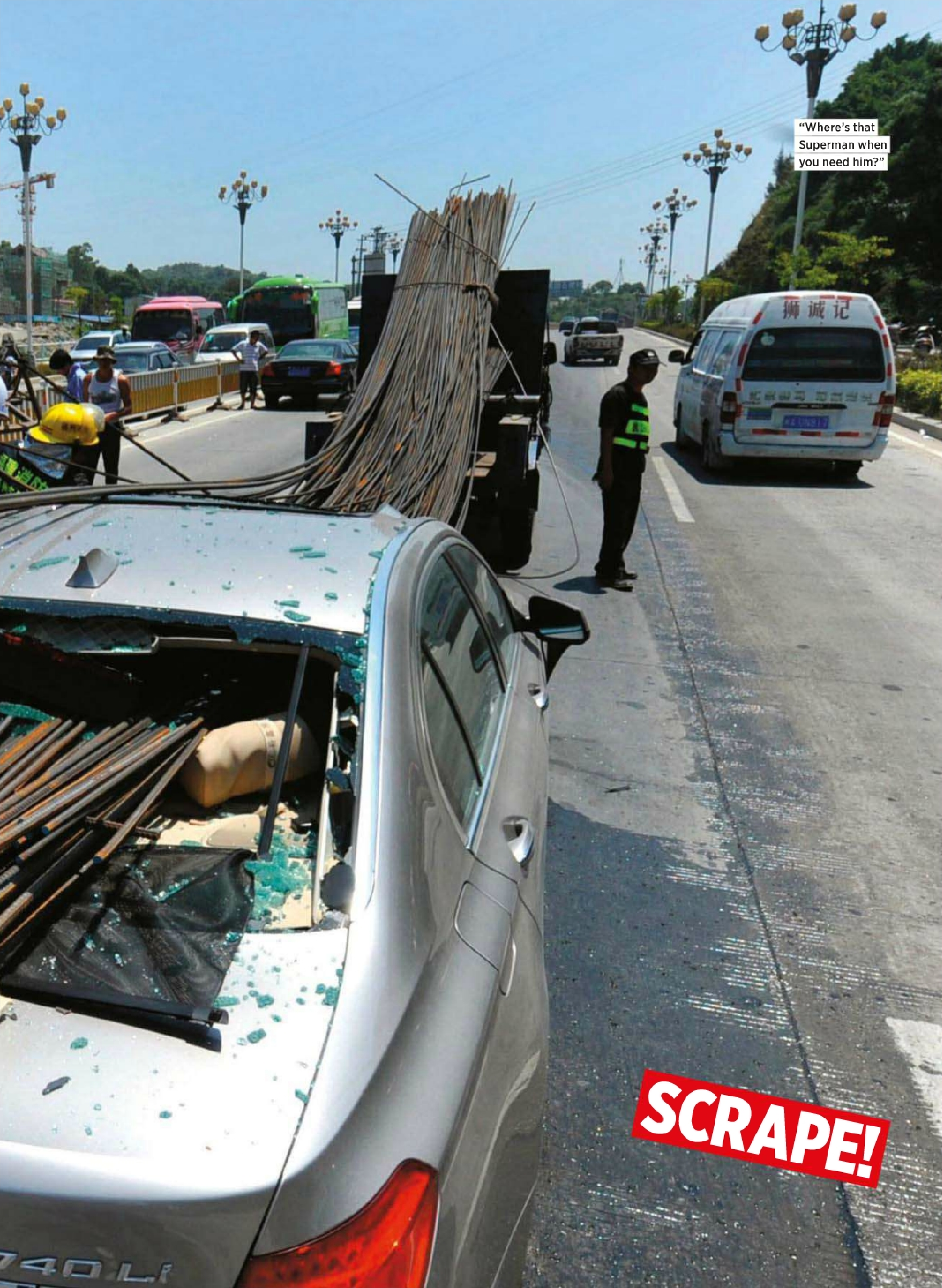
WORDS: RORY BUCKERIDGE PHOTOS: REX FEATURES



The unexpected cloud of curly kale threw him

True love can strike at the most unusual times




"Where's that Superman when you need him?"

SCRAPE!
狮诚记
740Li

Penélope Cruz's undies ad!

Hot new promo for Agent Provocateur!

AS WELL as being a top actress and all-round sexy Spanish señorita, Penélope Cruz has added "creative director" to her CV, having recruited chums like Irina Shayk to appear in a video to promote her new L'Agent underwear range collaboration with Agent Provocateur.

It's a heart-warming tale of man goes to party at a model agency, man finds X-ray specs, man has best time ever. They obviously blew the scriptwriting budget on biscuits and Opal Fruits.

WORDS: RORY BUCKERIDGE PHOTOS: SCOPE

CHEEKY GALS!

CRUZ-ING INTO NEW TERRITORY In new movie, *The Counselor,* Cruz performs alongside pal Cameron Diaz.

WET & WILD!

A quick word with Matt Damon!

Robots still hadn't perfected the high five

The *Elysium* star on bulking up, pranks and filiming in a river of poo!

Hi Matt! How was it playing a half-man, half-robot in your new movie *Elysium*?
It didn't feel like *Robocop!* One of the things I really like about films like *Elysium* is that there's this kind of absurdity of this character's transformation. Like, how he has to bolt this thing into his nervous system, then hijack someone, and it just keeps getting worse and worse. But it's very easy for the audience to understand.

It has a very grim portrayal of the future. Do you think our future is that bleak?
What I love about Neill [Blomkamp, director] is that he doesn't try to put too fine a point on it. I was talking to him and asked, "What is the message of *Elysium?*" He goes, "Don't be poor?" In the film, in 150 years, that chasm grows even wider until we go from being in gated communities to the ultra-rich just f**king off to a space station and leaving everyone else behind. And *that*, I think, is interesting.

Tell us about the crazy pranks on the set between you and Sharlto Copley.
He's out of his mind! I'd come in to work, and there'd be blood and limbs all over my trailer. That and notes scrawled in blood that said: "I'm coming for you..." And I'd just say, "OK, see you on set."

Did you see the funny side or did you go totally crazy?
It was funny! The guy who owned the trailer was mortified. I got to work that morning and he goes, "I just want you to know, they won't let me clean it!" I was like, what are you talking about? And I went in and there was fake blood on the bed – Sharlto had gone all out. He has too much time on his hands – he doesn't drink, doesn't smoke, doesn't have any bad habits, but he had free time on that movie, which was really dangerous!

You shot in Mexico City's second-largest rubbish dump, which you nicknamed "Poo River". Were your kids saying, "Daddy, stay away from me!"?
Luckily, they were back in school in New York, so I'd just go back to the hotel. We had to keep getting rid of people's clothes. Due to the amount of fecal matter, the fear was that huge numbers of us would get respiratory illness from breathing it all in.

Is it good to make a blockbuster with an original theme?
I don't want blockbusters to become totally unoriginal – there are only a few people making movies right now that aren't movies about superheroes, or a franchise. Any time a movie that's an original idea does well, it's good for the movie business.

Your character seems to be an original creation of the director, from head to toe.
Neill had this incredible graphic book of the entire film. Page by page, I saw the journey of this character Max –from the accident, through his bloody surgery to this exoskeleton getting put on. Neill even had this whole other book of weapons, systems and vehicles, and how they all worked. It was unbelievable. It was like talking to Jim Cameron before he made *Avatar* – he'd talk about that world like he'd lived in it.

Did you bulk up for the role?
That's how I look all the time! No, I had a picture of what I was supposed to look like. I went to the trainer and said, "I need to look like this." He said, "That's going to be a lot of work!" It was weightlifting in the morning, then bodybuilding, sprinting and cardio in the afternoon. I'd get a cheat day where I could eat what I wanted. I was the funnest guy in the world on that day, but for the other six days, I was really miserable.

What kind of thing did you eat on your "cheat" days?
It's funny. People ask, "Are you a sweet person or a salty, savoury?" I'm like, "I'm all of it!" It's hard having kids too, because you're feeding them all the food you want – chicken nuggets, macaroni cheese... It was torture!

Did your wife like the new haircut you for got the film?
She did for a time, and so did I. When I did *The Brothers Grimm*, I wore a wig, so I shaved my head completely. I loved getting out of the shower and just literally running a towel over myself and being totally dry. That was cool.

Your best mate Ben Affleck has just won an Oscar after a pretty rough few years. Are you happy for him?
It's been great because I've spent years defending him – a lot of you guys gave him so much sh*t. I always knew how good he was, but people would roll their eyes, and go, "Oh, Ben Affleck... who f**king needs him? F**king idiot!" In 2003, I'd talk to him and say, "How are you?" And he'd respond, "I'm in the absolute worst place you can be. I can sell magazines but not movie tickets. I'm in f**king jail."

Thanks for the chat, Matt. Finally, do you read what people write about you?
No, I discovered years ago that's a really bad thing to do. You see a comment on an article and you're like, "Holy sh*t! How could you hate me that much?" So no, it's too upsetting.

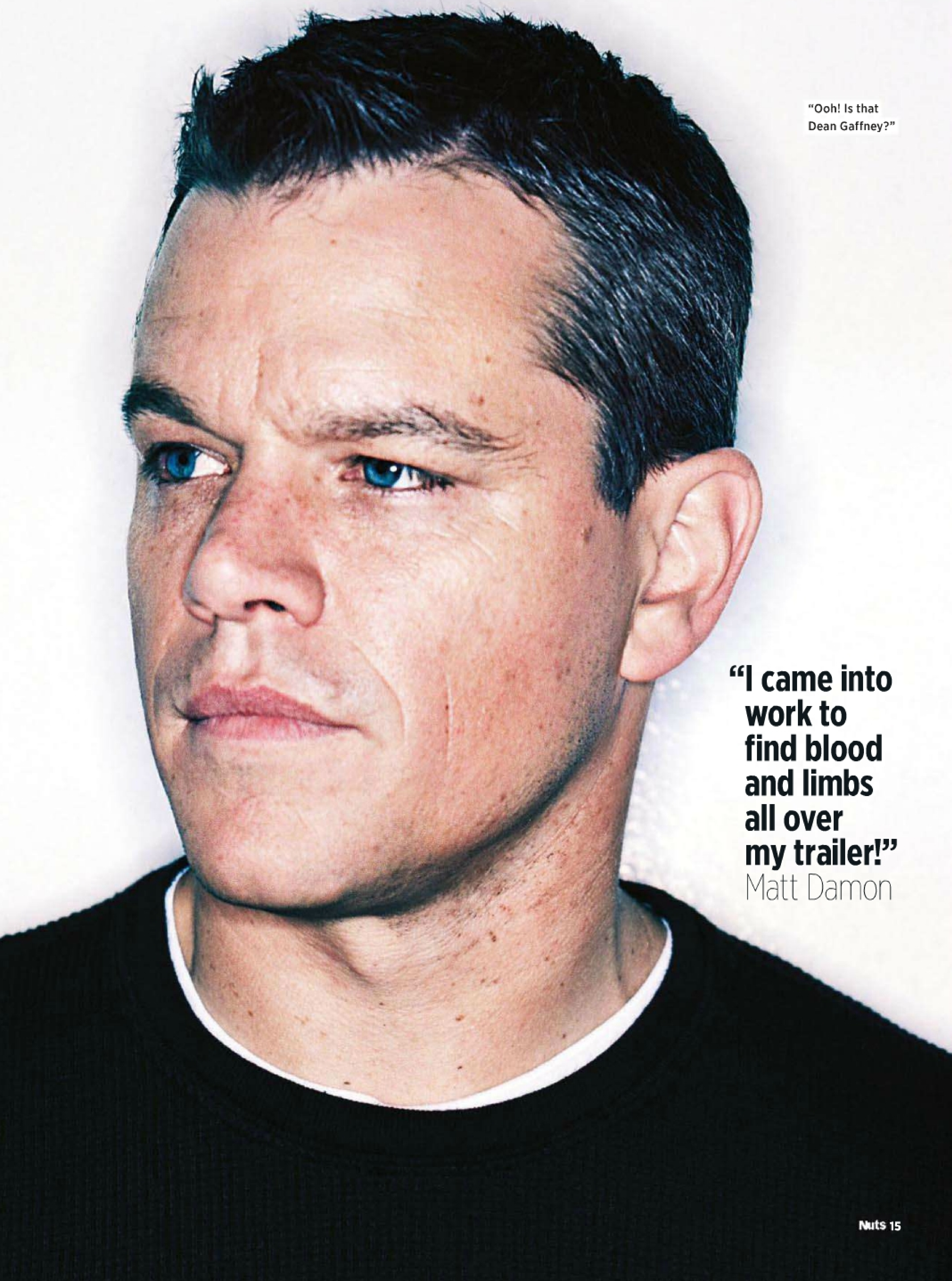
● *Elysium* is showing now in cinemas across the UK.

Mum loved a good shootout

DAMON DANGER!

Elysium is set in 2154, when the world is split by two exremes: the poor and the wealthy.

PHOTOS: NEW YORK TIMES/EYEVISION



"Ooh! Is that Dean Gaffney?"

> **"I came into work to find blood and limbs all over my trailer!"**
> Matt Damon

The Christmas crackers this year were impressive

Italian offroad supercar!

Meet the 198mph ItalDesign Giugiaro Parcour – he wants to be an SUV!

- **Concept cars look amazing, but rarely work properly. They don't usually drive more than 15mph. The dash buttons are mostly non-working dummies, and the suspensions fake. Thankfully, that doesn't apply to this fully operational ItalDesign Giugiaro Parcour, a supercar that wants to act like an SUV.**
- Marking the 45th anniversary of ItalDesign's studio, the Parcour was first uncloaked to the public at March's Geneva motorshow. It was seen being driven – and crashed – for the first time at the Goodwood Festival of Speed in July.
- **The Parcour claims to live up to its urban free-running namesake by being a "mid-**

WORDS: JONNY SMITH

Nan decided to go wild and blow her savings

The mini was having an identity crisis

engined sports car ideal for all-track driving". Have you seen a supercar go off-road? Never? The Parcour hopes to make this a reality by providing traction via four-wheel drive and raising the ground clearance.

- And we're not just talking the ability to handle irritating speed bumps. Using clever double coilover suspension in each corner, the Parcour ride height can be adjusted from 210mm up to 330mm.
- **To put that in perspective, a Land Rover Defender on 235 off-road tyres has a minimum ground clearance of 245mm, so it can outstride the rugged Landie. And do 198mph. And 0-60 in 3.3 ticks. Gulp.**
- It's basically a Lamborghini Gallardo that wants to be an Audi Allroad when it grows up. Underneath its slat-fronted skin, the Parcour employs both Gallardo 4wd transmission and the 5.2 V10.
- **Just like many mid-engined supercars, interior space isn't a priority.**
- Once squeezed inside, we meet white leather bucket seats whose bottom cushion bolster continues to join the deep door sill – which means you can sit on the sill and glide your bum into the seat.
- **So, a schizophrenic supercar that behaves like a rock-crawling SUV? Wrong, but right. A true game changer.**

"Don't worry – the upholstery is fake tan proof"

He couldn't find his keys anywhere

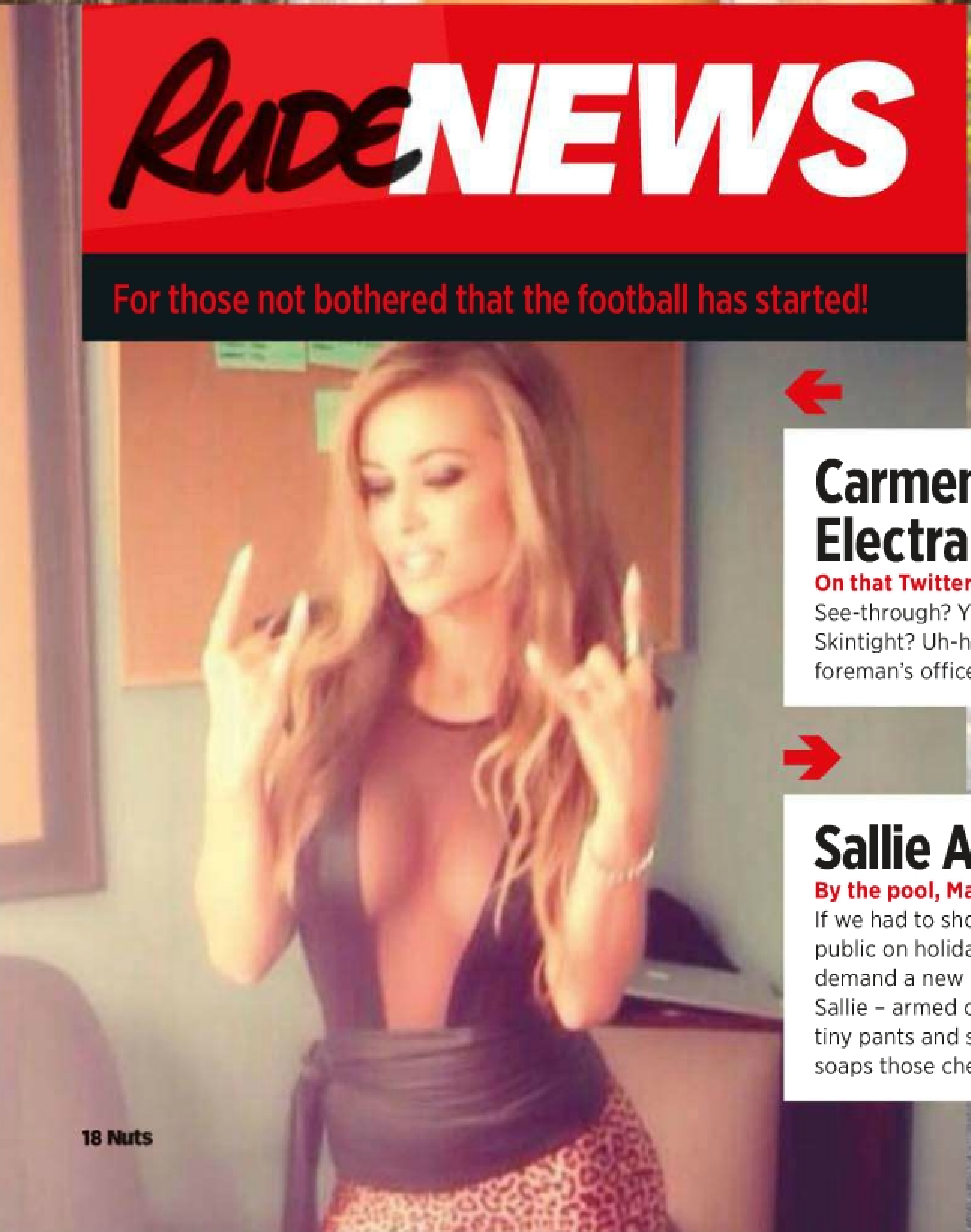
Tulisa and Chelsee Healey

On a night out, London

Tulisa locks lips with other celeb lady Chelsee Healey at the swanky DSTRKT nightclub. A lot more sexy than any of our efforts at the end of a disco.

RUDE NEWS

For those not bothered that the football has started!



Carmen Electra

On that Twitter

See-through? Yup. Skintight? Uh-huh. In a foreman's office? Bonus!

Sallie Axl

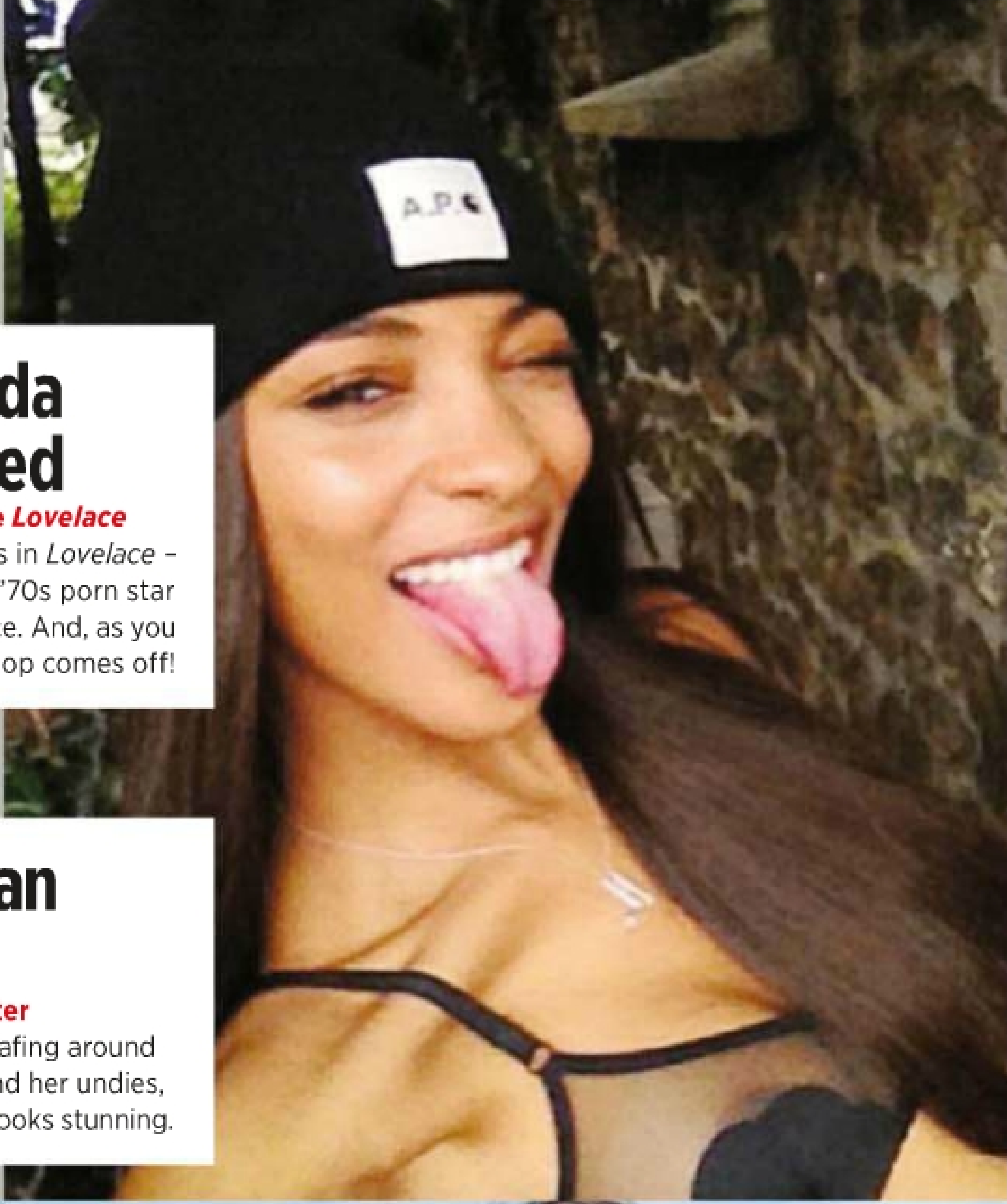
By the pool, Marbella

If we had to shower in public on holiday, we'd demand a new hotel. Not Sallie – armed only with tiny pants and sunnies, she soaps those cheeks clean.

Amanda Seyfried

In new movie *Lovelace*

Amanda stars in *Lovelace* – the biopic of '70s porn star Linda Lovelace. And, as you can see, her top comes off!



Jourdan Dunn

On that Twitter

Even when loafing around in a beanie and her undies, Jourdan still looks stunning.

Lily Aldridge

Swimwear photo shoot

Must be great being a rock star. Behold Kings of Leon's Caleb Followill's missus. Lily models bikinis and undies for Victoria's Secret. That's two great jobs!

Irina Shayk

Posing in swimwear

That Cris Ronaldo, has scored 324 league goals, won four league titles and one Champions League. His finest achievement? Being Irina's other half.

WORDS: ANDY JONES PHOTOS: CAMERA PRESS, MATRIX, SCOPE FEATURES, XPOSURE, FLYNET

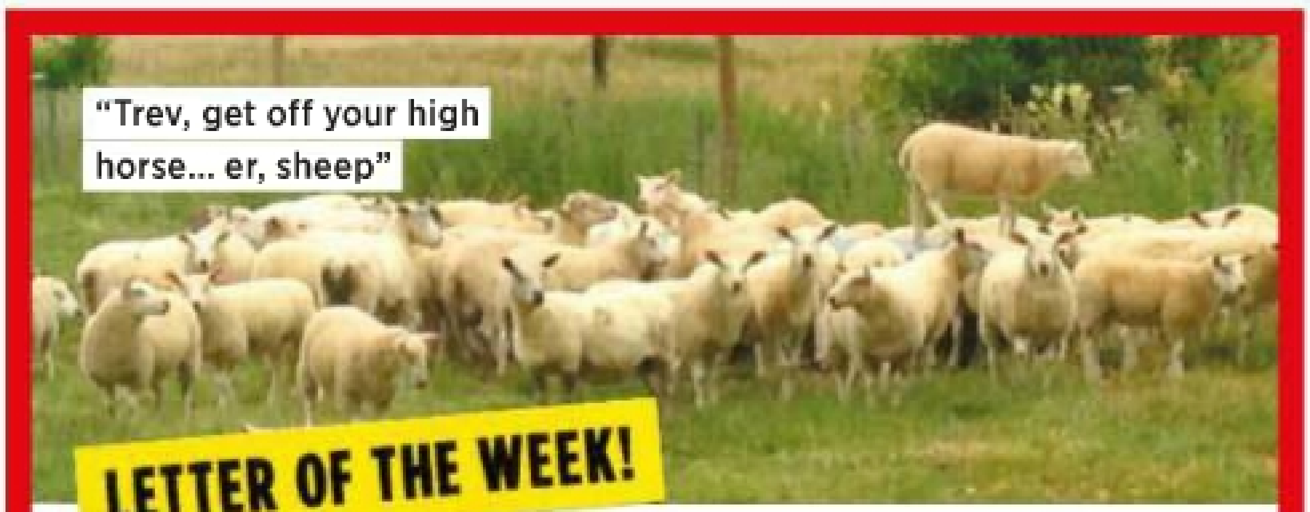
YOUR Nuts

Your Letters!

GREAT BRITAIN

The latest offerings from our bulging sack!

POSTAGE PAID



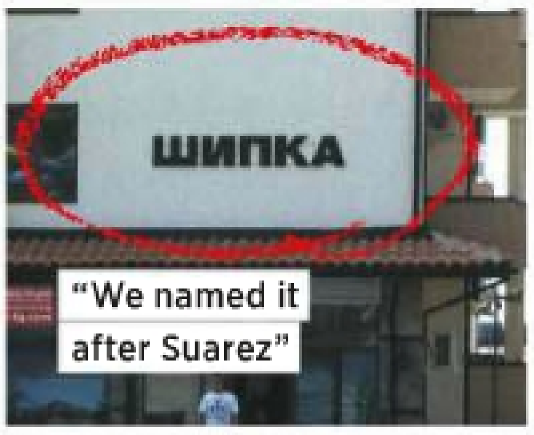
"Trev, get off your high horse... er, sheep"

LETTER OF THE WEEK!

What the flock's going on!

Dear Nuts,
This bad-ass sheep stands exactly where he wants!
MIKE Manchester

If that sheep happens to be reading this – mate, you're cool. And you can read, too, which is even more impressive.



"We named it after Suarez"

How very Bulgar!

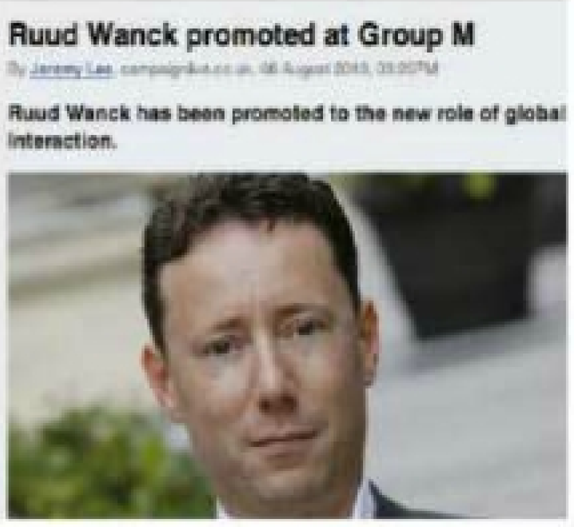
Dear Nuts,
There's always a warm welcome at Hotel Wanka in St Vlas, Bulgaria.
NIGEL Crowborough

What's room service like?

Ruud name!

Dear Nuts,
I don't know what Group M is but surely they'll like this guy.
ALEX West London

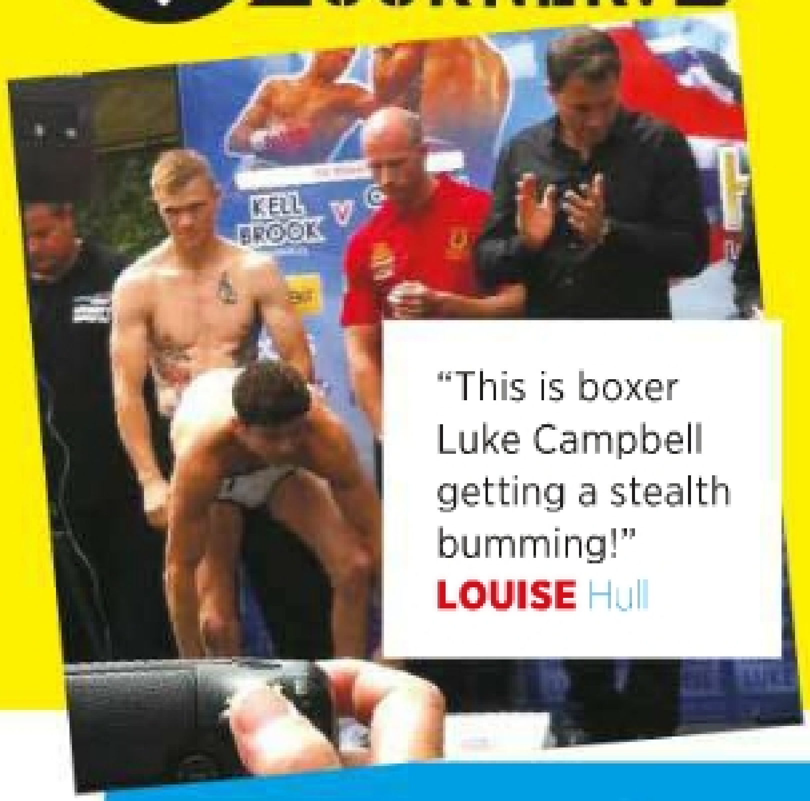
We hear that he also has a brother called Sly.



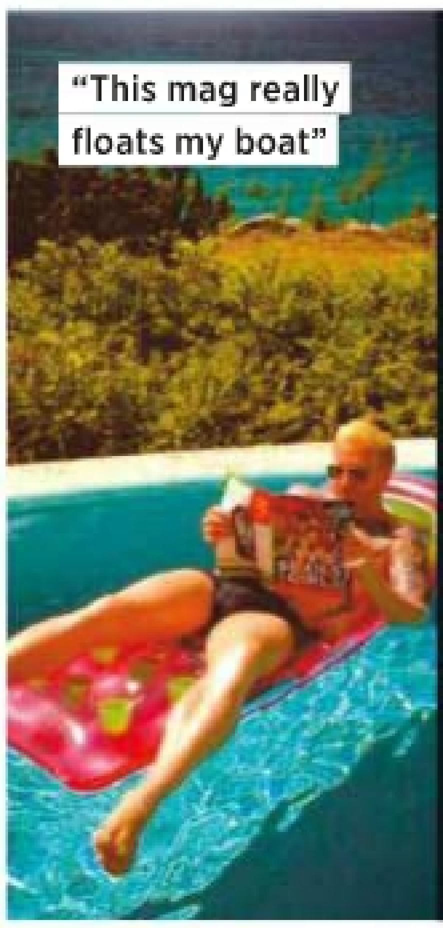
Ruud Wanck promoted at Group M

Ruud Wanck has been promoted to the new role of global interaction.

STEALTH BUMMING CORNER!



"This is boxer Luke Campbell getting a stealth bumming!"
LOUISE Hull

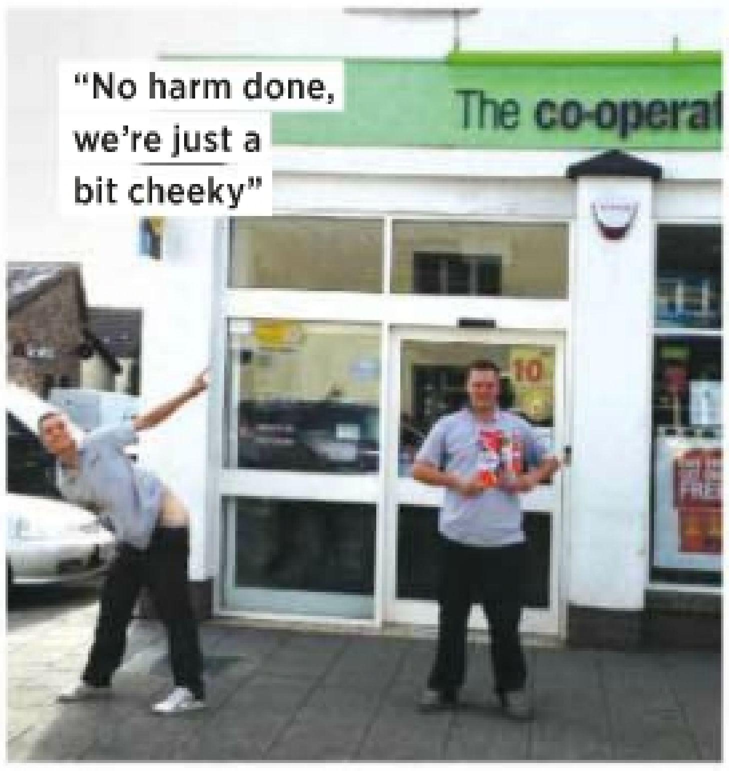


"This mag really floats my boat"

He's no doubting Thomas!

Dear Nuts,
The athlete Iwan Thomas just tweeted this! Looks like he loves his *Nuts*!
PETE Chester

He does, indeed. A legendary athlete really deserves a legendary magazine!



"No harm done, we're just a bit cheeky"

Butt out!

Dear Nuts,
Here we are showing the Co-Op what we think of their stance on lads' mags.
JAMES via email

We'd never encourage our readers to boycott the Co-Op's stores. But if you want to, that's cool with us!

Win! £100 cash!

Readers, here's your chance to appear in the pages of *Nuts* – and get paid for doing it! Just send your letters, hilarious spam pics, pimped pets and Camera Phone Cuties to **nutsletters@ipcmedia.com** or post them to the usual address on page 60. The sender of the week's best letter wins a fantastic cash prize of £100! Editor's decision is final. Terms and conditions on page 60 apply.

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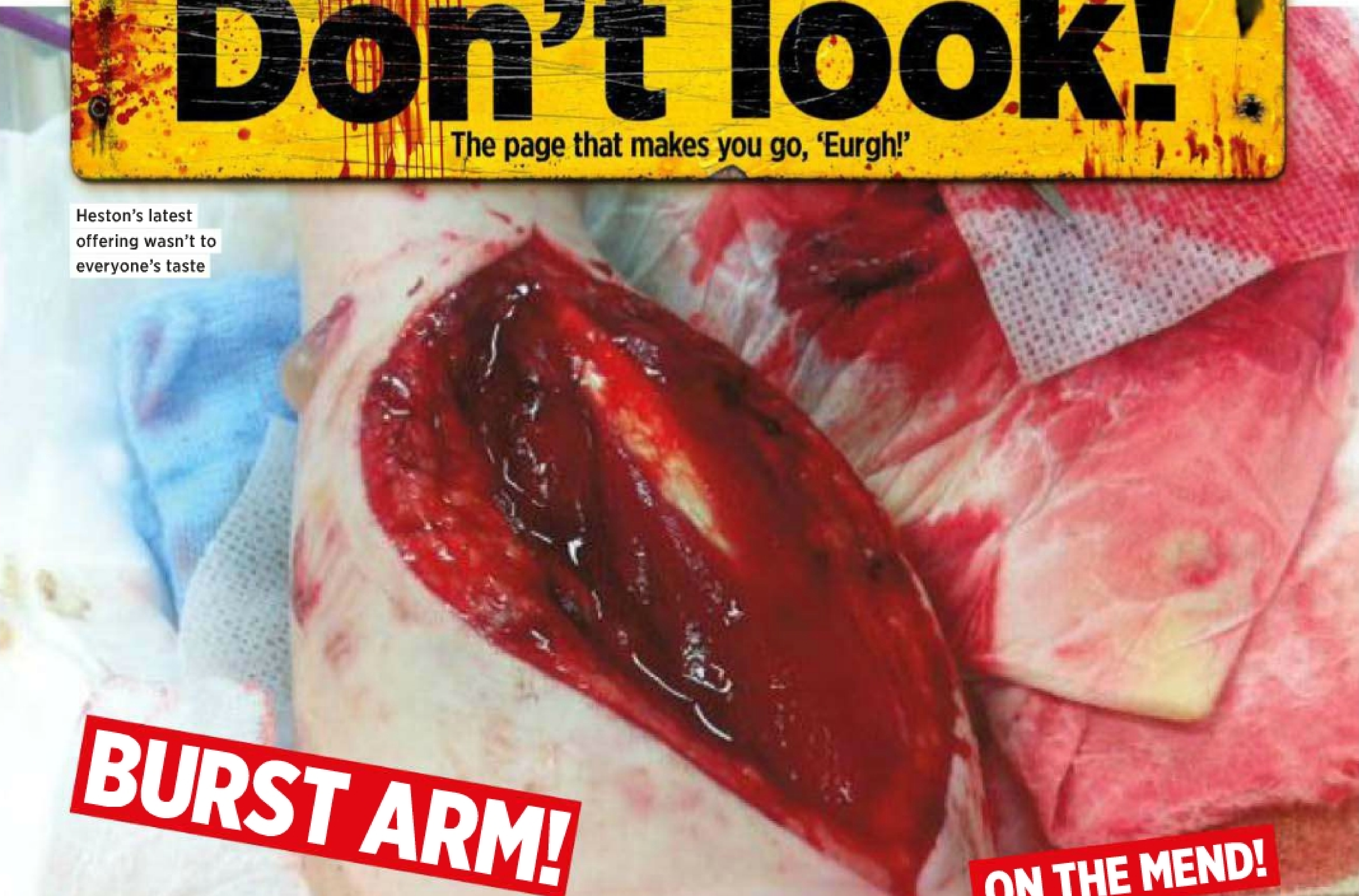
Don't look!

The page that makes you go, 'Eurgh!'



Heston's latest offering wasn't to everyone's taste

'I almost lost an arm over kidney surgery!'

Hospital slip-up leads to horrendous limb-mangling episode!

WHEN YOU go into hospital, you expect to come out the other side feeling fit and well – not nearly losing one of your arms. But that fate befell 23-year-old Michael Corrigan from Fife, following a calamitous chemical cock-up.

"I was in hospital to have an operation on one of my kidneys," he explains, "and there was a mistake made with the drip. They pumped too many drugs into my arm and it swelled up to an enormous size. They basically had to make this wound on my arm just to ease the pressure. If they hadn't done that, I would have lost it."

The resulting gaping gash on his forearm had to be left for two full, agonising days in order for the limb to right itself – and that wasn't all.

"Yeah, there was another similar-sized wound on the other side of my arm too," he laughs, "but this was the more unpleasant of the two. But at least I still have the use of my hand, although not for a few more weeks."

When those few weeks are up, Michael's hand will have to get accustomed to being used again. We'd recommend an exercise involving the raising of beer glasses to mouth height – he's earned it!

ON THE MEND!

The storyline on *Corrie* was riveting

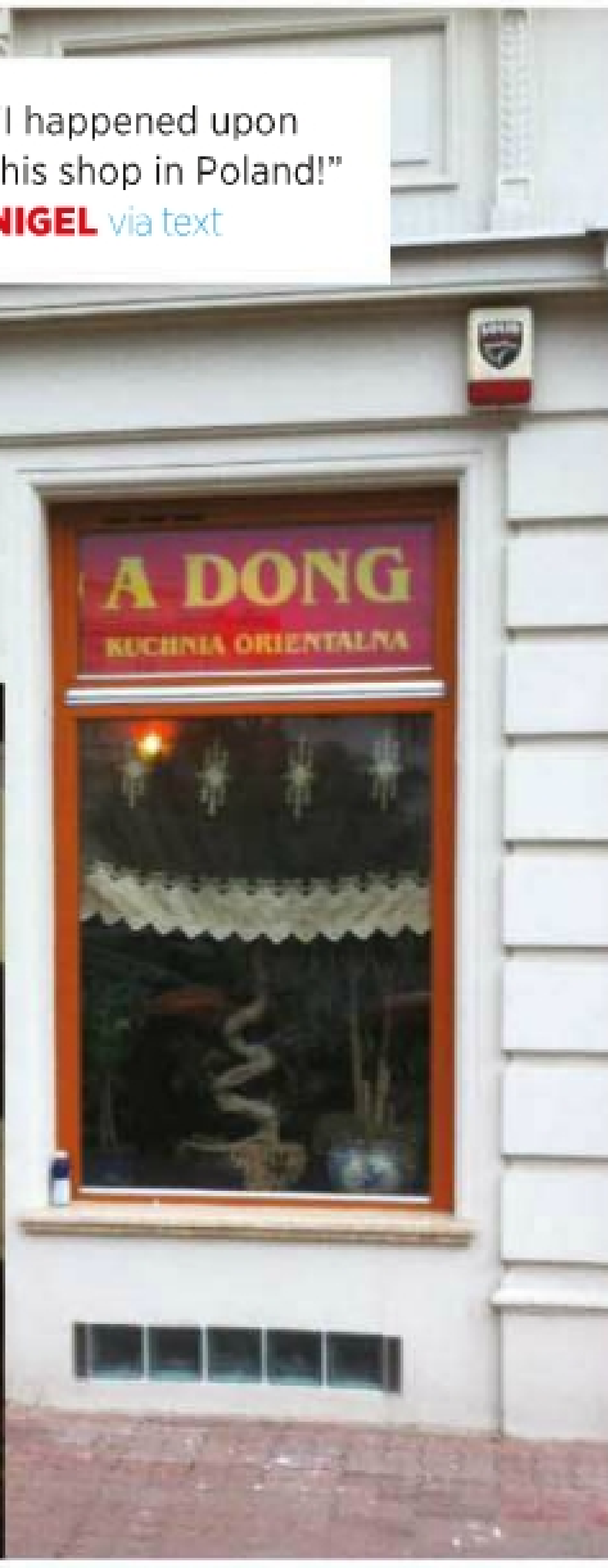
Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2013 will win £1,000 in cash!* Submit your images and contact details to **dontlook@ipcmedia.com**

WORDS: CHRIS SAUNDERS. *EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY

Camera phone comedy!

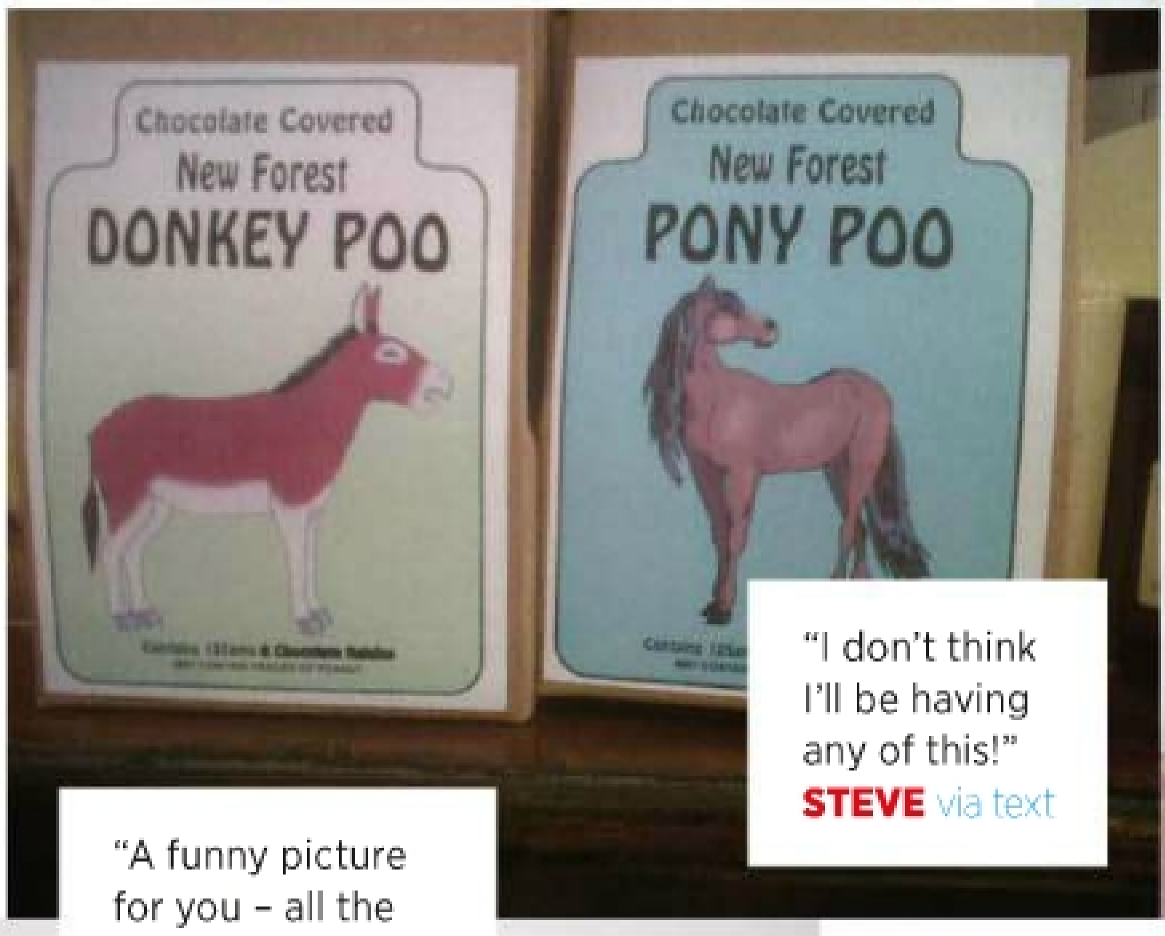
Seen something daft? Snap it, send it in and win £100!


A DONG
KUCHNIA ORIENTALNA

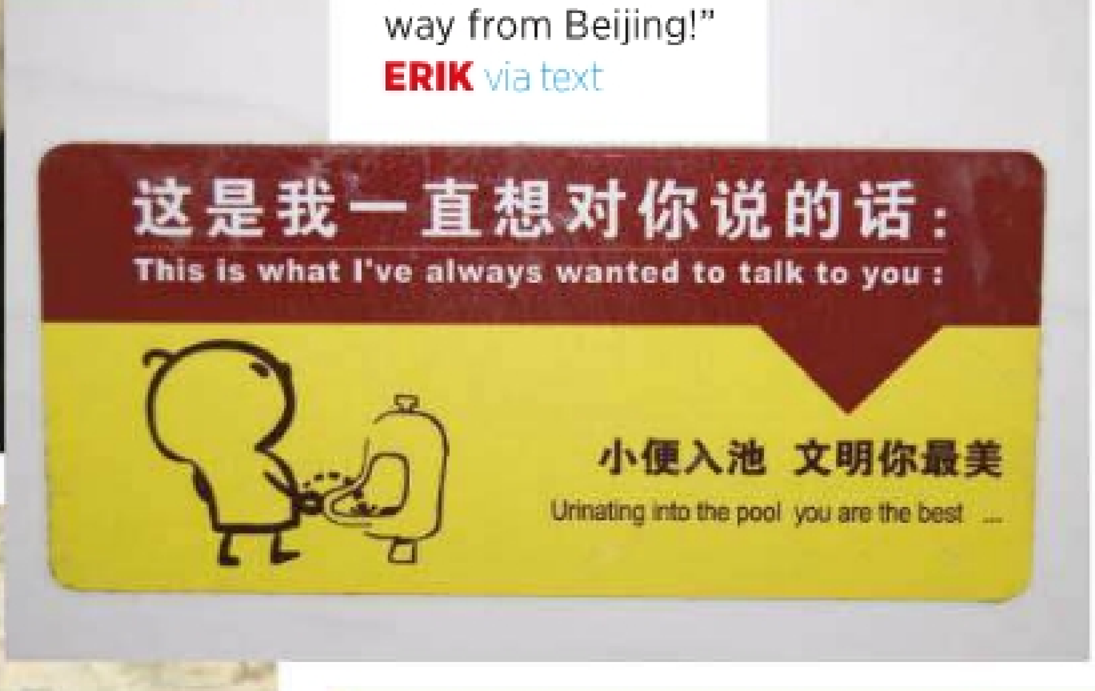
"I happened upon this shop in Poland!"
NIGEL via text

PIC OF THE WEEK!

"There's a reason why my pet lamb is called Nobhead!"
RICHARD via text


Chocolate Covered
New Forest
DONKEY POO
Chocolate Covered
New Forest
PONY POO

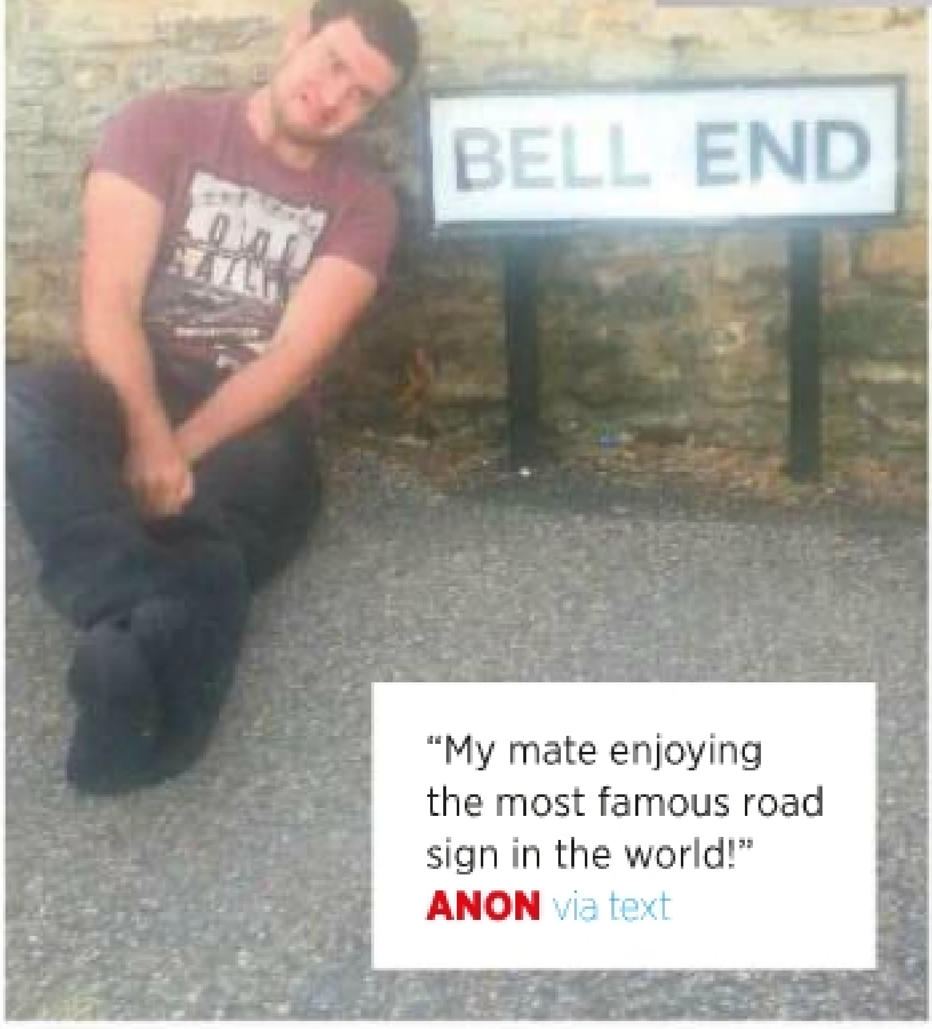
"I don't think I'll be having any of this!"
STEVE via text


这是我一直想对你说的话：
This is what I've always wanted to talk to you :
小便入池 文明你最美
Urinating into the pool you are the best ...

"A funny picture for you – all the way from Beijing!"
ERIK via text

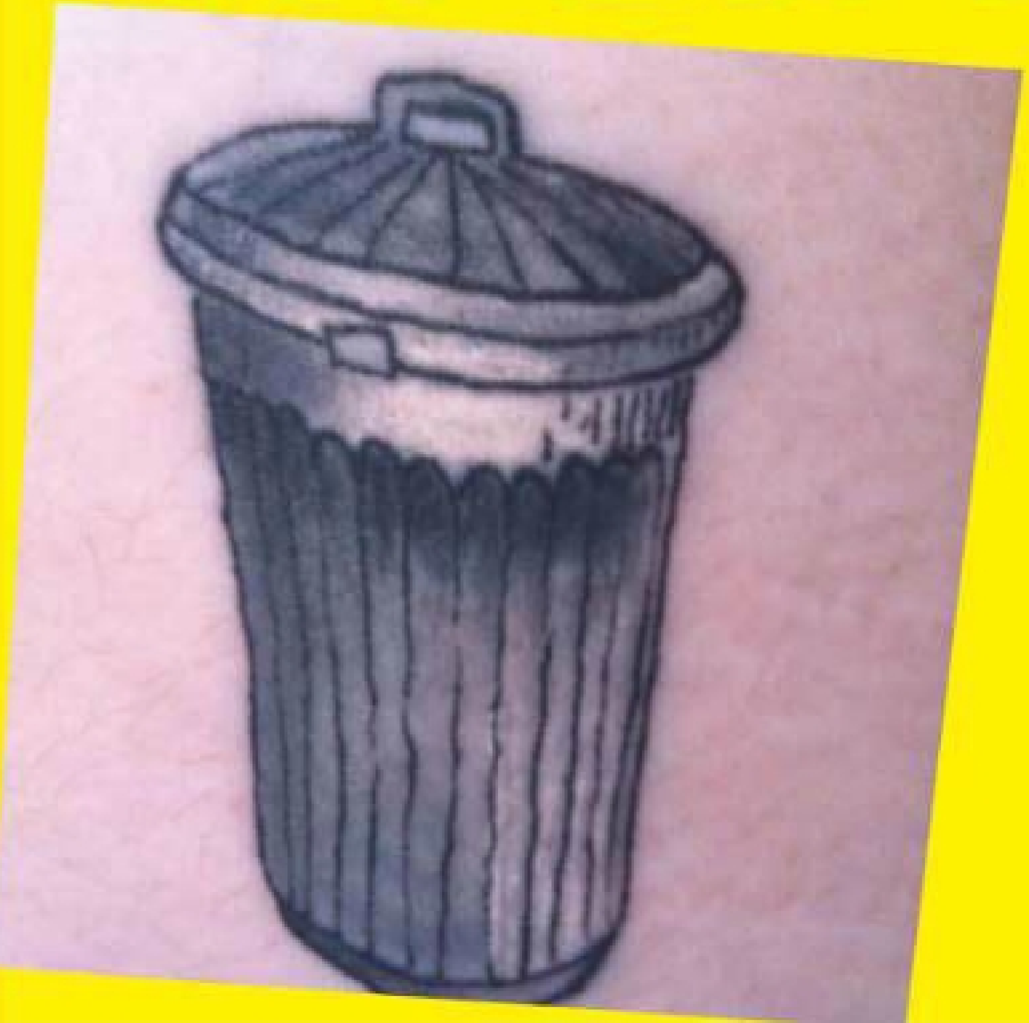
Win £100!

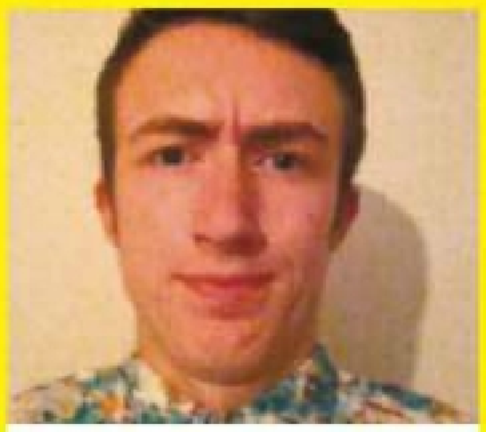
Email **nutsletters@ipcmedia.com** or text your pic to **0771 388 8008** (free texts, standard network charges apply*). Best pic** wins £100 cash to spend on lovely things!



"My mate enjoying the most famous road sign in the world!"
ANON via text

NAFF TATS CORNER





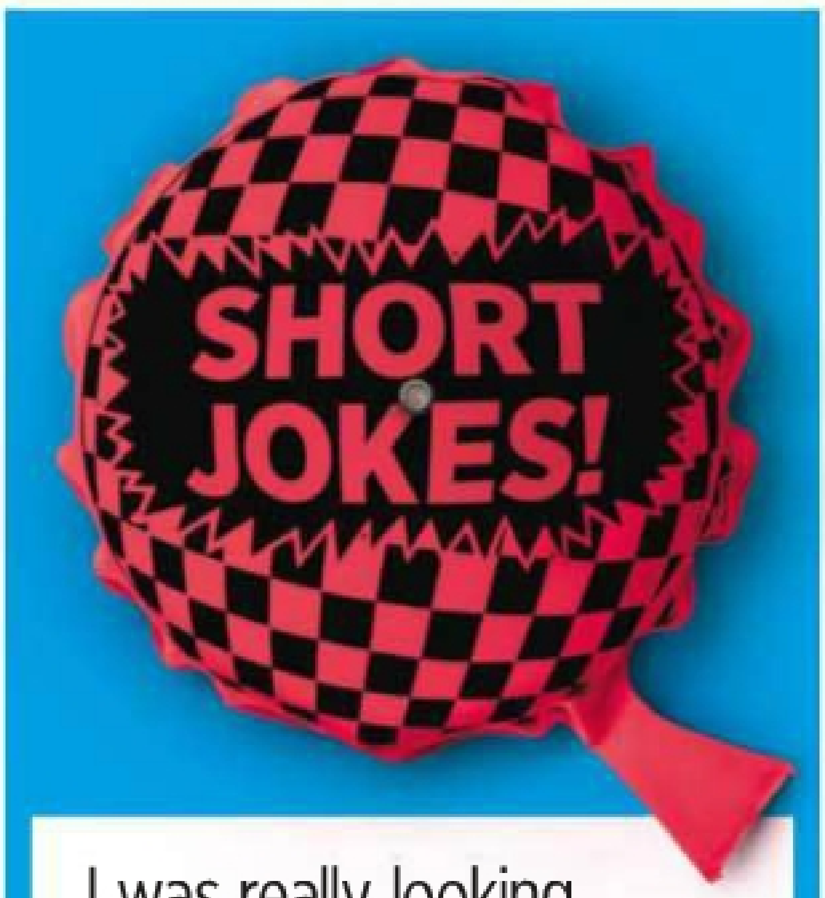
"Forget the others, as you can see, I literally have got a rubbish tattoo!"
CAMMY via text

*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. **EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 60 APPLY.

Your Jokes!

Bags and bags of cracking gags!

FOR AGES 3 AND UP



SHORT JOKES!

I was really looking forward to my birthday, but the only present I got from my parents was some rollerblades from Poundland. F**king cheapskates!
PAUL Baldock

Q: What do you call a dog that hears voices?
A: A shih-tzuphrenic!
AL MADDISON via email

Chelsea will have free Wi-Fi at Stamford Bridge next season. John Terry is thrilled, saying, "Some of these South Korean players are really good!"
SAMMY MOWAT Edinburgh

"Wanna know why Beckham has such a high voice?"

JOKE OF THE WEEK!

The vest man lost!

AN ELDERLY man goes to the doctor's with a problem. "Every time I go and do number twos, it comes out shaped like chips."

The doctor asks him to drop his trousers so he can examine him. Then he says, "Excuse me for a moment, there's something I need to get."

He reappears wielding a huge pair of garden shears. "Bend over, please," he tells the patient.

"What the hell are you going to do with them?" the old man asks nervously.

"I'm going to cut six inches off the bottom of your string vest," replies the doctor.
SAUL Newington

"*Now* can you see my new haircut?"

Specs-y time!

MY WIFE tied me to the bedposts last night. Unable to move, I could do nothing as she slowly stripped down to her bra and pants in front of me.

Then she knelt on the bed between my thighs and purred, "OK, big boy, what would you like me to take off next?"

"Er, my glasses would be good!" I replied.
AL Durham

Double trouble!

A MATE of mine is sleeping with twins, both of whom can't get enough of him. I asked him, "How do you tell them apart?"

"It's easy," he replied. "Elaine is the one with the larger breasts, and Bob's the one with a beard."
PAUL Herts

"Help! I've lost my mouth!"

Benitez denied having a midlife crisis

Not a'ight!

I WENT to the doctor's this week. When he asked what the problem was, I pulled down my pants to reveal that my testicles appeared to have grown a rash that looked like a Tommy Hilfiger tracksuit, some tinted sunglasses and what looked to be a goatee beard. It turns out I've got a nut Ali G.
JASON London

Club class!

A GOLFER is mid-game when he sees an Arab being held up at gunpoint. He pulls out a wedge and smashes it over the robber's head, knocking him out.

"You saved my life," says the Arab. "I'm a wealthy oil sheikh, whatever you desire as a reward, it is yours!"

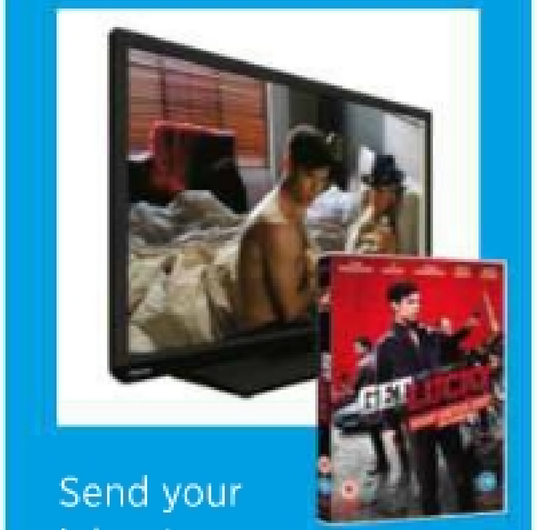
"Well, I'd love a new set of clubs!" says the golfer.

The next day, the Arab's secretary calls. "We've got your golf clubs," she says, "but the Sheikh would like to apologise: only three have swimming pools."

DEAN MORRISON via email

"The outfit? I was fed up of silly trousers"

Win a 40in TV & *Get Lucky*!



Send your jokes to nutsjokes@ipcmedia.com. The sender of this week's best joke* wins a 40in TV with built-in DVD player and a copy of Brit gangster flick *Get Lucky*, out on 26 August on DVD and Blu-Ray, courtesy of Universal.

FAMOUS BLOKES' JOKES!

Martin Mor: "There's been quite a lot of fuss about Andy Murray being claimed as British by English tennis fans. Murray used to publicly identify himself as Scottish but now seems to be on board with being British. I expect his agent might've persuaded him towards this change with the use of a calculator!"

John Oliver: **"36 per cent of Americans claim they've heard the voice of God. It's not clear how many are mistaking the voice of God for the voice of Morgan Freeman. Easy mistake!"**

Frankie Boyle: **"Please, don't send me *your* f**king jokes. Would you go up to Harry Houdini and pretend that you'd 'got his nose'?"**

Michael Che: "My nephew's got a camera phone. He's ten. I can't imagine what it must be like for him to go through a maths class with a device in his pocket that can answer all of life's questions and show him HD pictures of t*tties. He doesn't have attention deficit, he's got t*tties in his pocket!"

*EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 60 APPLY. SEND YOUR JOKES TO NUTSJOKES@IPCMEDIA.COM OR TO THE ADDRESS ON PAGE 60. PHOTOS: REX FEATURES

It's Danica!

Behold the breathtaking blonde babe!

"The *Nuts* covers are always amazing!"

Hi Danica! What's new with you?
I've been doing so much but it's great to be back in *Nuts*. I've been keeping an eye on it. The covers are always amazing!

Why, thank you! Who's your dream *Nuts* cover star?
It has to be Lucy Pinder. Or maybe Rhian Sugden. Both always look amazing.

How do you prep for a shoot?
Well, I like to put my tan on and have my hair done. But generally I just be myself.

Do you have any tunes you use to feel sexy during a shoot?
There's a track called *I Can't Hold Back* by Survivor. I love it!

***Celebrity Big Brother*'s back soon. Did your experience in the house feel like a whirlwind?**
BB was one of the best things that ever happened to me. It opened up so many doors. I loved every second of it.

Have you had many a weird TV offer ever since?
Yes, I have, actually, but I can't tell you what they are. Not yet, anyway, ha-ha!

Do you get recognised much?
Yes. It seems to be happening a lot more recently. Sometimes it's a little strange but, generally speaking, I love it!

Do you have any new celebrity friends after appearing in *Celebrity Big Brother*?
I have a few...

Who's the most famous person in your phone book?
I knew you were going to ask that! Probably Coleen Nolan.

Finally, you like to post the odd Twitter selfie but which other babes should we be following?
Alessandra Ambrosio. She posts some amazing pictures. There's a tip for you. ✖

- Follow Danica on Twitter – @DanicaOfficial

INTERVIEW: CHRIS SAUNDERS

Wiley's Lessons In Modern Music!

The rascal of rap tells Nuts how he's smashed the rules to make it big as a pop star in 2013!

1. GIVE YOUR TUNES AWAY FOR FREE!

The scandal: *Wiley leaked all the tracks off his new album The Ascent for free in March, much to the bemusement of his record label.*

Wiley says: "I give away music because it's 2013. The last time the music industry was actually any good was when Michael Jackson sold cassettes and vinyl. I don't think anyone, apart from people like Adele and Taylor Swift, make money from CDs and [legal] downloads. In America, all the big rap artists leak their albums. You expect it from the likes of Jay-Z and Kanye West. You can expect it from Wiley too."

2. DON'T GET YOUR FEET MUDDY!

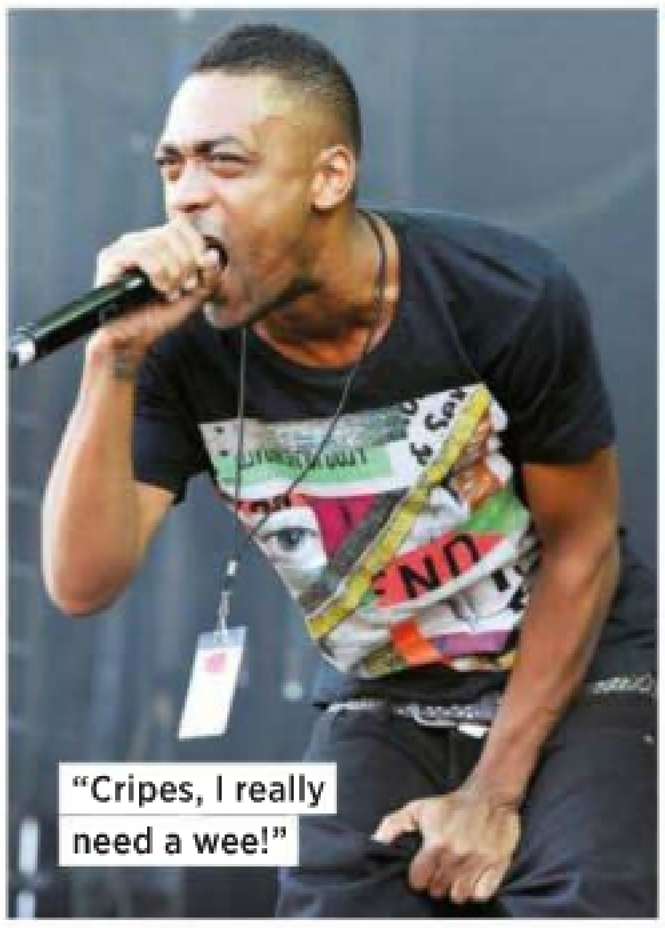
The scandal*: Wiley cancelled his Glastonbury set this June after arriving on-site.*

Wiley says: "I used to love Glastonbury. I respect the man who started it, and all the stuff that goes into it. People say, 'You should be grateful they put you on the line-up'. But Glastonbury don't care about me. They didn't headline me. They didn't put me on the main stage, they had me in a tent like a nobody. I am a nobody, to Glastonbury. That's why I decided I didn't have the energy. I thought, 'This festival don't need me. I'm going to step away.'"

3. DON'T PLAY WHERE YOU'RE NOT WANTED!...

The scandal*: Wiley only played for 15 minutes at the Cockrock Festival in Cumbria this July after getting booed off stage.*

Wiley says: "So I'd just come back from a trip to Cyprus and had to go to Cumbria which was seven-and-a-half hours drive away. I said, 'Why the eff haven't I got a connecting flight to make this journey shorter?' And when I'm not very happy, I speak my mind openly on Twitter. So I said, 'I'm not coming.' As soon as I say I'm not coming, people think they're my parents! I was just angry at the journey but the crowd didn't want to forgive me for that."



"Cripes, I really need a wee!"

4 .... AND WATCH WHAT YOU TWEET!

The scandal*: Wiley boasted about earning £15,000 for 15 minutes work – again, at the Cockrock Festival.*

Wiley says: "Twitter is the new outlet for news, full stop. You can see what someone has written in a second. Twitter is like Zion, it's a place in your mind. It's an outlet for people to talk sh*t, an outlet for people to attack each other, an outlet for me to say, 'Tinie Tempah's tune sound like Big Sean's tune,' it's an outlook for people to say, 'I'm unfollowing you because you're blocking up my feed.' I use Twitter to speak my mind. If you don't like it, don't follow me."

5. TRY NOT TO GET SUED!

The scandal*: Wiley was sued for pulling out of a gig in Ibiza.*

Wiley says: "Ibiza Rocks, Majorca Rocks, Radio 1 and all that malarkey... so what? I'm not dissing Ibiza, but I just don't like it. If you go to rave in Ibiza with three of your friends, you'll feel hollow raving with 10,000 other people. Ibiza won't teach you what raving is really like abroad. Because someone wanted me to play somewhere I didn't want to, I'm going to have to shell out 35 grand. Now, when people say, 'Wiley, we need you to play here,' I say no, because I'm not getting sued again."

6. SNUB YOUR CELEBRITY MATES!

The scandal*: Wiley has said he'd never collaborate with Dizzee Rascal again.*

Wiley says: "Dizzee is clever. He's like Trevor McDonald. He plays for Team UK, just as Tinie Tempah would, Kano would, and Wiley would. But the difference between him and us is he's on Ronaldo wages. He's rocketed off into the sunset. When you're so far ahead you have no one around you, you become complacent and start making different music. I'm not gong to tell him what music to make. Make *Bonkers*, make what's going to sell – cool. But he's not the real Dizzee Rascal any more. Look at the song he did with Robbie Williams. I don't hate it, but it's not what he's supposed to be doing."

WILEY : FYI

Real name: Richard Kylea Cowie
Age: 34
Named after: Wiley Kat from '80s cartoon *Thundercats*.
Origin: Formed Roll Deep with Dizzee Rascal, DJ Target and Tinchy Stryder in 2002.
Biggest hit: *Heatwave*
Famous for: Inventing grime music and ruffling a few feathers at this year's festivals.

7. KEEP YOUR CHUMS OFF NUMBER ONE

The scandal*: Wiley's* Heatwave *kept Calvin Harris and Example's* We'll Be Coming Back *off number one.*

Wiley says: "I wasn't trying to battle them. I'm scared of them! Wiley knocking Calvin and Example off number one is unheard of. Calvin is very good. But when it happened, I think the fans might have had enough of him. I heard they were cross. Not Example, because Example don't need to worry. I heard that Calvin was moaning at Radio 1, but I didn't hear it myself, so I don't want to judge him!"

8. REFUSE TO DIE!

The scandal*: A fake BBC web page reported that Wiley was dead in 2008.*

Wiley says: "When people say you're dead, but you're a person who's always in drama and getting into stuff, it makes you think. I thought, 'Wow. Imagine if I really was dead?' But you don't want to imagine that, so your brain goes a million miles away from there. At the time it wasn't such a joke. Now I look at it and laugh."

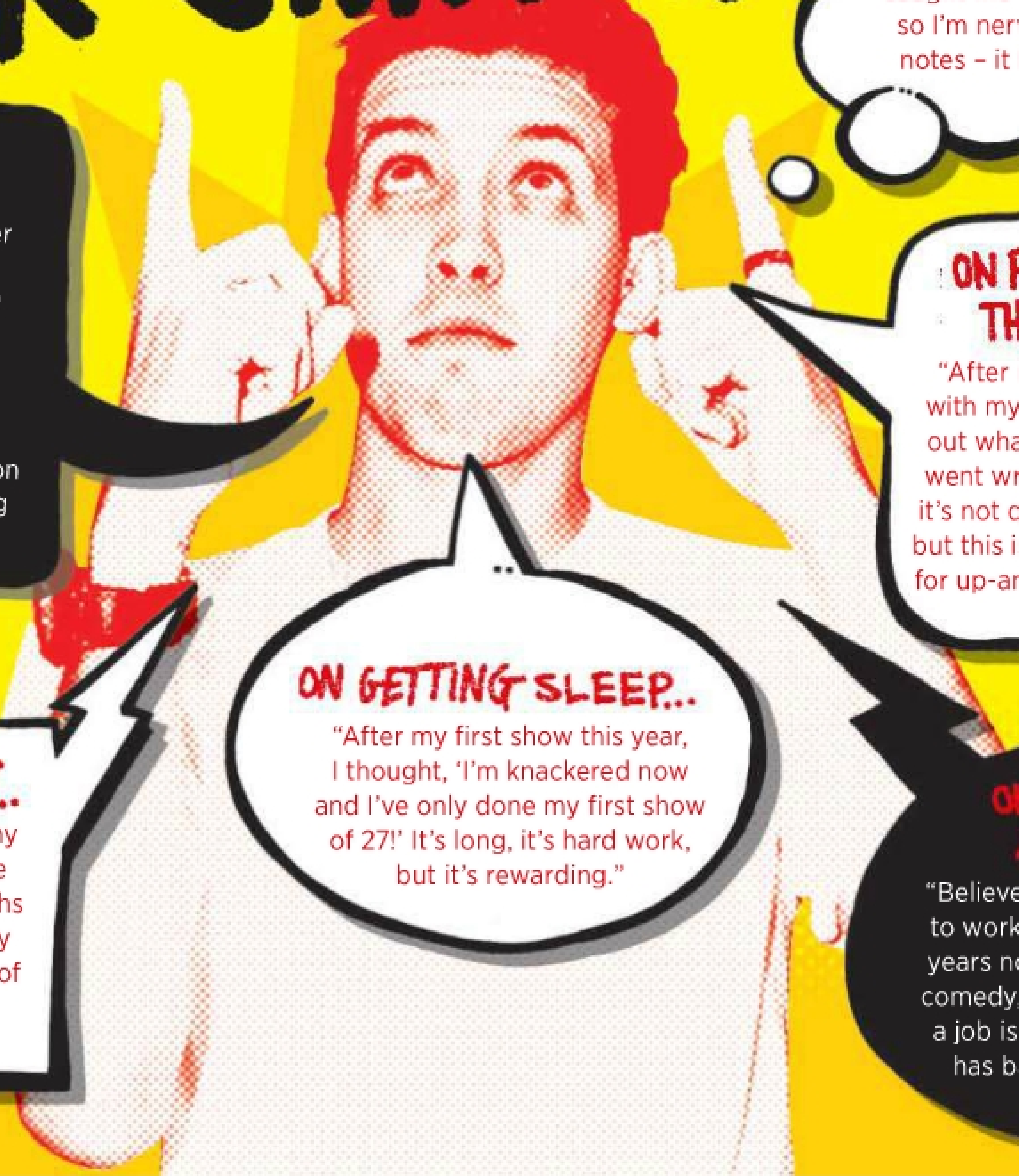
- Wiley's new single *Flying* is out on 26 August and he tours the UK in September. Follow @WileyUpdates on Twitter for more info.

WORDS: RICH PELLEY PHOTOS: XPOSURE, GETTY IMAGES, SHUTTERSTOCK ILLUSTRATION: MARK PETTY @ PARKGRANDE.CO.UK

EDINBURGH FRINGE UNCOVERED!

NUTS FINDS OUT WHAT LIFE'S REALLY LIKE FOR FIVE NEWBIE COMICS AT THE WORLD'S MOST FAMOUS COMEDY FESTIVAL!

MARK SMITH!



SHOW: The Most Astonishing Name In Comedy
WHERE: The Pleasance Bunker at 9.35pm.
BEST GAG: "I've been keeping a count of the prostitutes I've been sleeping with. Tally-ho!"
WORST GIG: "In a bar in Somerset, when they were showing the David Haye fight on the TV, so no one was watching me at all. That was crap."

ON THE SHOWS..

"The venue I'm performing in can only fit in 50 people. You've caught me during my first show so I'm nervously checking my notes – it feels like an exam!"

ON PERFECTING THE ACT...

"After my gig, I have a drink with my friend Reejay to work out what went right and what went wrong. You'll realise that it's not quite *Live At The Apollo* but this is all part of the process for up-and-coming comedians."

ON GETTING SLEEP...

"After my first show this year, I thought, 'I'm knackered now and I've only done my first show of 27!' It's long, it's hard work, but it's rewarding."

ON BEING SKINT...

"You have to pay for so many things here, but you'll make the money back in the months afterwards. My diet is pretty poor. But that's not a result of Edinburgh or comedy, it's because I'm an idiot."

ON MAKING IT AS A COMIC...

"Believe it or not, I've been able to work full time for nearly two years now. I really like stand-up comedy, so to be able to do it as a job is amazing. But everyone has bad days at the office!"

IAIN STIRLING

SHOW: At Home
WHERE: The Pleasance Beside at 7.30pm.
BEST GAG: "You never see a casual-looking ghost. That's because they can't lean on anything!"
WORST GIG: "To 200 drunk squaddies at Christmas before they went to Afghanistan. The compere forgot my name."

ON BEING THE HOMETOWN BOY...

"At the Edinburgh Festival, there aren't many Scottish comics. I'm actually from Edinburgh, so my show is called *At Home* – it's about trying to define what home is."

ON THE MADNESS OF EDINBURGH...

"This festival is alcohol-fuelled fun. I'll do over 60 shows in a month, and lose a fortune but I don't mind – it's an advert for my comedy."

ON COMEDY GROUPIES...

"I'm no Russell Howard but people make a big effort to come to my shows, which is nice. Comedy's the best job in the world, but you do get bored of it. Surely Peter Stringfellow gets bored of tits sometimes?"

ON LIVING IN EDINBURGH...

"This is my rock'n'roll lifestyle: a month living at home, walking the dog, and getting my dinner cooked for me. My old bedroom still smells of a teenage boy!"

CARL HUTCHISON!

SHOW: All The Rage
WHERE: The Underbelly Clover at 9.30pm and The Pleasance Cabaret Bar Comedy Zone at 10.45pm.
BEST GAG: "Give a man a fish and he'll eat for a day. Teach him how to fish and he'll eat for the rest of his life. Give it about a week, he'll be f**king sick of fish!"
WORST GIG: "I was dying on my arse and received a brilliant heckle. A bloke stood up and went, 'Look, mate, I'm not being funny, but neither are you.'"

ON THE GRUELLING SCHEDULE...

"Edinburgh's the only place where you can have the right x and y coordinate, but your z can be way off. It's tiring – I've got at least two shows a day for 25 days!"

ON SURVIVING...

"I'm not arrogant enough to perform drunk. The festival's a month long, so I'll wait until the end to get steaming!"

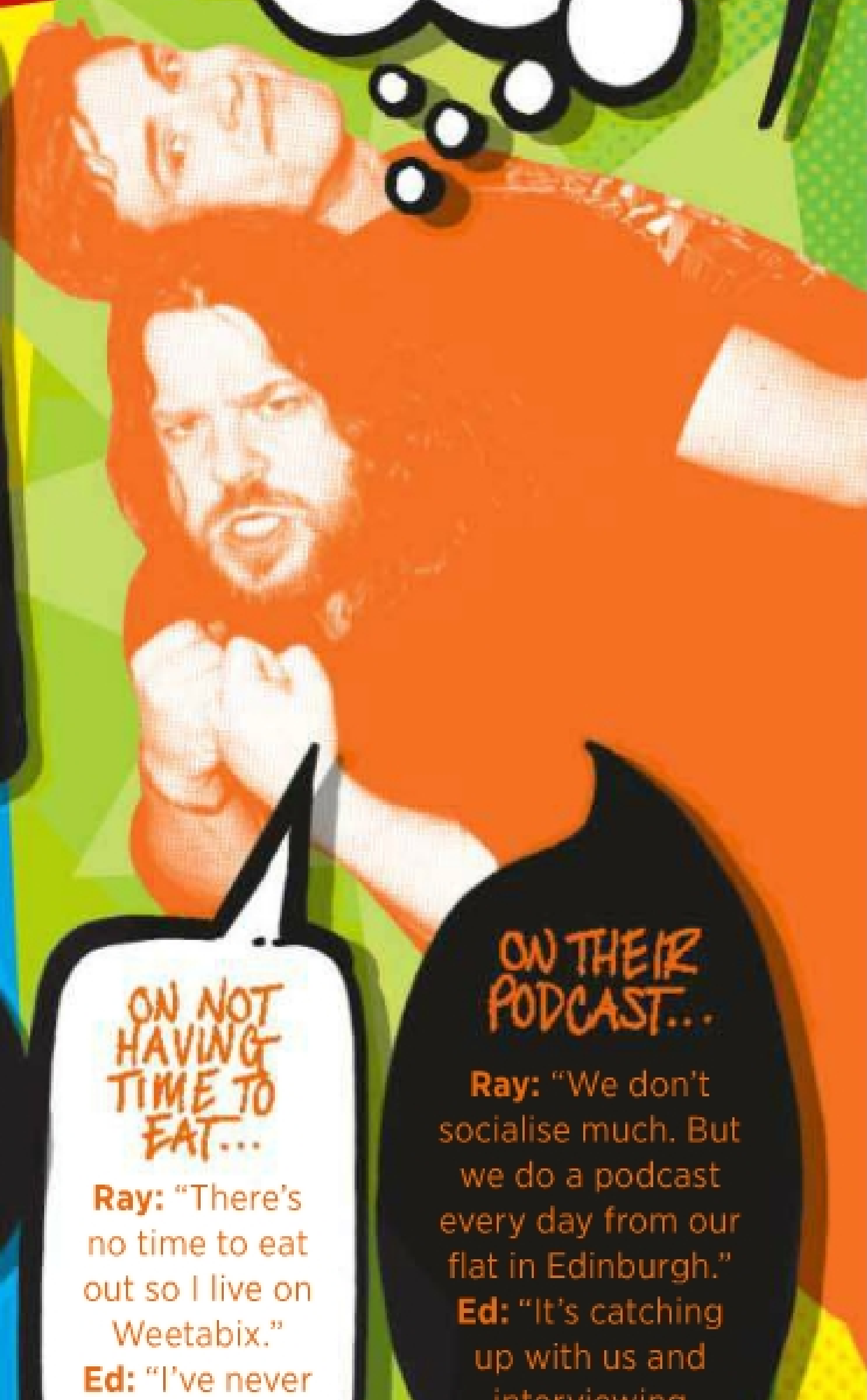
ON MAKING A LIVING HERE...

"Playing Edinburgh doesn't make you rich. It's the opposite. It's a showcase, but I'll end up with a huge loss at the end of it all. But if you got sick of it, you wouldn't do it. You've got to stay positive all the way through."

ON LIVING ARRANGEMENTS...

"It's cheaper for comedians to house-share. There's three of us in a tiny flat. One filthy sod was scraping toast into the sink today. Gross!"

(ED) PEACOCK & (RAY) GAMBLE



SHOW: Heat-throbs
WHERE: The Pleasance Below at 9.45pm.
BEST GAG: Ray: "Knock-knock!" Ed: "Who's there?" Ray: "Orange you glad you didn't say banana."
WORST GIG: Ed: "At Jamie Oliver's Food Festival at 11.40am. They only opened the gates at 11.30am so there were only five people standing about a mile away."

ON BEING A FESTIVAL DOUBLE ACT...

Ed says: "It's like we've been married for 25 years. When Ray goes to bed, I get up."
Ray says: "On days off, we play together on the PlayStation."

ON NOT HAVING TIME TO EAT...

Ray: "There's no time to eat out so I live on Weetabix."
Ed: "I've never seen Ray sit down to eat!"

ON THEIR PODCAST...

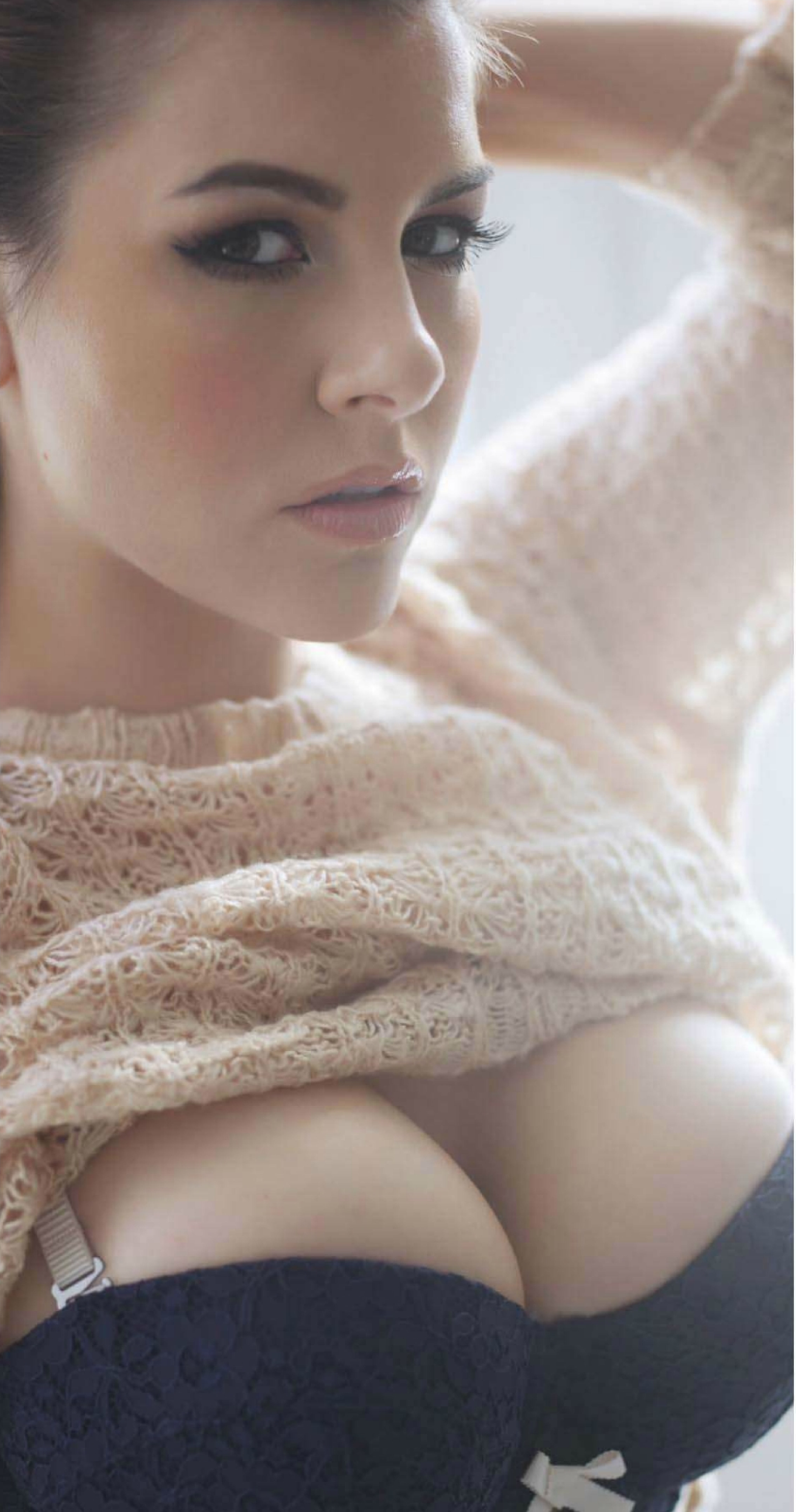
Ray: "We don't socialise much. But we do a podcast every day from our flat in Edinburgh."
Ed: "It's catching up with us and interviewing guests."

- The Edinburgh Fringe runs until the 25 August. For tickets, see edinburghbestcomedy.com. Thanks to Avalon!

INTERVIEWS: RICH PELLEY

Well, hello again, Ms T!

Wow! Imogen Thomas is back – and she's brought her curves with her!



Hello Imogen! We haven't seen you in absolutely ages. Welcome back to *Nuts*!
Thank you! It feels fantastic to be back in *Nuts*. It's been far too long, hasn't it? I was a bit nervous at first but the shoot's been amazing – one of my best, I think. Don't worry, I've still been having a cheeky look at *Nuts* in the shops!

Thanks very much! Have any of our covers knocked your socks off recently?
I'll be diplomatic and say that they've all been sexy, but in terms of things that have impressed me, I'm fully behind the "Hands Off My *Nuts*" campaign. I can't believe some people make such a fuss about these things. It's ridiculous.

We couldn't agree more. You're no stranger to a bit of media attention yourself, are you?
Ha-ha, yes, you could say that! I'm much happier now.

Do you still get papped a fair bit then?
Yeah, all the time. I went out for a nice meal with my friends the other night and got papped. I can't go anywhere. It's a bit intrusive at times, but I think I can handle it.

Is it annoying you can't enjoy a bag of chips at the Wireless festival without newspapers taking pictures of you?
Yeah, a bit! I'm a real woman, and I love my food. I've always said food is beautiful. And I'm at a festival. What am I going to do? Eat a salad? No, I'll eat my chips and be happy.

What's the most absurd rumour you've ever read about yourself in the press lately?
I read that I was having loads of problems buying a house. That was news to me!

You're prolific on Twitter. What is it you love about tweeting?
It's just something fun to do. I enjoy social media. I love ►

“It’s fantastic to be back in *Nuts*!”

hearing what other people think, as long as they're not having a go at me. Most people are really nice – they ask my advice on things, and are just friendly and supportive.

You must get loads of requests as well. What's the strangest thing you've been asked?
I get asked out on dates a lot. Some guys can take it a bit too far though, which is just disturbing – especially when I'm having food.

Do you get fans offering to send you loads of cool stuff?
Yes, sometimes. As long as it's all done properly through my management, it's OK. I'm not daft enough to put my address all over the internet, though. A lot of girls have wish lists, and people just choose things to buy for them. I don't do that.

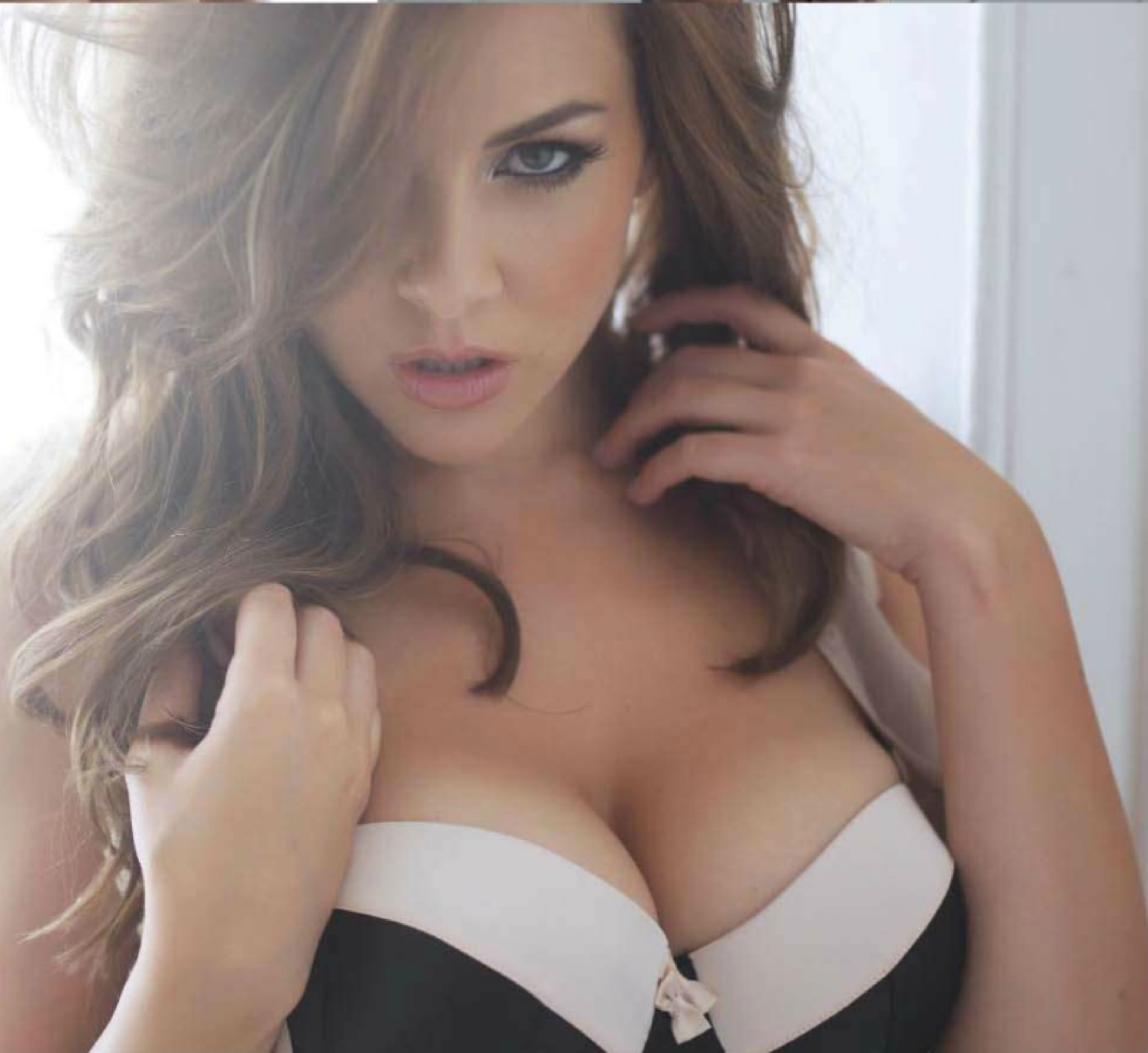
What about SnapChat?
What's that? [*Nuts* explains to Imogen that SnapChat is a social media app for sending picture and video messages to your friends.] Gosh, no! Who has time for all these things? Twitter is still my favourite.

We've seen some snaps of you looking amazing. Do you love a bloody good night out?
Definitely! It's important to have a release, especially if I've been working hard. I need to unwind. You have to get some "me" time in!

What's your tipple of choice?
I really like a gin and slimline tonic. I used to drink a lot of champagne, until it started giving me headaches. If I'm on one I might have a few cocktails, but that's just asking for a hangover.

Do you have a standard ritual before a night out?
Usually, one or two of the girls will come over to mine and we'll play some tunes and have a glass of wine while we get ready. I don't normally go out until after nine, then we go wherever we think will be good that night. ►

**“I’m a real
woman
and proud!”**



> **"I get asked out on dates a lot by guys on Twitter!"**

So, have you watched any of the last few *Big Brothers*? What have you made of the *Nuts* girls in there?
You know, I haven't seen any of them! I only watched it once for research purposes when I had to go on [*Big Brother* spin-off] *A Bit On The Side*. Ha-ha!

Haven't you been approached to go into the *Celebrity Big Brother* house? It's on again soon, you know.
I had an interview for it before, but I didn't end up going in. I'm not sure I'd want to, anyway. Been there, done that, got the T-shirt.

Have you been approached to do any other TV shows?
Umm... I have a few things coming up and, obviously, I'd love to do one of the massive ones. We'll just have to wait and see what happens.

Intriguing! You're Welsh, so will you be following Swansea or Cardiff City in the Premier League this season?
Well, I live near Swansea, so I'll be following them. They did well last season and impressed a lot of people. But I'm more of a rugby girl, to be honest.

Do you go to many games?
Sometimes. But these days, I'd rather stay at home with some drinks and snacks, ha-ha! International days in Wales are mental. If we win, everyone goes out and has street parties. I always try to make sure I'm home for the Six Nations.

Thanks for the chat, Imogen. Finally, are you fluent in your mother tongue?
Yes, I certainly am!

Can you teach us something fun to say in Welsh?
"Oes gennych llygaid hardd!"

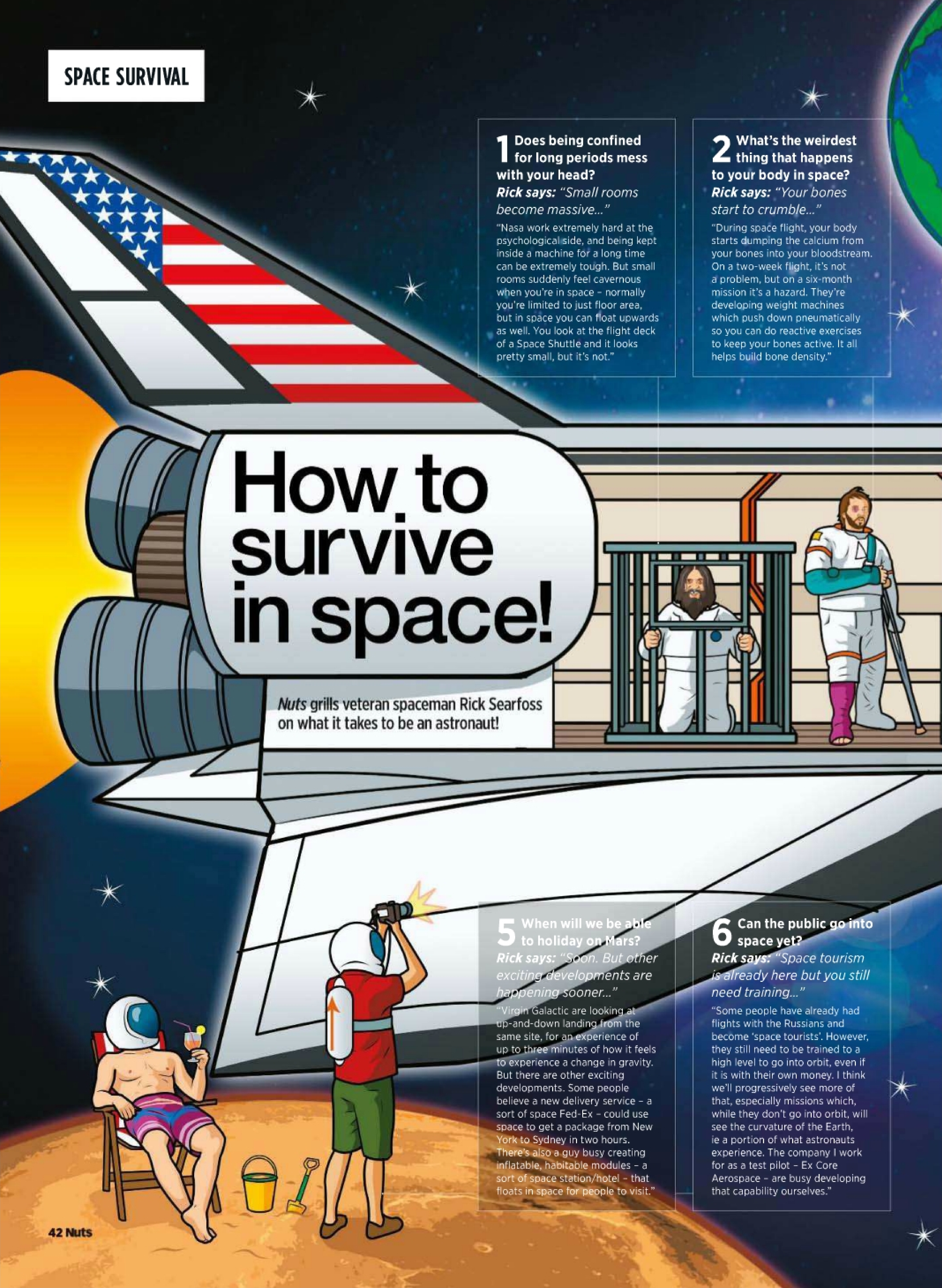
Er, come again?
It means, "You have beautiful eyes!" Say it to a girl if you're ever out in Cardiff! ✖

- Follow Imogen on Twitter – @Imogen_Thomas

INTERVIEW: CHRIS SAUNDERS LINGERIE: BLACK & CREAM BRA: NEWLOOK.COM, BLACK LACE BRA: ANNSUMMERS.COM

How to survive in space!

Nuts **grills veteran spaceman Rick Searfoss on what it takes to be an astronaut!**



1 Does being confined for long periods mess with your head?

Rick says: *"Small rooms become massive..."*

"Nasa work extremely hard at the psychological side, and being kept inside a machine for a long time can be extremely tough. But small rooms suddenly feel cavernous when you're in space – normally you're limited to just floor area, but in space you can float upwards as well. You look at the flight deck of a Space Shuttle and it looks pretty small, but it's not."

2 What's the weirdest thing that happens to your body in space?

Rick says: *"Your bones start to crumble..."*

"During space flight, your body starts dumping the calcium from your bones into your bloodstream. On a two-week flight, it's not a problem, but on a six-month mission it's a hazard. They're developing weight machines which push down pneumatically so you can do reactive exercises to keep your bones active. It all helps build bone density."

5 When will we be able to holiday on Mars?

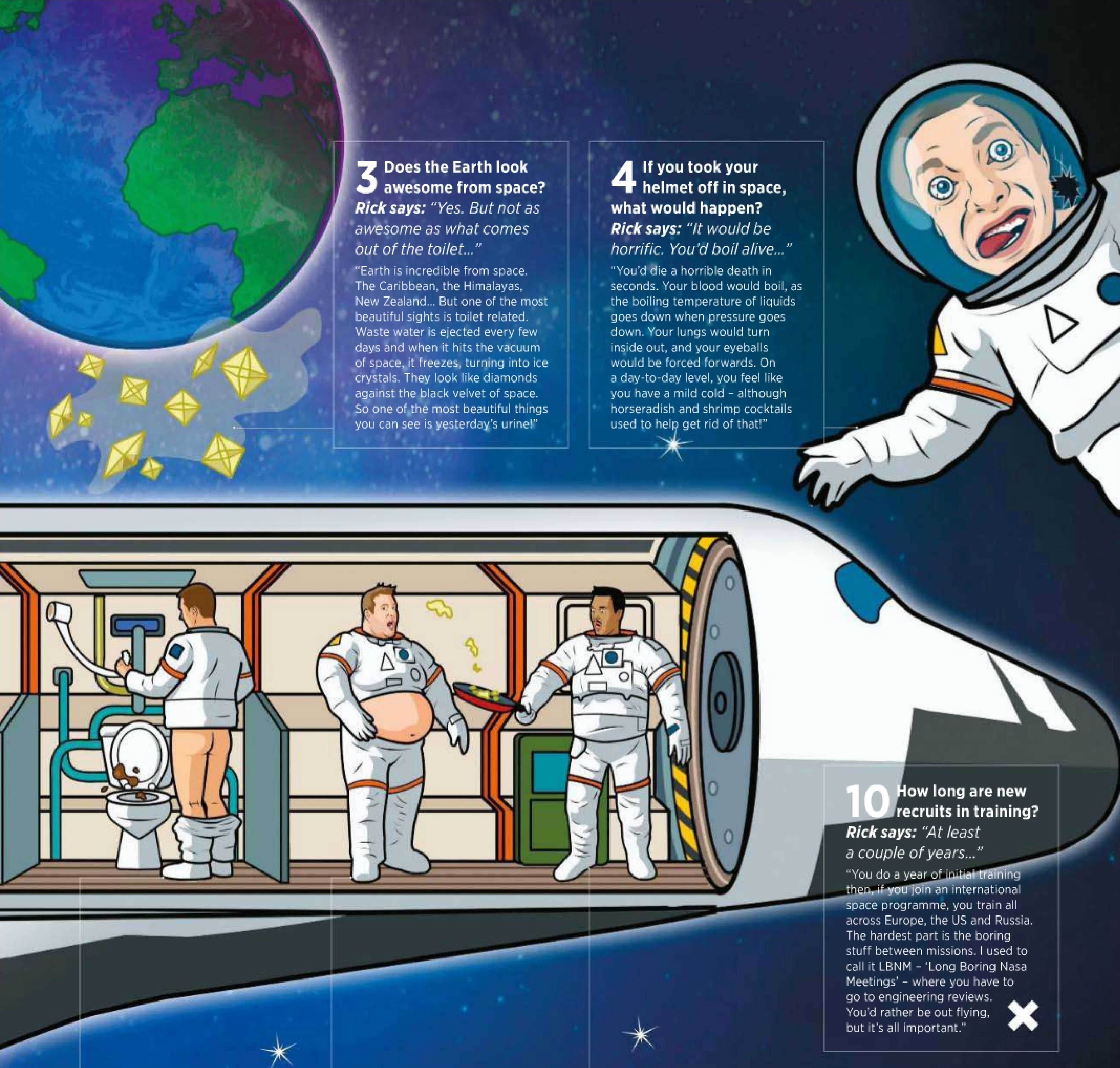
Rick says: *"Soon. But other exciting developments are happening sooner..."*

"Virgin Galactic are looking at up-and-down landing from the same site, for an experience of up to three minutes of how it feels to experience a change in gravity. But there are other exciting developments. Some people believe a new delivery service – a sort of space Fed-Ex – could use space to get a package from New York to Sydney in two hours. There's also a guy busy creating inflatable, habitable modules – a sort of space station/hotel – that floats in space for people to visit."

6 Can the public go into space yet?

Rick says: *"Space tourism is already here but you still need training..."*

"Some people have already had flights with the Russians and become 'space tourists'. However, they still need to be trained to a high level to go into orbit, even if it is with their own money. I think we'll progressively see more of that, especially missions which, while they don't go into orbit, will see the curvature of the Earth, ie a portion of what astronauts experience. The company I work for as a test pilot – Ex Core Aerospace – are busy developing that capability ourselves."



3 Does the Earth look awesome from space?

Rick says: *"Yes. But not as awesome as what comes out of the toilet..."*

"Earth is incredible from space. The Caribbean, the Himalayas, New Zealand... But one of the most beautiful sights is toilet related. Waste water is ejected every few days and when it hits the vacuum of space, it freezes, turning into ice crystals. They look like diamonds against the black velvet of space. So one of the most beautiful things you can see is yesterday's urine!"

4 If you took your helmet off in space, what would happen?

Rick says: *"It would be horrific. You'd boil alive..."*

"You'd die a horrible death in seconds. Your blood would boil, as the boiling temperature of liquids goes down when pressure goes down. Your lungs would turn inside out, and your eyeballs would be forced forwards. On a day-to-day level, you feel like you have a mild cold – although horseradish and shrimp cocktails used to help get rid of that!"

10 How long are new recruits in training?

Rick says: *"At least a couple of years..."*

"You do a year of initial training then, if you join an international space programme, you train all across Europe, the US and Russia. The hardest part is the boring stuff between missions. I used to call it LBNM – 'Long Boring Nasa Meetings' – where you have to go to engineering reviews. You'd rather be out flying, but it's all important."

7 How do you poo, and more importantly, wipe your bum in space?

Rick says: *"With a bit of difficulty..."*

"Gravity helps on Earth when it comes to bodily functions, in space that doesn't happen! For liquids, you have a tube – with a different fitting for males and females – which sucks out the fluids straight into space. For solids, it's a bit more complicated. You have to sit above a sliding door with a fan which pulls out the waste products. Then you wipe yourself and the paper goes out too – that goes in a little container and is double bagged and left in the waste. It's very hygienic!"

8 Can anyone rock up and decide they want to be an astronaut?

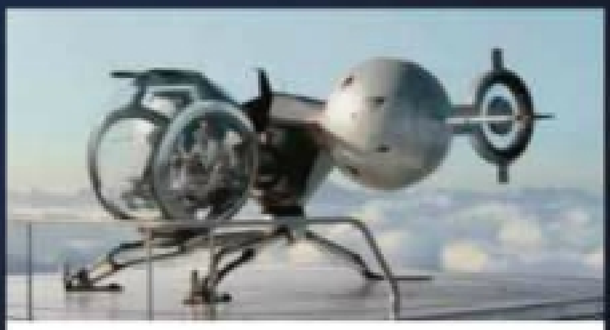
Rick says: *"As long as you've flown a plane..."*

"Before you get near a Space Shuttle, you need thousands of hours flying jets. Civilians can apply to Nasa and go through a six-month process where they're narrowed down, after which there are stringent medicals. Then you face a final interview panel of eight former astronauts and four senior Nasa chiefs. They ask things like: 'Is there anything which irritates you?' I said, 'Mechanical things that don't work.' If I'd said I hated confined spaces or other people, it'd have ended there!"

9 What do you have for dinner in space?

Rick says: *"Sometimes you have to chase your food around..."*

"Sticky foods which hold together – like oatmeal – are best. They don't make as much mess because they stay inside the container. You can still eat foods like scrambled egg when you're in space – it comes in a plastic container and you have to tip in hot water through a needle to get the food to the temperature you want – then you can eat it as normal. I had a problem with some broad beans once – if you spill them you end up chasing them around after them for ages!"



RICK'S MOVIE MAGIC!

- **Rick Searfoss (below) is a veteran of three space flights and has spent months living beyond Earth's atmosphere.**
- His spaceman credentials earned him a job on Tom Cruise's astro-flick *Oblivion*.
- **He helped design the film's bubblecopter (above).**
- *Oblivion* is out now to own on DVD and Blu-ray.

WORDS: ANDY JONES ILLUSTRATION: BILL MCCONKEY

Nuts STUFF

The week's best TV, movies, games, fashion, music and tech!

Nuts TV

TV built for blokes!

MAN UNITED VS CHELSEA
MONDAY • Sky Sp 1/HD 7pm
It's David vs Goliath!

"Wish I knew how Jose got his hair so soft and silky"

Friday 23 August

Corden won at musical chairs. Again

A League Of Their Own

SKY 1/HD • 9pm

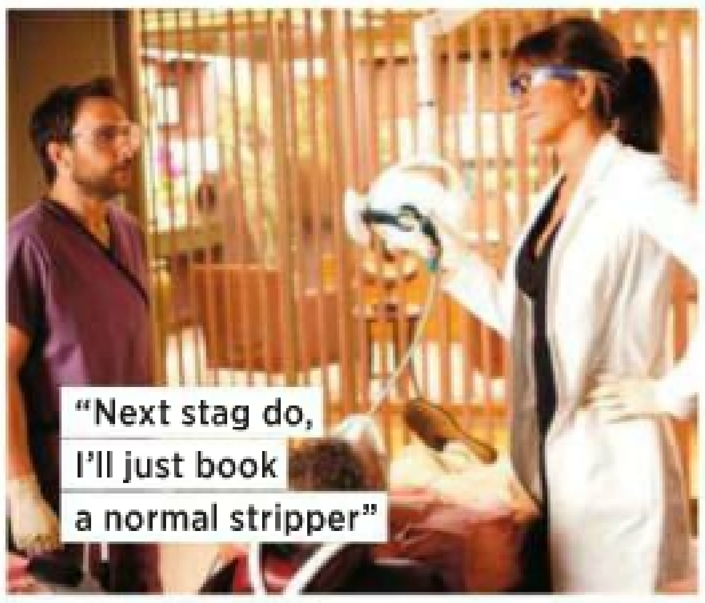
The silly sports quiz that's not really about sport returns. Captains Andrew Flintoff and Jamie Redknapp enlist help from Edgar Davids, Olympic skeleton medalist Amy Williams and funnymen Jimmy Carr and Jack Whitehall. James Corden officiates.
★★★★

They enjoyed a spot of pre-match Morris dancing

Wolves vs Crawley Town

SKY SPORTS 1/HD • 7.30pm

Freefalling Wolves playing host to a rapidly rising Crawley side in this League Two encounter. The smart money would be on the home team prevailing but you can never discount the confidence factor – and Crawley have that by the bucketload.
★★★★



"Next stag do, I'll just book a normal stripper"

Horrible Bosses

SKY MOVIES COMEDY • 9.30pm

Enjoyably hilarious film about three mates who plot to murder their unpleasant bosses. But one thing doesn't sit right: one of the bosses is a sex-mad dentist played by Jennifer Aniston. Why would her rampant nymphomania and filthy chat be a problem for any man? Is this the end of western civilisation? Yes. Yes, it is.
★★★★★

SOFA AMMO

ILL MANORS

SKY MOVIES CRIME/HD • 11pm

Written and directed by Ben Drew (better known as Plan B), *Ill Manors* is based on real-life events that happened when the rapper was growing up in London.

Saturday 24 August

"I'll just lift you out of my way..."

Aston Villa vs Liverpool

SKY SPORTS 1/HD • 5pm

Late-summer football seems to throw up the best fixtures – and more so-so ones like this one. But Villa Park is one of the great English stadiums and it'll be rocking for the visit of Liverpool. The Reds will hope to repeat their 2-1 win last time they were here in March.

★★★★

God showed his displeasure with the Isle of Wight

The Story Of Earth

NAT GEO/HD • 8pm

Earth is a planet with some serious history. In this amazing, CGI-heavy programme, we're taken from its birth through to the age of the dinosaurs and finally, the emergence of humanity – and therefore Lucy Pinder. Thanks, history, you rule!

★★★★★

"Look, mum, no hands!"

Mark Cavendish: Born To Race

ITV HD • 8.10pm

We get a "backy" from the Manx Missile – the greatest sprint cyclist of his era – as we learn what makes him tick and how he rides his bike faster than most of us can drive. With contributions from Bradley Wiggins and Cav's lovely missus, Peta Todd.

★★★★

SOUNDS GRIM!

SNAPPED: WOMEN WHO KILL

CRIME & INVESTIGATION • 6pm

The tale of a woman who knocked her hubby out and then dissolved him in acid. That's the last time *he* comes home from the pub late.

Sunday 25 August

"There goes the no-claims discount"

Belgian GP

SKY SPORTS F1/HD • 11.30am

Sebastian Vettel has that look about him – a look that says, "I'm a bit dull and other children laughed at my trousers in school, but look at them now... and look at me! Ha-ha! I shall be F1 champ until the end of time." That is, unless Lewis Hamilton repeats his form from the Hungarian GP and storms to victory. Here's hoping.

★★★★

Npower's Employees Of The Year 2013 celebrated in style

npower
CHAMPIONS

Cardiff City vs Man City

SKY SPORTS 1/HD • 3.30pm

Malky Mackay's men get their Premier League home campaign off to a tough start against the billionaires in blue. New recruits such as ex-Spurs man Steven Caulker face Manuel Pellegrini's shiny new toys – namely Jesus Navas, Stevan Jovetic and Alvaro Negredo.

★★★★

"I say! One at a time, please, boys!"

Lion Army

NAT GEO WILD/HD • 10pm

We do love a good nature docu here at *Nuts* – especially when there's a bevy of big cats on the box. This one takes us to Kruger National Park in South Africa to follow a pride of 28 beasts as they hunt a bit, kill some wildebeests, hunt some more, and generally look adorable. Still wouldn't want to share a car with one, mind.

★★★★

MOVIE ALERT!

GANGS OF NEW YORK

SKY ATLANTIC/HD • 10pm

The super-hot Eliane Chappuis, playing a "lady of the night", is woken up in a bloke's lap – with her right boob showing!

WORDS: ANTHONY TEASDALE, PETE CASHMORE, ANDY JONES, SI CUNNINGHAM PHOTOS: REX FEATURES, ACTION IMAGES

Monday 26 August

"Oh no! I've forgotten to turn the iron off!"

Man United vs Chelsea

SKY SPORTS 1/HD • 7pm

The first mega-match of the season, and United's first home game in their Premier League campaign. It's almost certainly going to be one or t'other of these two teams who take the title this year – this will be an early clue as to the way the pendulum is swinging.

★★★★★

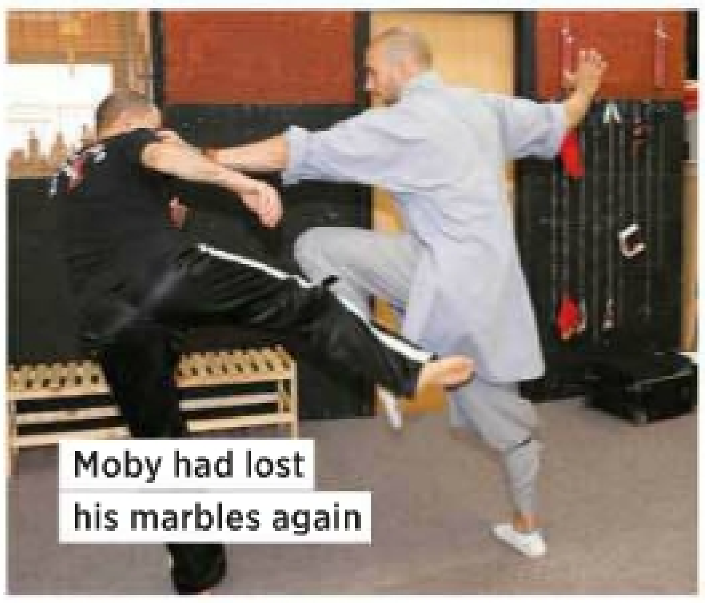
Things were starting to get kinky

Pawn Stars UK

HISTORY/HD • 9pm

This UK reboot of the American reality TV show promises to be either fascinating or thoroughly depressing. Currently, what with the ongoing recession, the pawn industry (as opposed to the porn industry) is doing very well for itself. This series takes us to Regal Pawn in Cheshire to watch them doing their thing.

★★★


Moby had lost his marbles again

Kick Ass Kung Fu

SKY 1/HD • 9pm

Real-life Shaolin monk Matthew Ahmet's mission to turn bad kids good takes him to Toxteth, Liverpool, where he picks three lads involved in petty crime, and takes them to Hong Kong for some serious training. At the end of their sessions, they have to endure getting a stick smashed across their backs. Some reward!

★★★

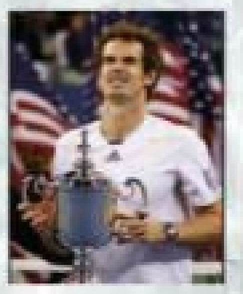
BETTING SLIP

PUNT OF THE WEEK!

THE US OPEN

SKY SPORTS 1/HD • 4pm

Andy Murray is looking to retain this title, but with Rafael Nadal winning the Montreal Open, the top field looks crowded again. Andy to win – just – at 11/4.



Tuesday 27 August

● New issue of *Nuts* on sale today!

The Burton catalogue shoot went all moody

Top Boy

CHANNEL 4 • 9pm

The gritty urban drama continues and there's all sorts going down. For one thing, they need to track down the Albanians who ambushed Joe. Meanwhile, there's a botched assassination and the discovery that developers have got their eyes on the area with a view to moving everybody out. Busy week, then.

★★★

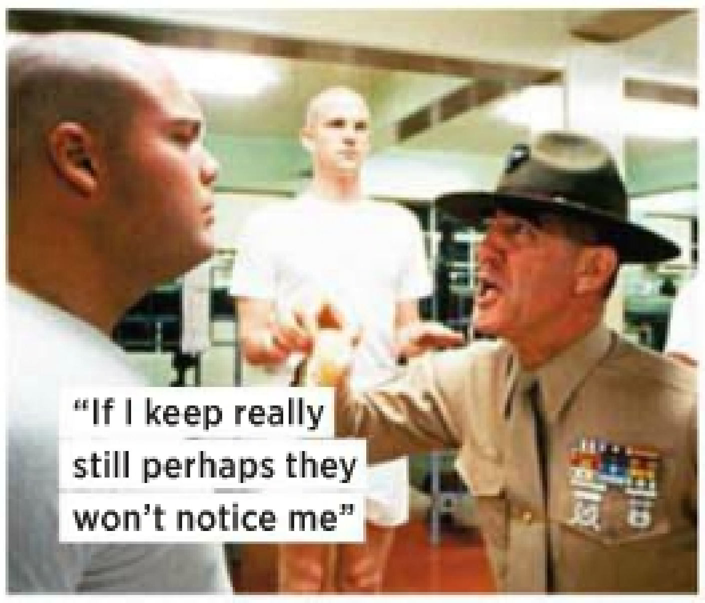
Lady Gaga was still looking for her lost outfit

Mission Impossible: Ghost Protocol

SKY MOVIES CRIME • 10pm

Ethan Hunt (Cruise) tries to stop a scientist start a nuclear war between Russia and the USA. "Ghost Protocol" is invoked – Hunt's crew will be disowned if it goes wrong.

★★★★


"If I keep really still perhaps they won't notice me"

Full Metal Jacket

ITV 4 • 10pm

Stanley Kubrick's war classic is a tale of two halves, with the first devoted to the basic training undergone by a bunch of conscripts at the hands of a brutal drill sergeant (an incredible performance by real-life Marine R Lee Ermey), while the second half sees the successful ones dumped in a weird, hallucinatory 'Nam.

★★★★

WALLY OF THE WEEK!

DON'T TELL THE BRIDE

BBC THREE • 9pm

Ever bought your missus a terrible gift? Feel better about it by watching one groom spend £12,000 providing his fiancée with her ideal wedding.

Wednesday 28 August

N-Dubz had not aged well

I'm Spazticus

CHANNEL 4 • 10.50pm

We all love a prank show, but *I'm Spazticus* makes the others look PC. This week an urban dance group judge the "N-Dwarves" troupe in a phoney talent show. There's also a hairdresser with more of the Edward Scissorhands about him. Unwitting people getting the mickey taken out by disabled jokers? We're in!
★★★

The vicars' camo fetish was taking an upward turn

Close Quarter Battle

YESTERDAY • 9pm

War doesn't just happen in battlefields. It's often played out in close quarters and involves terrorists. US Special Forces veteran Terry Schappert explains how to cope when there's someone nearby, intent on ending your life.
★★★★

"I hope those five pints won't make me miss"

Get Lucky

SKY BOX OFFICE • from 6am

He's called Lucky, but in this Brit gangster flick, this 20-something wide boy is anything but. Left a bag of counterfeit money by his mate, Kirby, things go wrong when the cash disappears. Suddenly, he's in hock to a mob boss to the tune of £200,000. He might escape with a Chinese burn, but that's unlikely.
★★★★

★★★★★★

FIGHT — OF THE — NIGHT!

★★★★★★

LIVE UFC: CONDIT VS KAMPMANN

BT SPORT 1 • 1am

In 2009, it was Martin "Hitman" Kampmann who defeated Carlos "Natural Born Killer" Condit. Time for the revenge mission...

Thursday 29 August

WORDS: ANTHONY TEASDALE, SI CUNNINGHAM, ANDY JONES, PETE CASHMORE PHOTOS: REX FEATURES, ACTION IMAGES

"Mate, what happened in last night's *Corrie?*"

England vs Australia T20

SKY SPORTS ASHES/HD • 6pm

The last time the old enemies locked horns in the T20 format here, the Aussies had more in their locker than they've had lately with the sides sharing a win apiece in a two-match series. Tonight, it's difficult to see beyond more wins for England.
★★★★★

They awaited his STD results with bated breath

Chickens

SKY 1/HD • 10pm

In this week's episode of the ace sitcom about three blokes who've dodged conscription in the First World War, randy draft-dodger Bert (Jonny Sweet) makes the most of the town's first battle casualty by trying to get it on the with the widow. *Inbetweeners* stars Simon Bird and Joe Thomas make up the rest of the threesome.
★★★★

The bangers in the local cafe were improving

Bugs, Bites and Parasites

DISCOVERY • 7pm

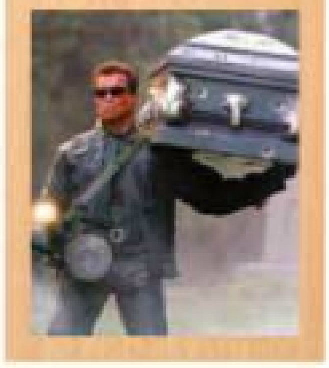
Two things we guarantee will happen after watching this cracking creepy crawly doc. First, you won't be able to stop scratching your goolies for about an hour. Secondly, you'll be very careful to check your bed for snakes before climbing in. Enjoy!
★★★★

BLOKES ONLY!

TERMINATOR 3

SKY MOVIES SCI-FI • 9pm

The third Terminator offering isn't the greatest but it offers spectacular visual effects and a very comely bad gal in the form of Kristanna Loken.



Nuts REVIEWS

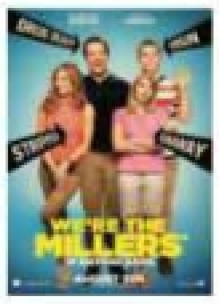
MOVIES

Rentokil had really upped their game

ELYSIUM

21 August • 15

The makers of *District 9* return with an awesome FX-laden post-apocalyptic thriller. While the rich live on a posh space station, the rest of humanity rots on a ruined Earth. Enter Matt Damon as an ex-con with radiation poisoning desperate to make it to Elysium to save both his bacon and mankind, after an almighty dust up with an army of angry androids! ★★★★



WE'RE THE MILLERS

23 August • 18

Jason Sudeikis and Jennifer Aniston create a fake family and turn drug runners in this road trip comedy ★★★★

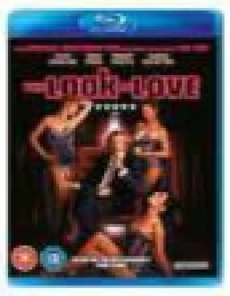
LOVELACE

23 August • 18

Amanda Seyfried is real-life adult film star Linda Lovelace, and James Franco is *Playboy's* Hugh Hefner in this compelling drama. ★★★

DVD & BLU-RAY

He wasn't sure if he'd hidden his chocolate binge



THE LOOK OF LOVE

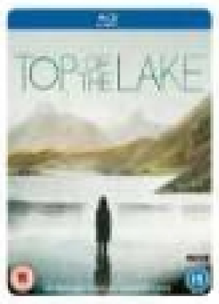
DVD & Blu-ray • 18

Steve Coogan is Paul Raymond, the "King Of Soho", who serviced the needs of chaps from the '50s onwards by producing naughty magazines in vast quantities. This excellent – and rather booby – biopic focuses on his rise from poverty in Liverpool to the unimaginable riches he found later in life. It's not all plain sailing though, as the film shows. ★★★★

BATTLESTAR GALACTICA: BLOOD & CHROME

DVD & Blu-ray •

With no pubs, space looks well boring. Happily, this is stimulated by top missions and a great story. ★★★



TOP OF THE LAKE

DVD & Blu-ray • 15

This excellent series focuses on the disappearance of a young girl, her scary Scottish dad, and the troubled cop who tries to find her. ★★★

MUSIC

DRENGE

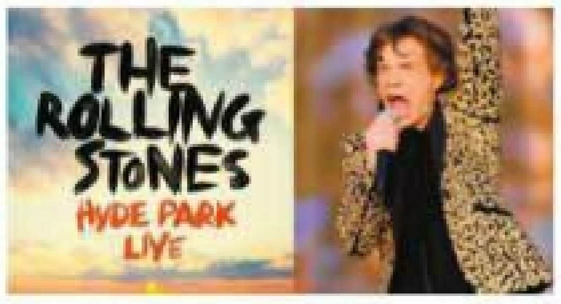
DRENGE

This bluesy-rock duo have been described by MP Tom Watson as "awesome." But like Labour, this record's a bit "meh". ★★★

BLOC PARTY

FOUR

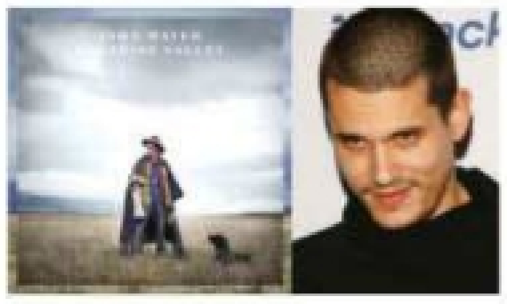
There's no mistaking the sound of Bloc Party. They've been around for yonks, but the boys can still deliver the goods. They rock! ★★★★



THE ROLLING STONES

HYDE PARK LIVE

They have a combined age of 700, but you can't beat a bit of Stones action. They rocked out at London's Hyde Park this year. Re-play! ★★★★



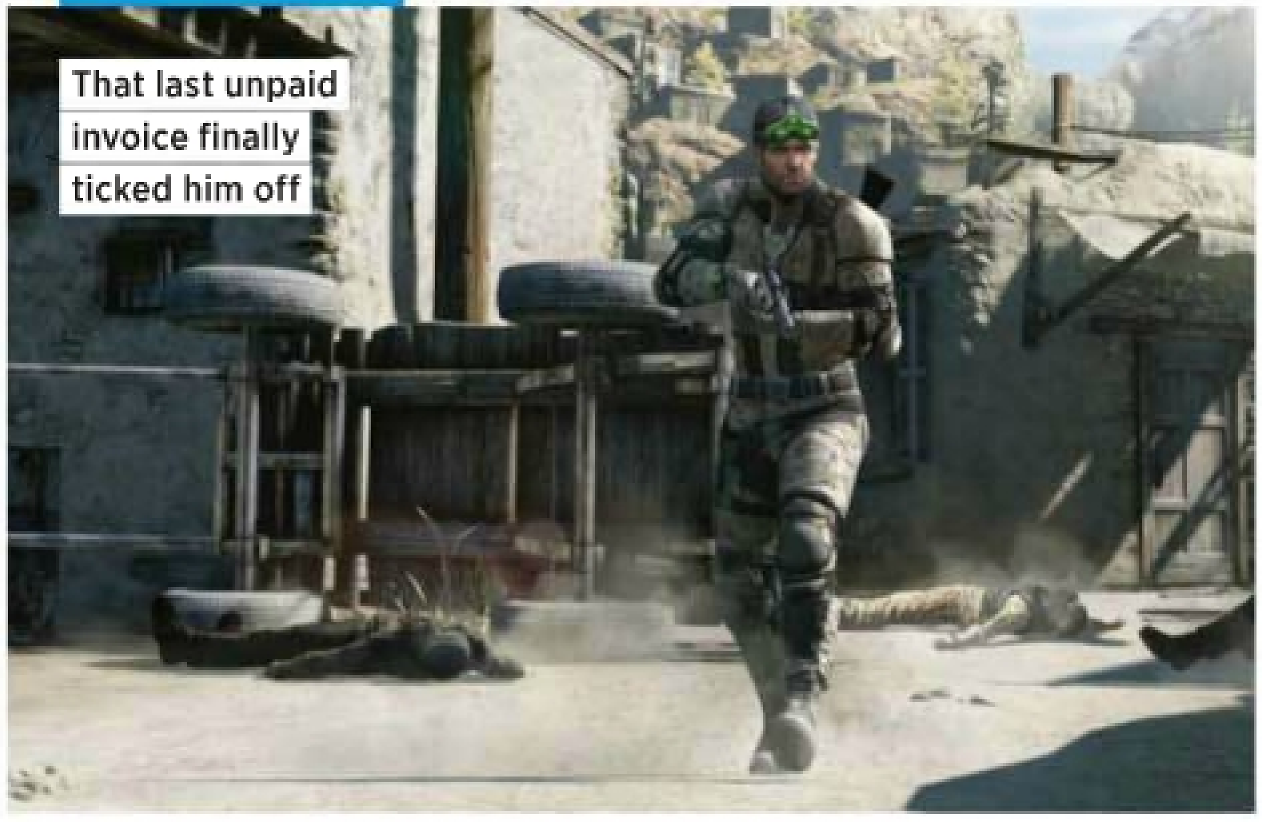
JOHN MEYER

PARADISE VALLEY

The fact that your mum would ask, "Who's this?" probably tells you all you need to know about this dull blues bloke. ★★

RATINGS: ★★★★★ Genius ★★★★ Very good ★★★ Investigate ★★ Alright ★ Rubbish

GAMES


That last unpaid invoice finally ticked him off

SPLINTER CELL: BLACKLIST

PC, PS3, Xbox 360

Sam Fisher returns to kick more terrorist botty. The character's the same, the plot's the usual guff and there's the usual (slightly less nuanced) stealth. But what is new are ways of playing – unseen, silent killer, mentalist – with rewards in that order, alongside gameplay that's enormously fun. Multiplay should add weeks of play. Strong, strong release. ★★★★

SAINT'S ROW IV

PS3, Xbox 360

GTA, essentially, if *Nuts* did it, sees silliness ramped up, a mad story and hours of OTT missions. Gaming with a grin. You'll love it! ★★★★

WONDERFUL 101

Nintendo WiiU

The WiiU dam bursts with another quality title that sees your band of 101 wee heroes working as one unit to slap evil. ★★★★

APPS

DUOLINGO

iPhone/iPad

Want to speak "foreign"? This app will soon have you saying "Got any pie and chips, Manuel?" in Spanish next time you're in Magaluf. ★★★★★

1 SECOND EVERYDAY

Google Play

This records a one-second vid of your life every day, then reviews what you've been up to over the last year. Uh-oh! ★★★★

WORDS: ANTHONY TEASDALE, DAN BRIGHTMORE, SI CUNNINGHAM, RORY BUCKERIDGE PHOTOS: REX FEATURES

FRANK WARREN
& ANDY AYLING FOR QUEENSBERRY PROMOTIONS PRESENT
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FRANKIE GAVIN

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LIAM WALSH v JOE MURRAY

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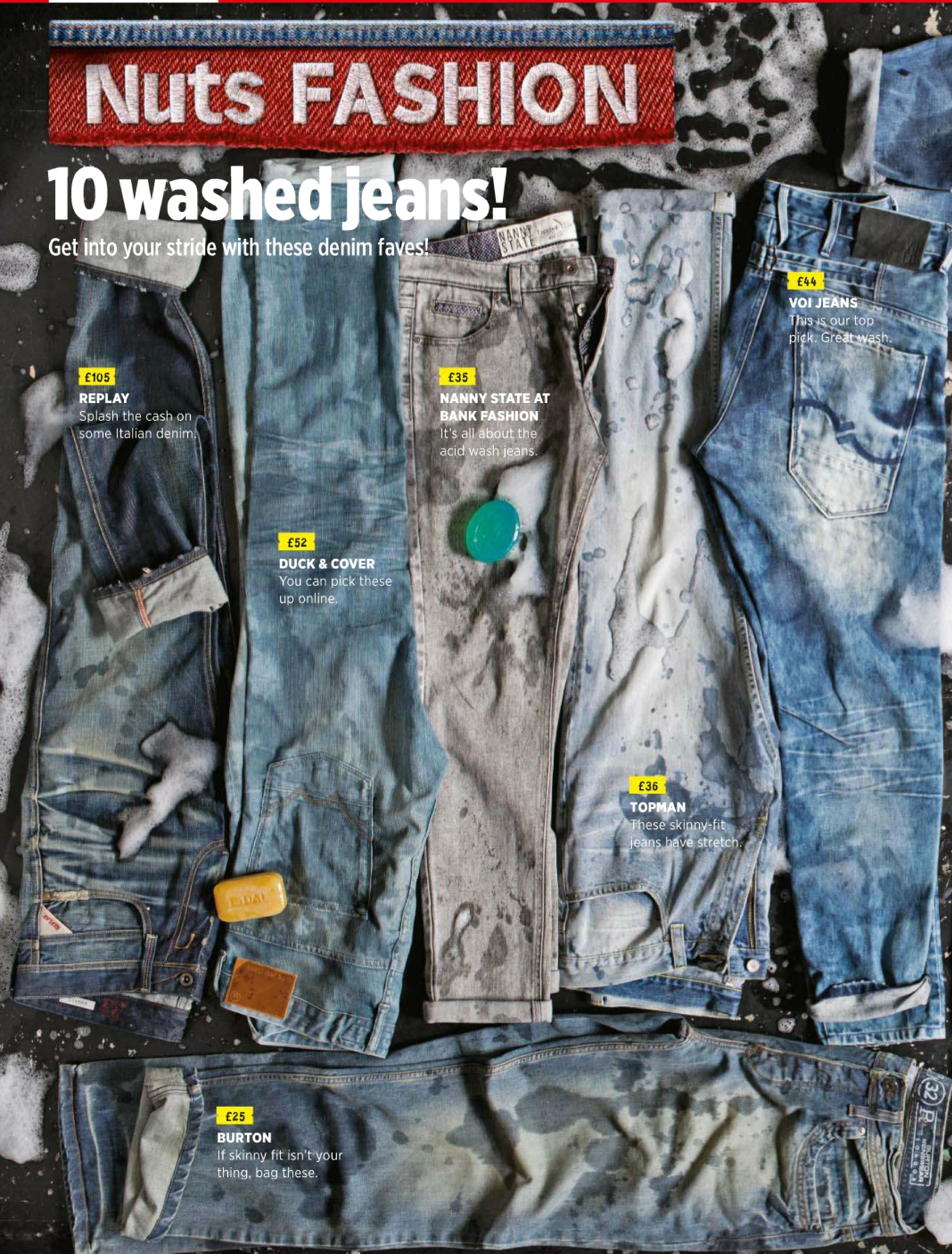

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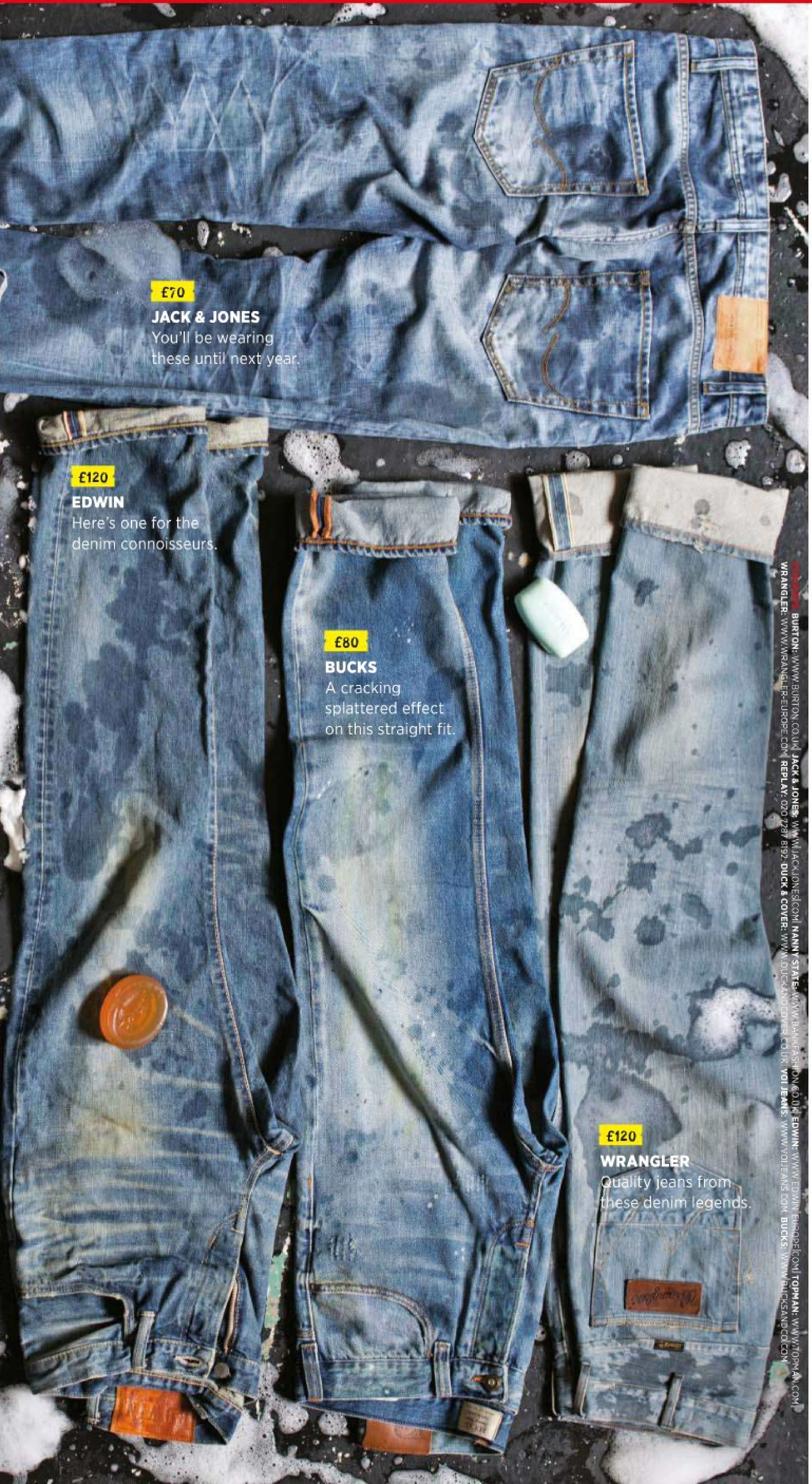

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£120
EDWIN
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ALTHOUGH ROULETTE's a game of chance, its popularity lies in the player's ability to control the level of risk and reward. You can take a punt on one specific number for a large payout, or bet on several numbers for a greater chance of winning.

STRATEGIES

- **The most popular strategy is to double your bets when you lose. But no strategy's foolproof!**
- If you're a novice, start with some easy outside bets (red/black or even/odd) and as you get the hang of it, you could place some smaller ones on whatever you like within the board.

TABLE BETS

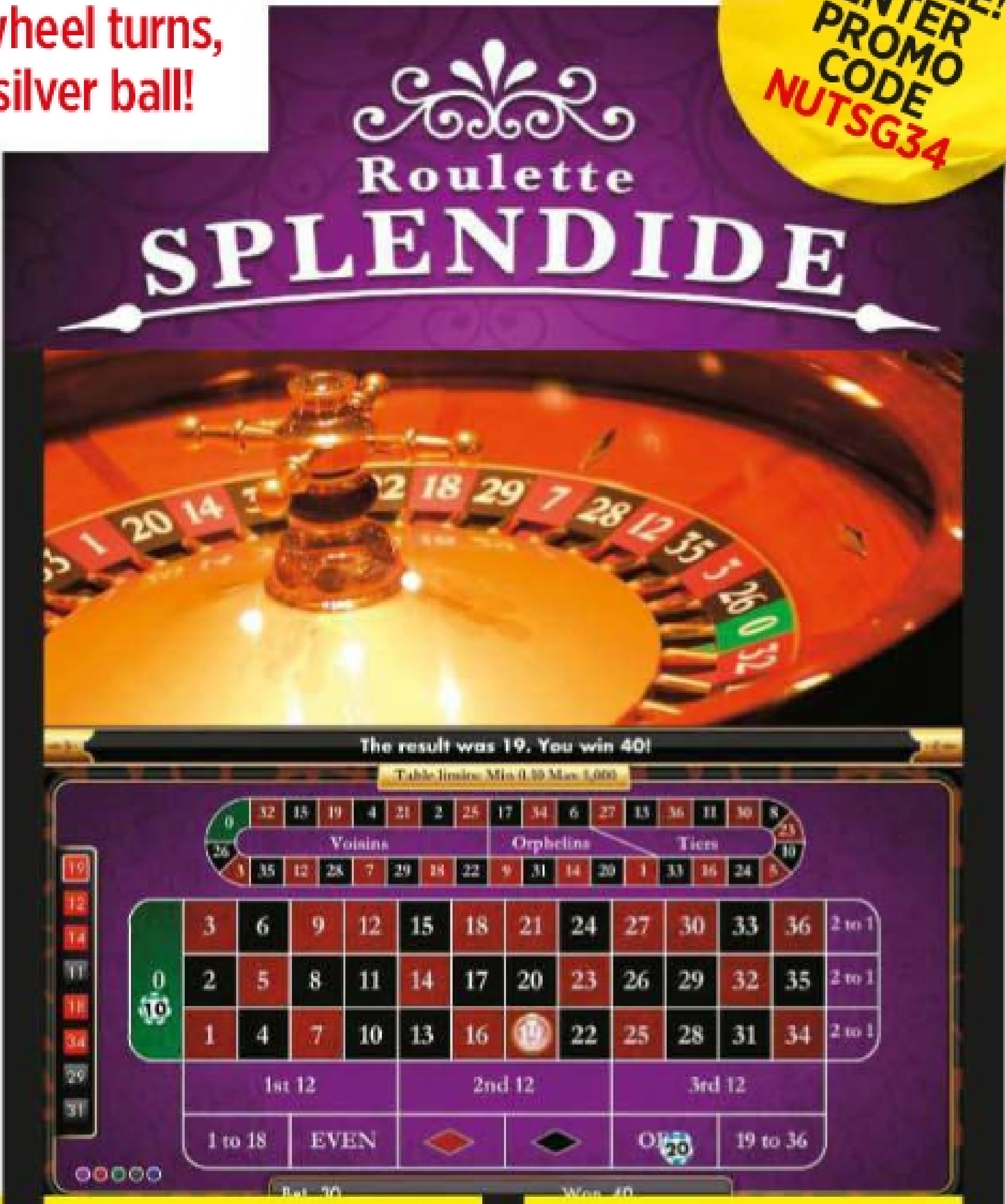
- Straight Up (Pays 35 to 1): Bet on a number, including 0, by placing the chip on the centre of a number.
- **Split Bet (Pays 17 to 1): Bet on two numbers by placing a chip on the line that divides the two.**
- Corner Bet (Pays 8 to 1): Bet on four numbers by placing chips at the corner where the four meet.
- **Red/Black, Even/Odd, Low/High Bets (Pays 1 to 1): Each of these boxes contains 18 numbers and they all pay out at 1/1. Zero is not included.**

RACECOURSE BETS

- **Neighbour Bets let you place wagers on any five neighbouring numbers.**
- French Bets place wagers across different sections of the wheel. There are three different types:
- **Voisins means neighbours of zero. A bet here will place nine wagers.**
- Tiers means a third of the wheel. This bet will place six wagers.
- **Orphelins covers all numbers not covered by Voisins or Tiers. A bet will include five wagers.**

WHERE TO PLAY

- Find Roulette Splendide at nutsgames.co.uk. If you're new to the site, you can get a 250 per cent welcome bonus.*



Rob R won £15,523!

on Multihand Blackjack

"I really enjoy Roulette and Blackjack. I enjoy the thrill of playing with real money!"

Anne won £2,791!

on Roulette Splendide

"I've been a member for about three months now, and I won £2,791 on Roulette!"

Chris won £1,000!

on Roulette Splendide

"I usually win a little bit but this time the ball just kept on landing on my numbers!"

WWW.NUTSGAMES.CO.UK

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Nuts GAMES gambleaware.co.uk 18

1 GameStick

gamestick.tv

Nuts says: Android games console. The games are stored in a nubbin with an HDMI connector that plugs straight into your TV. This slots into the Bluetooth controller for portability. Neat!

£100

IN THE DOCK
A dock charges the controller via Wi-Fi and adds 64GB of storage.

2 HTC Desire 500

www.htc.com

Nuts says: A 1.2GHz chip does the number crunching while the 4.3in display shows stuff, including a 30-second auto-reel of everything you've shot or videoed today.

FREE WITH CONTRACT

ROLLING UPGRADES
HTC's "Blinkfeed" home screen displays a stream of live information.

3 Marshall Fridge

www.firebox.com

Nuts says: Beer cooler made with genuine Marshall parts – grilles, buttons, the lot – with a freezer compartment behind the "amp". Terrific. Hic!

£500

KNOB OFF!
All the buttons on the front of the fridge can be turned up to 11.

4 Sphero 2.0

www.gosphero.com

Nuts says: Robot sphere which you control via apps so you can zoom it around courses, but also play games with it – even multiplay ones with multiple balls. This will win Christmas. No contest.

£100

WIRE-FREE JUICE
This charges via induction in a handy, little cup.

WORDS: RORY BUCKERIDGE

Nuts *REAL GIRLS*

BEDROOM BABE!

You voted, she won, we took the pics!

"My skintight PVC catsuit is very sexy!"

"I love to have a good laugh!"

The Pic she sent us!

Victoria

19 **Glasgow**

Boobs: 32F

Day job: "I'm a dance teacher. I love dancing!"

Turn-ons: "Tattoos really do it for me. That's sexy."

Turn to vote for our next Bedroom Babe!

NUTS PROMOTION

Nuts HOT DATES

SIGN UP TODAY FOR FREE!

Charlotte

What's your idea of the perfect first date?
We'd go to a really nice restaurant – but nothing that requires chopsticks... I can't use them! And if money was no object, I'd love to go to Monaco on the south coast of France!

How could a bloke impress you with just £5?
If a bloke only had a fiver he could buy me a packet of Percy Pigs and some flowers.

How would you give a bloke a night to remember?
I'd take him to a hotel and then... well, let's just say, he'd never forget!

What's your hidden talent?
I can roll my tongue!

Turn-ons?
Muscles and good shoes.

Turn-offs?
Self-centred guys and guys who spit. Eugh!

> **"A guy should have a sense of humour and a sense of adventure!"**
> Charlotte

Amor est vitae essentia

Tips from a Bedroom Babe!

Join *Nuts* Hot Dates and find your perfect girl, now!

➔ *Nuts* Hot Dates will help you find your ultimate girl – whether you're just after a bit of flirty fun or if you're looking for something more serious. Need more reasons to join today? Read on...

- **It's FREE to join!**
- Search for single girls in your hometown by postcode!
- **Signing up is easy, and you can even log in with Facebook connect!**

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less than a mile f

FIND MEMBERS USING YOUR PHONE'S GPS SIGNAL!

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BEDROOM BABE

VOTE!

Pick your winner – and she'll star in *Nuts!*

Ally

21 **Stoke**

"I've got a wicked sense of humour!"

Marta

22 **Glasgow**

"I'm good at boxing and partying!"

Jodie

21 **Kent**

"I own some very sexy outfits!"

Hana

18 **West Midlands**

"I love having my neck kissed!"

Vote now!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*!

Choose the girl you think is the hottest, go to **www.nuts.co.uk/girls**, click on the "Bedroom Babes" bit and vote for her. Simple!

Ladies! Send your photos to **Real Girls UK, Nuts, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU**. Or email **nutsgirls@ipcmedia.com**. You must be over 18.

PAGES 54-55 PHOTOS: TOM SERGEANT STYLING: GEORGIA LACEY HAIR & MAKE-UP: SAM CAREW

* * *

10 RUDE QUESTIONS!

And a real girl to answer them!

* * *

Asha

20 Goole

1 Where's the strangest place you've had sex?
"It was with a soldier on a trampoline in my friend's garden – and it was in full view of the main road. Luckily, I don't think anyone saw, but it was a thrill thinking they might've got a little visual treat!"

2 What's your trademark move in the bedroom?
"I always love giving the lucky chap a little striptease before getting down to business – I know I'm a really good dancer, so it always gets them going!"

3 What really turns you on?
"My main weakness is my neck – it's a very sensitive area for most girls. If I can even feel someone breathe on it, that's an instant turn-on."

4 Is it better to give or receive?
"Sharing is caring, so I'd have to say both. But first I like to please, so giving is always good to begin with."

5 What one thing would you really like to try but haven't yet?
"I've always said that I'm open to new ideas so there's nothing that particularly sticks out."

6 What's your favourite sexy outfit?
"I just enjoy being naked – I think it's so intimate someone seeing you like that. That really gets me going."

7 Have you ever made a sex tape?
"Once, yes. It made a great movie night for me and the ex-boyfriend I made it with, that's for sure!"

8 What's the rudest thing you've ever done?
"Recently I've been seeing this bloke, and I dragged him back to my friend's the other night where we had sex in her brother's bed while he was out. It's a good job I washed the sheets after that!"

PHOTOS: SCARLETT STUDIOS

9 What's your favourite position?

"The reverse cowgirl is great. I love the thought of being in complete control of my man."

10 Ever got it on with another girl?

"What girl hasn't? We've all shared a cheeky snog or two at parties!"

Nuts

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ONLY IN Nuts!

LADIES CONFESS!

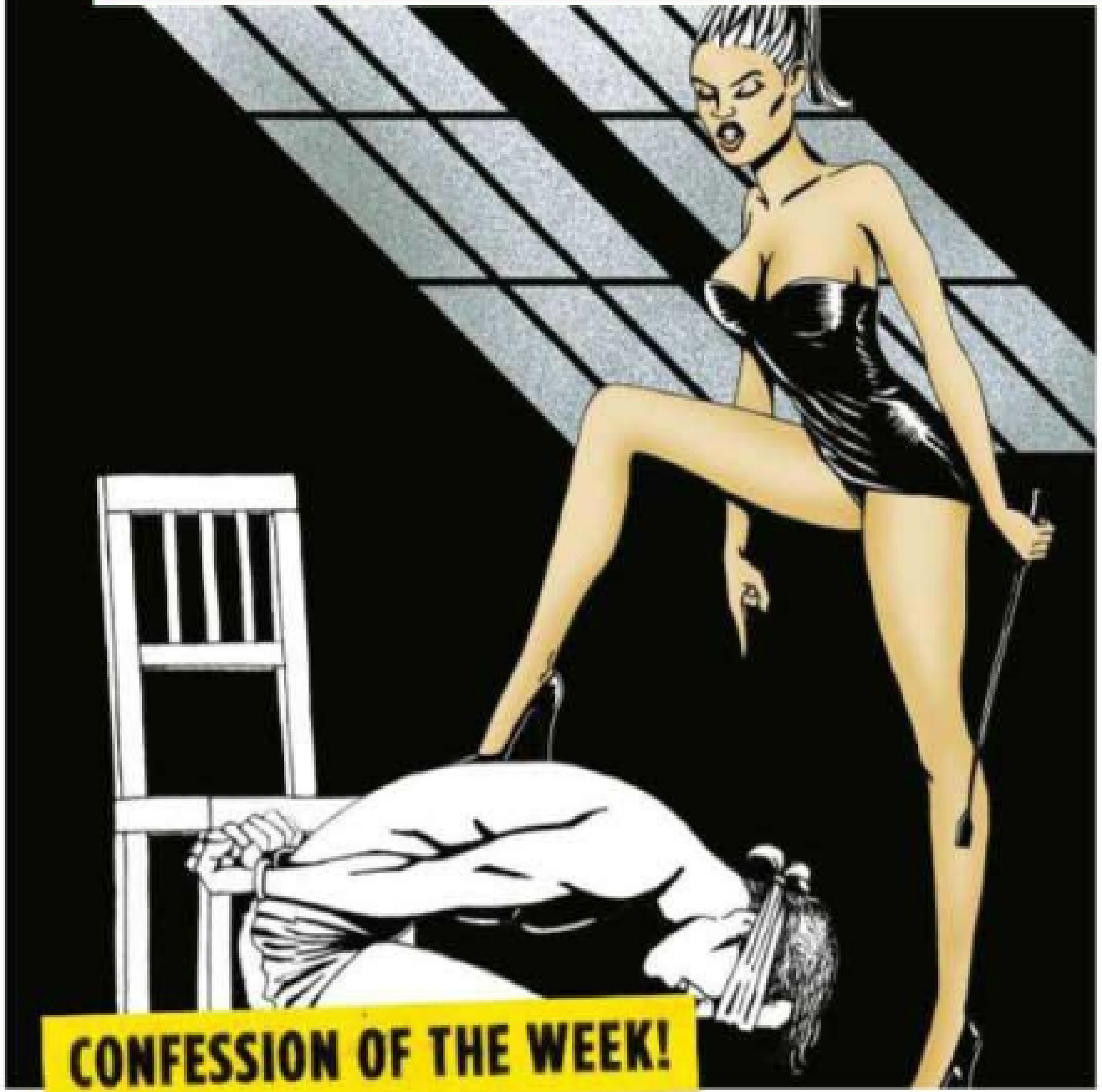
TO OUR SECRETARY!

Racy revelations from our female readers!

Nuts REAL GIRLS

SHARE WITH OUR SECRETARY!

Ladies, got a saucy secret you can't keep to yourself? Send your sexy story to our Lou!



CONFESSION OF THE WEEK!

'I gave a naughty treat'

MY FELLA kept asking me to dominate him, so one day I did just that. I bought a black leather dress that was slashed down the front and very short. When he saw me, he stood there open-mouthed. I grabbed his arms and handcuffed him, then dragged him to the bed and blindfolded him with a silk scarf. Climbing on top, I kissed him and nibbled his skin until he begged for more. I went down on him until I could feel him quivering and moaning. It felt amazing to have such power over him and I'd never seen him so turned-on. So there you have it – wishes can come true!

Megan via email

'BBQ turned very rude'

MY FRIEND held a barbecue last weekend, and her hunky younger brother was also there after graduating from uni. He had gorgeous blue eyes and shoulders to die for, and we spent the evening flirting in their garden. Within an hour, he was kissing me on a tree swing. The attraction was instant so we took things up to his room, where he pushed me onto the bed, had my knickers aside in seconds and went down on me, licking and caressing me. I could barely breathe and when we wandered back down I couldn't look my friend in the eye. I don't think I'll see him again now that he's moved away, but I have enough happy memories to keep me going for a while!

Lisa Ingatestone

'Rugby do led to online fun'

I WENT to a do at my local rugby club recently, hoping to meet a fit, muscly guy. One of the away team was a stocky, blond guy and we hit it off right away. The way he kissed me sent shivers through my body. The night came to an end and, although we swapped numbers, the fact he lived so far away meant I didn't imagine we'd speak again. I couldn't believe it the next day when he started sending me dirty messages and a picture of him in his rugby shirt and nothing else! We moved on to phone sex, and the way he instructed me to do things really turned me on. We're now into Skype chats and he loves watching me play with myself, dressed in just stockings and a corset. I can't wait to meet up again!

Dee London

'My best taxi ride ever'

I WAS in a taxi, soaking wet from the summer storms, on my way to a friend's house for dinner. The taxi driver was a hot local bloke who I'd been on a few dates with in the past. I noticed he kept looking at me and I couldn't help looking back. He winced a few times and explained that his shoulders were killing him from the gym. I reached over and started to massage his aching muscles. I instructed him to pull over in a quiet spot and moved to the front seat. Within seconds we were kissing passionately. Realising how wet I was from the rain, he began to slowly undress me and my nipples stood to attention. We had a quick fumble in the layby and once we'd had our fun, he took me to my destination. I'm definitely making sure I get that taxi more often!

Danielle Dundee

Win £50!

Ladies, send your raunchiest confessions to **louise_prior@ipcmedia.com** or to the address on page 60. The best one each week* wins £50! Come on, girls!

JOIN NUTS HOT DATES AND MEET HOT SINGLE GIRLS AT WWW.NUTS.CO.UK/HOTDATE

ILLUSTRATION: NICK PURSER/FOLIO ART *EDITOR'S DECISION IS FINAL. TERMS & CONDITIONS ON PAGE 60 APPLY

"Hey Petr, nice hat!"

MAN UTD VS CHELSEA SPECIAL!

Giggs: 'The Prem will be very close!'

"Argh! This is too heavy!..."

The United legend on life as the new player-coach on the block!

Hi Ryan! What's it like to be part of the coaching team?
It's a new challenge and the next stage of my career. The opportunity came out of the blue but I'd been working on my badges in preparation for life after playing, so I said yes, thanks very much! It's certainly been an eye-opener, seeing what goes on behind the scenes. I guess the manager wanted continuity. He brought in Phil Neville as well – we both know the club inside out so hopefully we can help him in what he wants to do.

Have we seen the last of Ryan Giggs as a player?
Not at all. I signed for one more year and I intend to honour that. I enjoy playing as much as I ever did and every season I can continue to contribute becomes more and more precious to me. I still think I can play to a decent level so hopefully I can do my bit both on and off the pitch.

Is the club still in shock after Fergie's retirement?
It was a big thing, obviously. Everything the manager did for us, the success he brought and the way he ran the club, made his decision difficult for the players. I personally owe him everything. But David Moyes is great. Everyone saw what a fantastic job he did at Everton. He sets really high standards, which is the United way. It's a massive job but he can handle it. He has a squad which has just won the Premier League so it's not like the team was in trouble or anything!

But there's the pressure of filling Sir Alex's shoes...
He's the right man. He has the talent and the personality to do things his way, the right way. He's a no-nonsense character who knows what he wants, for sure. It's the job of the senior players, and hopefully myself, Phil and the rest of the coaching staff to help him bring more success to this football club.

Does the change of manager open the door to your rivals?
I don't see how change always has to be a bad thing. We have a team – especially the younger lads who won their first title last season – desperate to be successful again. We have a new manager but so do Man City and Chelsea. I'm expecting a very close but very enjoyable Premier League season.

But with United coming out on top, of course?
Absolutely, yes. As I say, I think it'll be very tight but we have the players in place to be successful. For over 20 years, we've had a winning mentality drummed into us each and every day, and that will continue, hopefully for the next 20. Sir Alex's legacy is there for all to see, our job is to ensure that continues under the new manager.

"Hey Giggsy! how's the quorn and the yoga?"
"Hey, Petr, where's your nice hat?"

Cech: 'It's fantastic to have Mourinho back!'

The Chelsea stopper on life under the new, old regime!

Hi Petr! What's it like to have the "Special One" back?
Fantastic! He's the same as before – very determined, organised and passionate about bringing success to Chelsea. It was like coming home in many ways. He expects a lot of us!

Presumably you have happy memories from his first stint at Stamford Bridge?
Of course! We had success that Chelsea would've only dreamt about before. He also made me Chelsea's number one goalkeeper and I'll never forget that. I owe a lot to him for the confidence he showed in me.

Were you surprised by his return at all?
Nothing surprises me in football. There were a lot of rumours so we were all hopeful it would happen. When it did, there were plenty of smiling faces at the club.

What can he bring to the Blues?
More trophies, simple as that. The team has come together under him and worked hard, which was always his way. The players know what's required and are responding to this. His attention to detail and focus is second to none but I suppose his hunger is the biggest thing. And his man-management skills are incredible which comes with experience, too.

Do you think he'll rebuild, or focus on the players still there from his first time at the club?
Oh, that's a matter for him, not me! No matter how young or old, the Chelsea dressing room has always been about never giving up, never lying down, always fighting, always working hard for each other. That will continue, whatever. We have bad times but somehow we come out the other side with trophies. I'm hoping we can continue to be successful – but maybe with less of the pain along the way.

Do you reckon Chelsea are favourites for the title?
Having Jose here has definitely given everyone around the club a lift but, ultimately, this is a results business. Emotions don't come into it. Both Manchester clubs will be incredibly strong and Arsenal will be, too, so we know it'll be difficult. But if we get off to a strong start and build some momentum we could be a major threat. Jose will demand an improvement in all of us and that means doing better than we did last season in the Premier League and the Champions League. He won't accept anything else.

- Man United vs Chelsea, 8pm, Monday 26 August, Sky Sports 1/HD.

PHOTOS: ACTION IMAGES, GETTY IMAGES

Rugby League: It's mental!

A reminder why the Tetley's Challenge Cup Final is a must-see!

➔ **YES, THE** football season is firing, but there are other sports out there. Honest! You should all indulge in some rugger league this Saturday as Hull FC and Wigan Warriors lock horns in the Tetley's Challenge Cup final. Basically, rugby league is mentally hard! You won't find Ashley Young hurling himself to the ground because someone brushed his sock – check these boys out!

- Wigan Warriors vs Hull FC, 3pm, Saturday 24 August, BBC One/HD

WORDS: JOE BARNES PHOTOS: ACTION IMAGES, PA PHOTOS, GETTY IMAGES

BUNDLE!

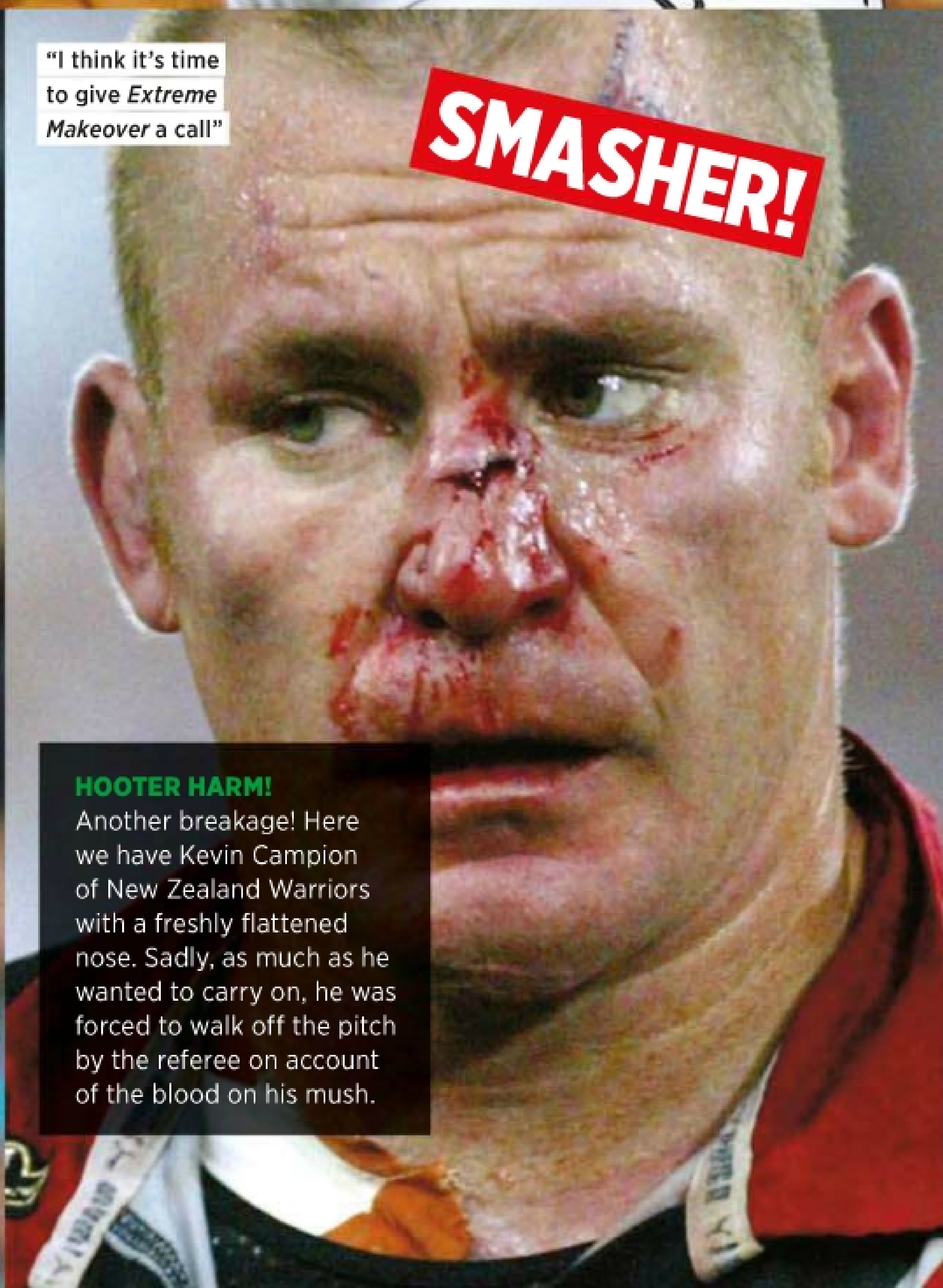
"I knew I shouldn't have worn that new cologne"

MASSIVE ATTACK!
Any league player has to get used to this – a multiple-man attack on his person. This is Eorl Crabtree of Huddersfield Giants getting jumped on by three Salford City Reds who look like zombies trying to make him their dinner. Note: he still has the ball.

"If you liked it, then you shoulda put a ring on it... la la"

FINGERED!

DIGIT DAMAGE!
This is David Taylor of Aussie side South Sydney Rabbitohs and his newly dislocated finger. His response? Head over to the physio so he can pop it back in, and then carry on playing. Proof, if it were needed, that these guys are as hard as nails!



"I think it's time to give *Extreme Makeover* a call"

SMASHER!

HOOTER HARM!
Another breakage! Here we have Kevin Campion of New Zealand Warriors with a freshly flattened nose. Sadly, as much as he wanted to carry on, he was forced to walk off the pitch by the referee on account of the blood on his mush.

BANGED OUT!
Unconscious players are common. England's Michael Shenton (below) collapsed after a clash with the Aussie Ben Hennant. In last year's Cup final, Warrington's Brett Hodgson was knocked out, then came back in the game and won man of the match!

"Do I have to get up? It's mega comfy here"

EXTREME WEDGIE!
The main object of rugby league is to stop your opponents gaining ground on you at all costs. And if that means taking the unique approach of Bradford Bull's Danny Addy against Catalan Dragons' Ian Henderson, then that's how it's got to be.

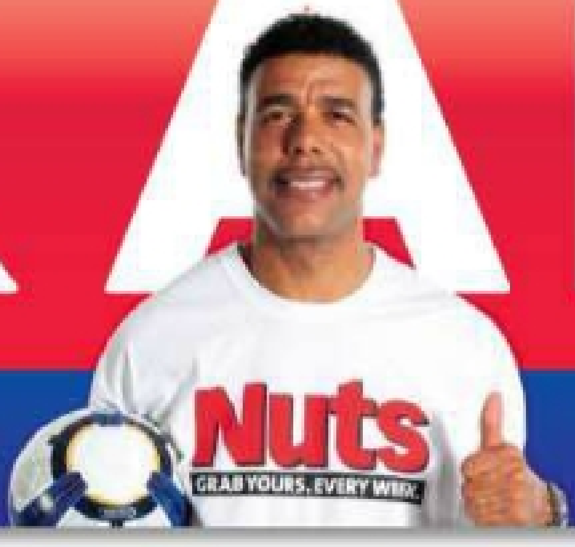
"That's the last time I'm going to hide his car keys up there!"

'If you can walk, then you can play!'

Hull FC's Head of Strength and Conditioning Paul Devlin on the pain players have to go through...

"We use GPS to measure the G-force in every tackle, whether that's tackling or being tackled. You can see anything up to 15G, and 11-13G is classed as a 'high collision'. Players can have 20 such collisions in any game – running as hard as they possibly can, all the time, causes big impacts. The forces are enormous. Broken bones and soft tissue issues are not preventable. The range of movement in players' shoulders, necks, legs and hips is massively restricted because there's so much muscle damage. Players often say they feel like they've been hit by a bus. What you don't see is the number of players who've taken painkilling injections in order to play, something you can't do in rugby union. Minutes after the end of the game, those injections start to wear off. Rugby league is relentless, attritional. Our physios can pop dislocated digits back into place! They just plug it back in, strap it up and tell the coach: 'It's OK, he's just dislocated a finger, it's back in now!' We had one lad this season whose thumb just wouldn't stay in the socket. The ligaments were gone, so he had to come off. But generally, if you can walk, then you're playing!"

KAMMY!



He's the voice of the fans – and he's only in *Nuts*!

"Woah! These new helium boots!"

England fans shouldn't mind a scrap!

A win is a win, even if it's not a pretty one!

I'M NOT all that disappointed with the way England won against Scotland – certainly not as much as some people seem to be!

For England, it was a high-pressure game in front of a packed Wembley. For Scotland, the same level of pressure just wasn't there. Gordon Strachan got his tactics spot on and made England's life very difficult – his side even took the lead a couple of times! But it wasn't just the match that was great, the atmosphere was incredible and was probably the best I've ever seen in a friendly.

The Scots came down to have a great time, didn't cause any trouble and the combination of that with the typical noise of the England fans created an incomparable atmosphere.

The giant fisherman eyed his next catch

Lambert for Roy's next squad!

IT'S EVERY kid's dream to play for their national side and score a goal. But for that to actually come true, and for that game to be played in the twilight of your career – and for the goal to come with your first touch – is incredible!

People will say dreams don't come true, but Rickie Lambert has proved they do. And he's delivered at every level, from non-league to Premier League, where he had a fantastic debut season with Southampton – he really made it look easy. This leaves Roy Hodgson with no choice but to pick him for the next England squad. The way he scored his goal against Scotland, and the way the team reacted, proves that Rickie can be great for the camp.

I know him and he's a lovely bloke – it's a certainty that he'll be in for England's next game!

A clause means a move!

THERE SEEM to be a lot of buy-out clauses in the news recently. When I was at Bradford, we signed Mark Schwarzer but promised that if any club wanted to pay over £1million for him, he could leave.

Everton made that bid, I created an auction and we sold him to Middlesbrough, making a nice profit on the £150k we signed him for. That's the way to do it!

"A giant banana?"

PHOTOS: ACTION IMAGES, REUTERS

Arteta: ‘We can win Europe’s toughest league!’

The Arsenal star on his desire for trophies!

The new home kit was a bit on the drab side

Hi Mikel! How does everyone feel about playing Fenerbahce in the Champions League?
Fenerbahce are difficult opponents. They have fantastic support and will have a brilliant atmosphere in Turkey but we know how important it is for us to get through to the group stages, so we’ll try our best.

You would have preferred an easier draw then?
We didn’t have a choice! We can’t help who we play, we just have to get on with it.

You’ve got two important league games in between, including Spurs. Is the long trip to Turkey a hindrance?
We have a tight schedule, especially with Fulham just three days after the away leg, but we know we have to expect this with playing in all the biggest competitions. That’s the challenge.

Fenerbahce could still be thrown out. How do you feel about that?
We’ll prepare in exactly the same way as we normally do and we’ll play against them to win. Nothing changes for us, regardless of their situation.

You could lose the tie, but still go through!
Yeah, of course, that’s a bit weird. But to be honest, we’re not thinking about it. Hopefully, we’ll win, and then it won’t be necessary.

You’re up against your old Everton pal Joseph Yobo. Does it help that you know him?
I’ve not spoken to Yobo at all. We know Dirk Kuyt and Raul Meireles, but they have some other really good players, too, with experience in the Champions League and at international level, so they won’t all be new to us.

Will you ever get an international cap for Spain?
I don’t know. It’s difficult when Spain have the best midfield options in world football.

How about England instead?
Ha! This one was a possibility for a while, but the rules at the moment won’t allow me to do it. Unless they change them, I can’t consider it for now. But it’s one of my intentions as a footballer to play international football, I’ve always said if it wasn’t for Spain, it would be here, for England.

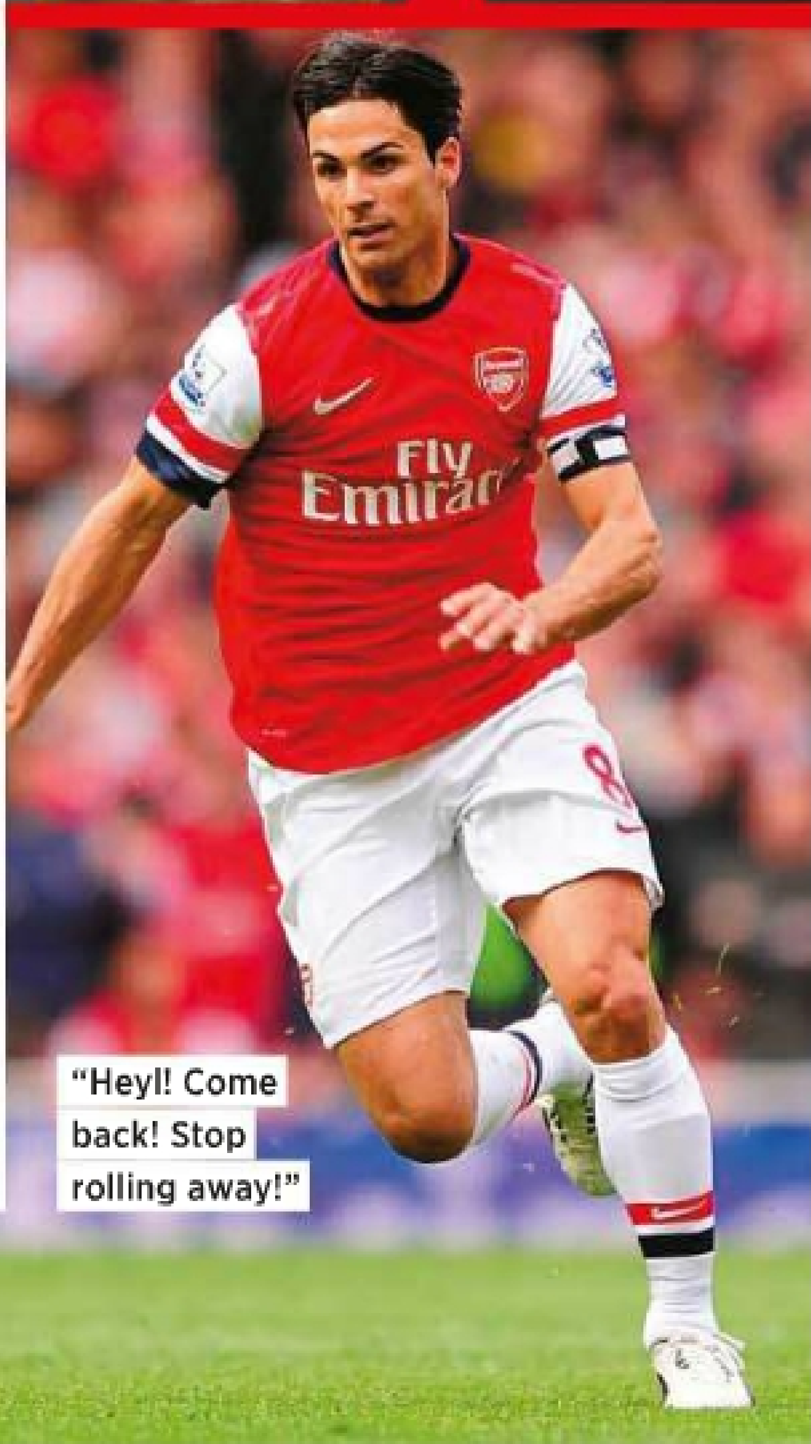
Arsenal have been quiet in the transfer window. Worried?
No, they’re doing their best to improve the team. We all just have to be patient and let the manager try to pick the players that he thinks will actually improve the squad.

It’s been a while since Arsenal have won a trophy. Would you move on to win medals?
I came to Arsenal to win trophies. We have the ability and the capacity to do that. We may be in the toughest league in Europe, but there is no reason why we can’t challenge.

Finally, you were a last-gasp signing. What are the late stages of the window like?
Tense. We didn’t know if we could get the fax through to the FA. I was excited for the challenge at Arsenal but didn’t know if we were going to get the transfer finished. It was really tight!

- Mikel Arteta was transformed into Sam Fisher, lead character from Splinter Cell Blacklist, to promote the new video game from Ubisoft, out to own on 23 August on Xbox, PS3, PC and Wii U. For more info go to www.splintercell.ubi.com

PS3
SPLINTER CELL BLACKLIST
18



“Heyl! Come back! Stop rolling away!”

INTERVIEW: JOE BARNES PHOTOS: PA PHOTOS

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Football seen through the *Nuts* comedy glasses!

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"Joe Hart's jokes always do this to me!"

BULGING!

"Slim-fit shirts seemed like a great idea at the time!"

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BANZAI!

"I hate flags!"

WEE MAN!

"And you can see me in panto on the following dates..."

WEIRD!

"I'm a little tea pot, here's my handle!"

WORDS: JOE BARNES PHOTOS: PA PHOTOS, GETTY IMAGES, ACTION IMAGES, BACKPAGE IMAGES

MAN-L♥VE CORNER!

DOGGY!

"I can't quite get it in!"

GO IN HARD!

"You didn't tell me it would hurt this much!"

READY!

"Bend over, Shinji, it's your turn in a minute!"

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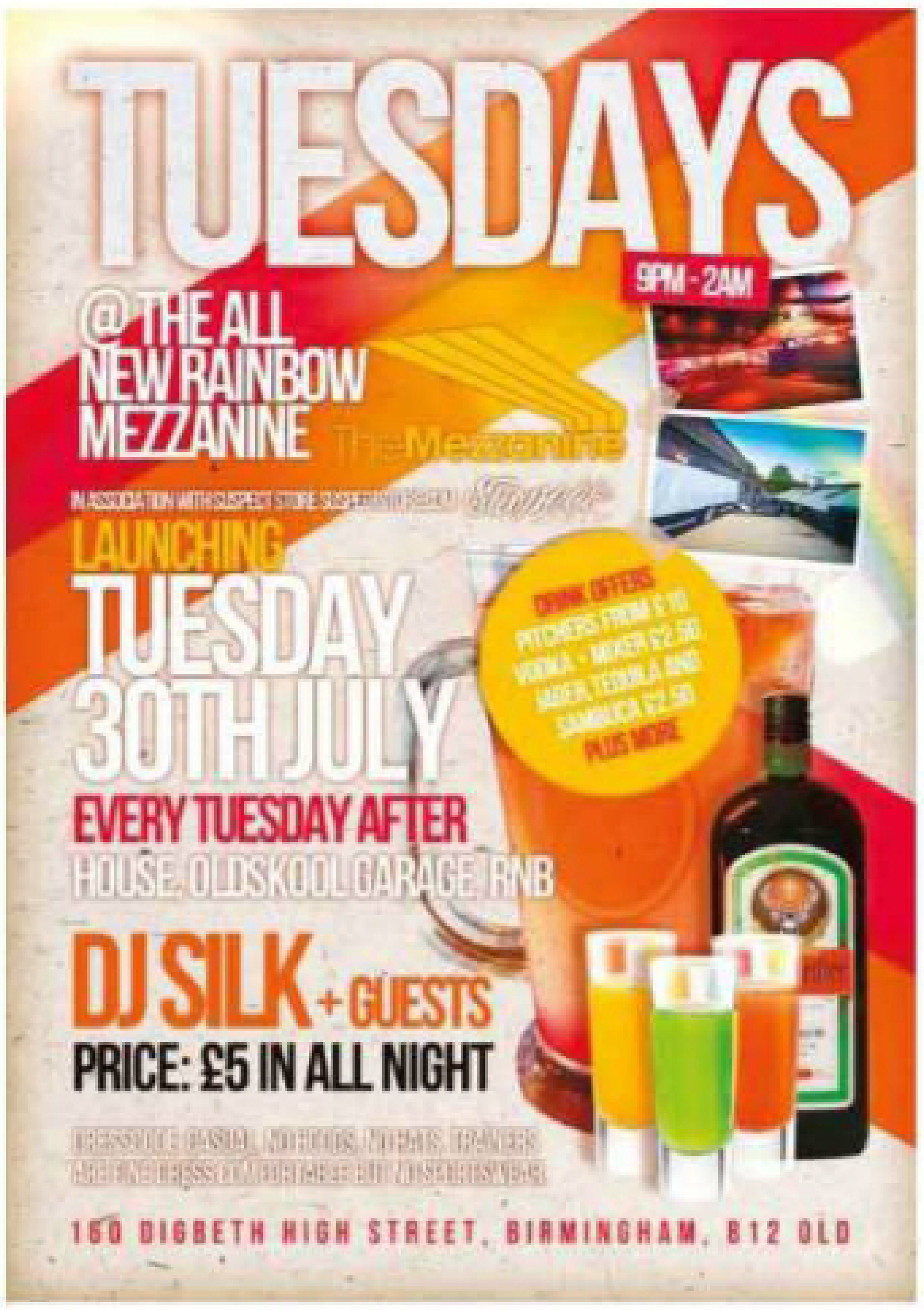
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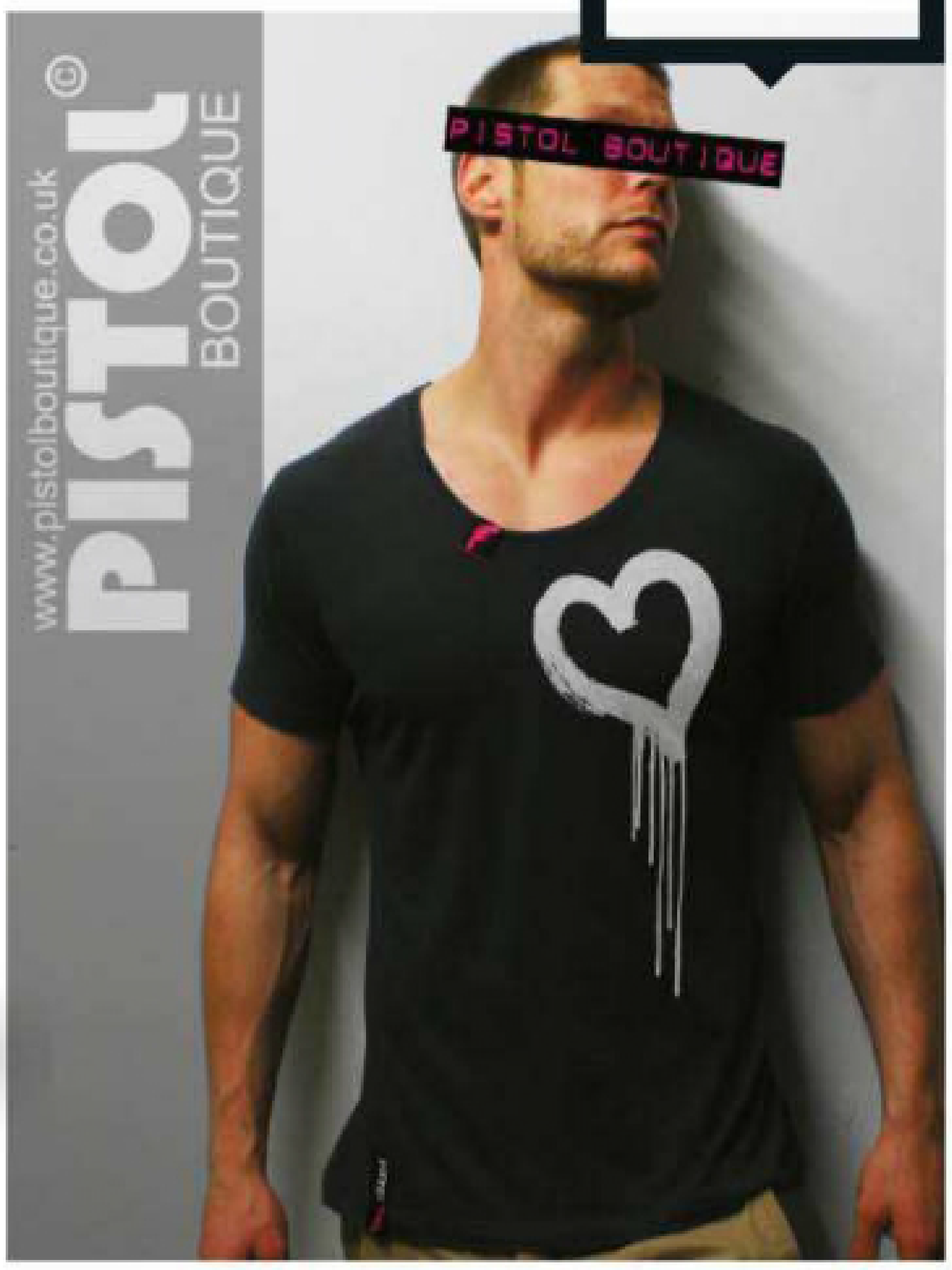
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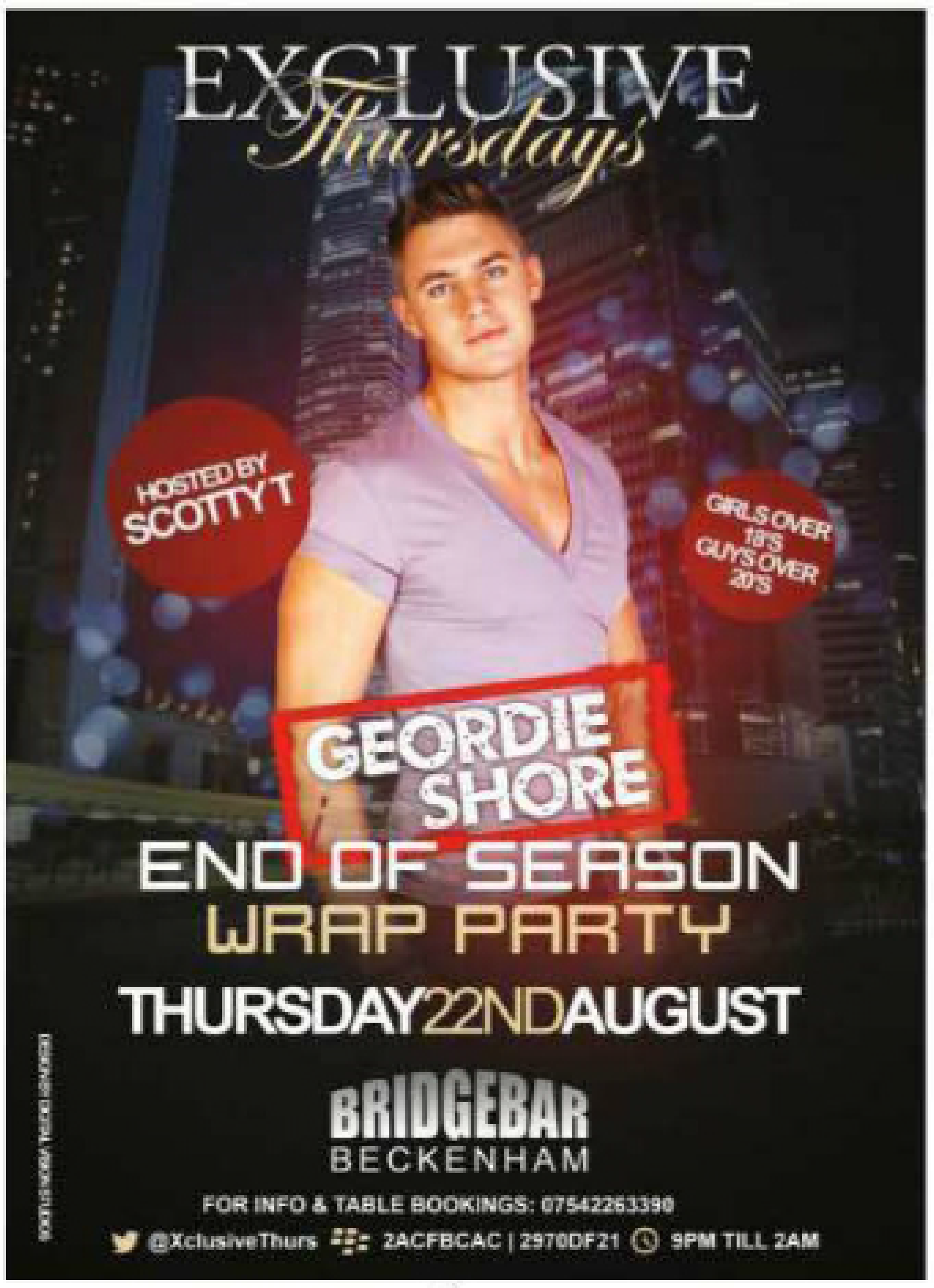
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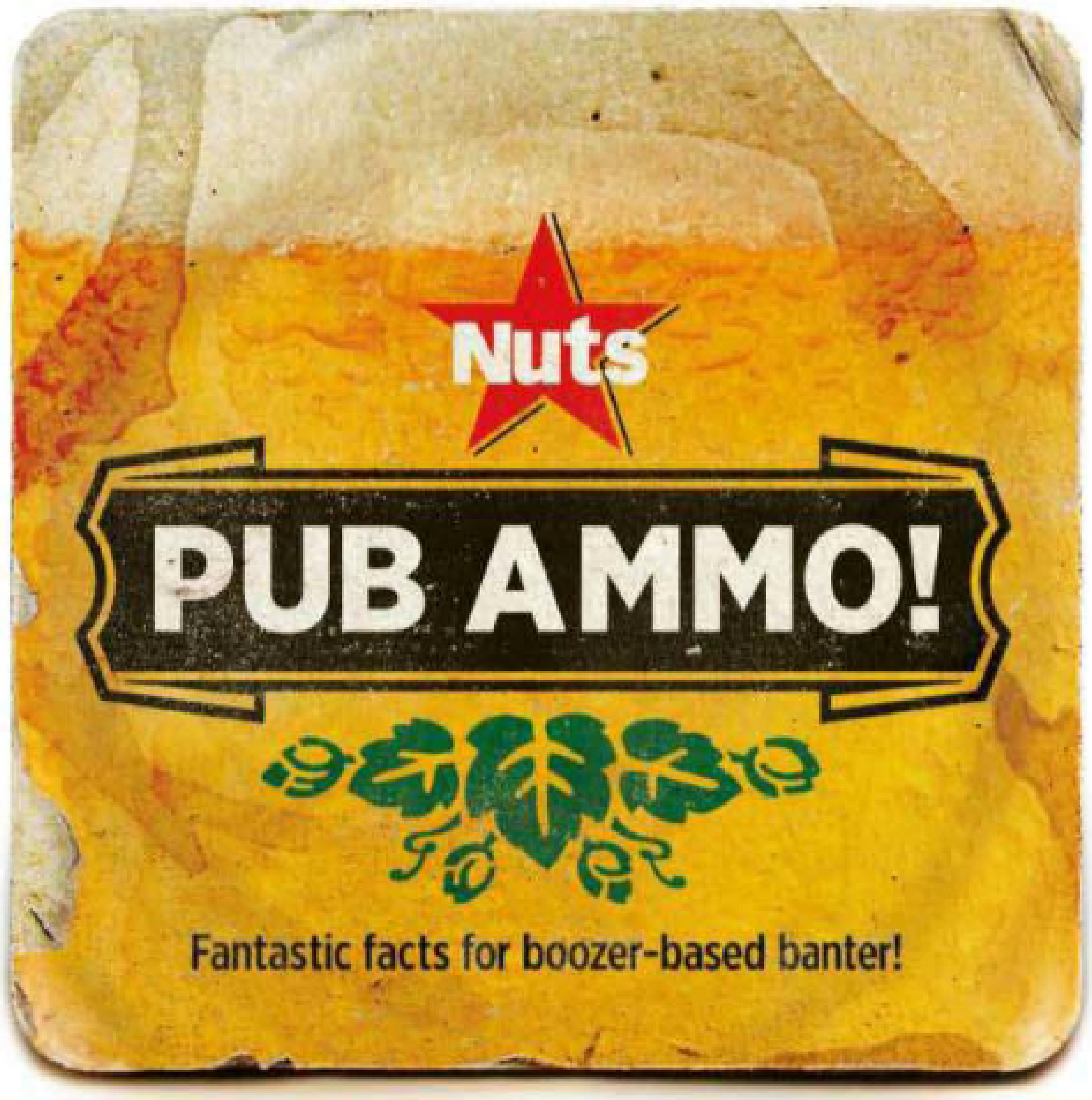
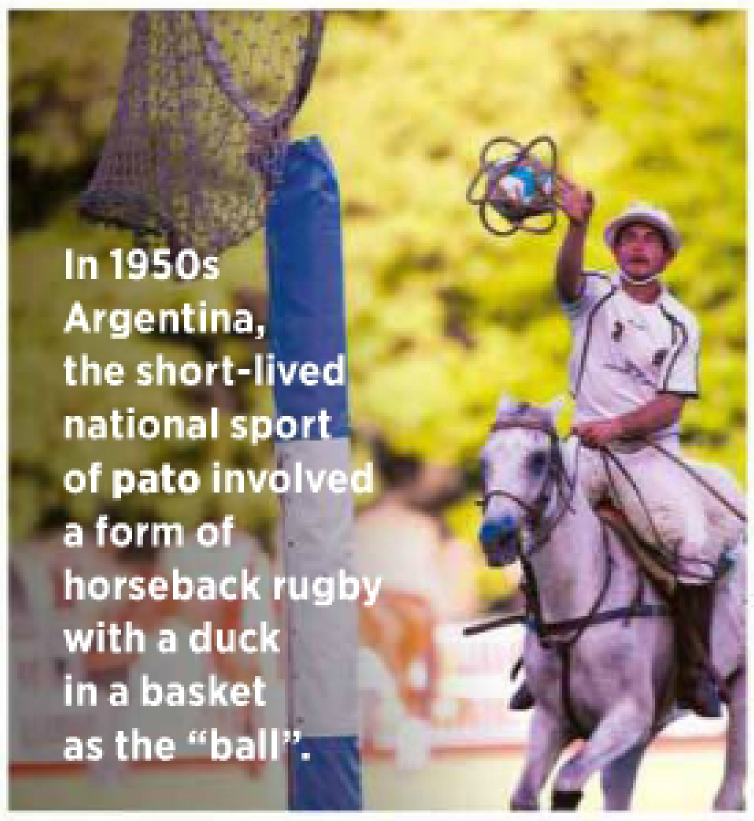


PUB AMMO!

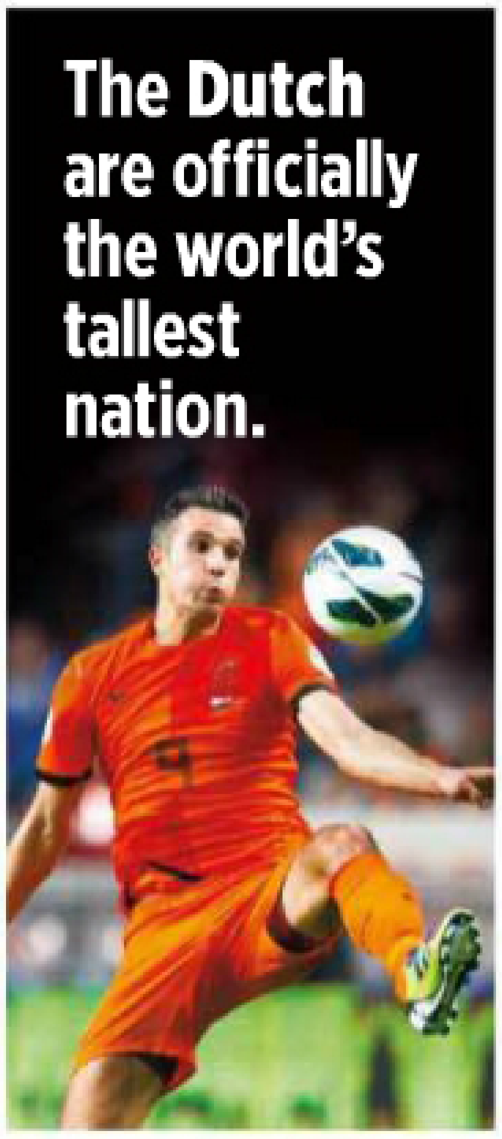
Fantastic facts for boozer-based banter!

The English word sh*tstorm has been added to the German equivalent of the **Oxford English Dictionary.**

Pocket Oxford German Dictionary

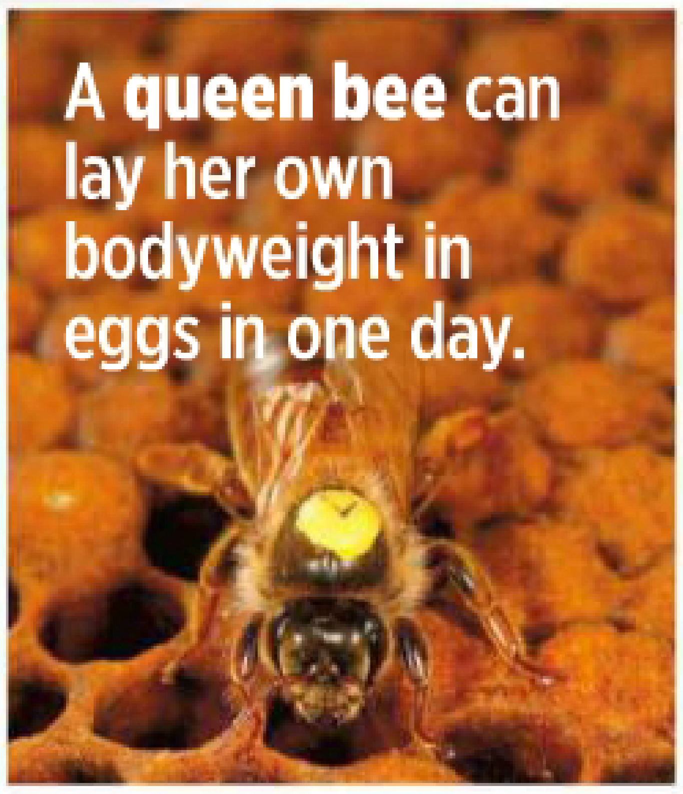


In 1950s Argentina, the short-lived national sport of pato involved a form of horseback rugby with a duck in a basket as the "ball".



The Dutch are officially the world's tallest nation.

85% of **Greenland** is covered in ice, and if it were to completely melt it would lead to a global sea level rise of seven metres.



A **queen bee** can lay her own bodyweight in eggs in one day.

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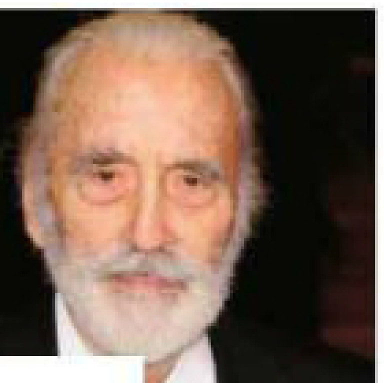
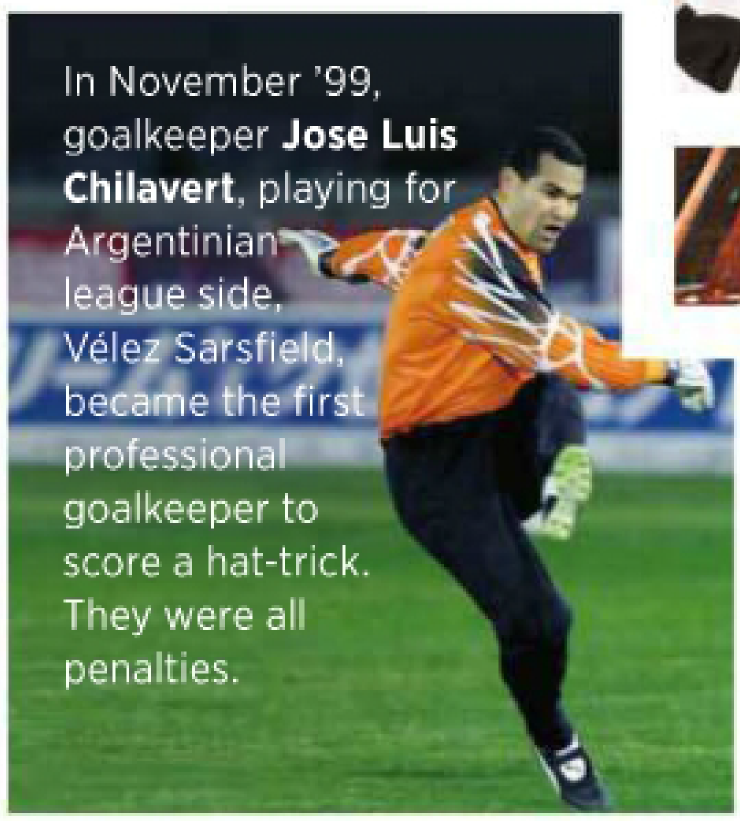


Before he became an actor, Lord Of The Rings star Christopher Lee hunted Nazi war criminals for a living.



In November '99, goalkeeper **Jose Luis Chilavert**, playing for Argentinian league side, Vélez Sarsfield, became the first professional goalkeeper to score a hat-trick. They were all penalties.

A specific gene variant can cause the carrier to have **bad driving** skills.

Women originally wore high-heeled shoes so that they could appear more like mens.

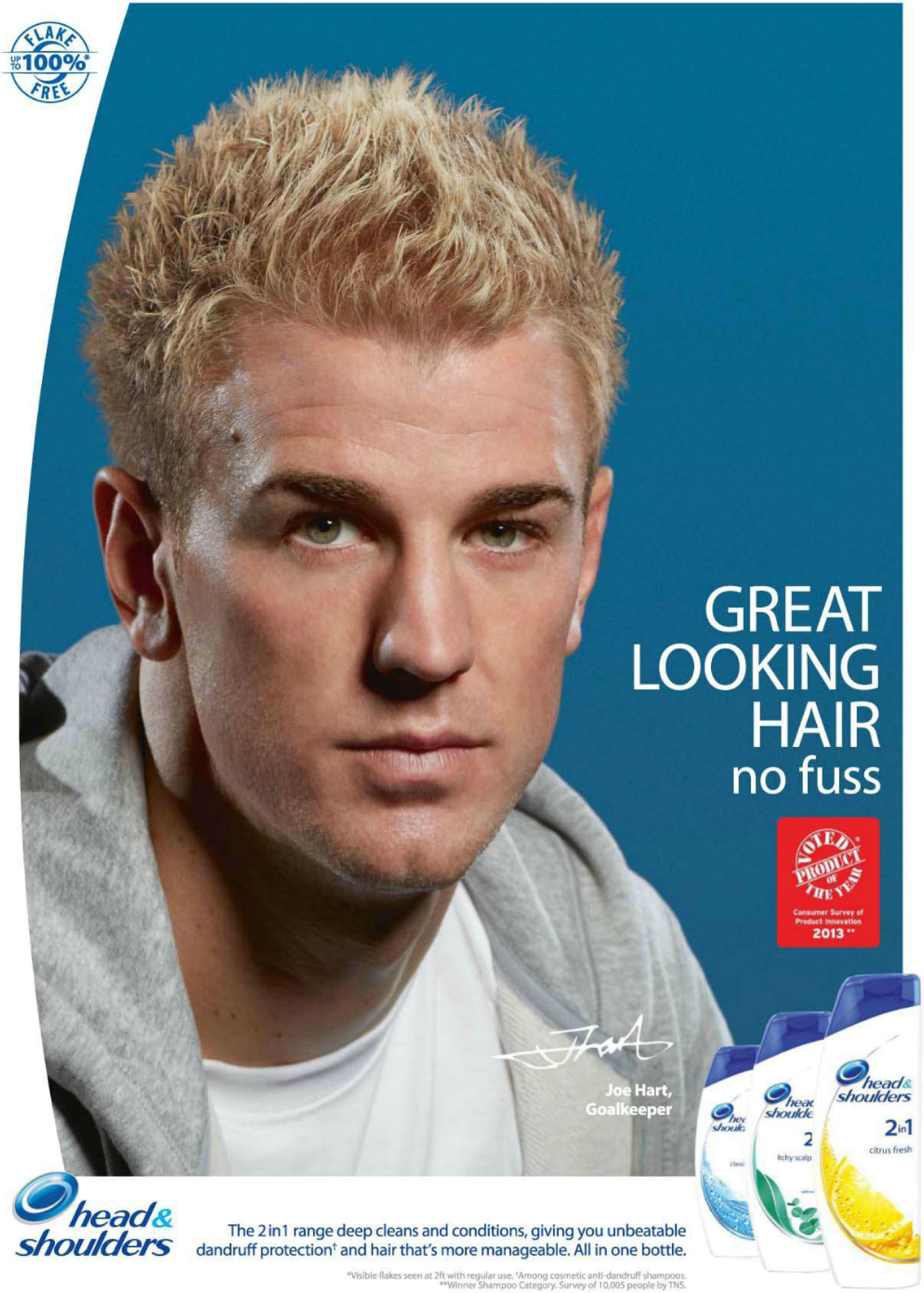
In polluted conditions, stressed-out **octopuses** will commit suicide by eating themselves.

Pub ammo on... *Kick-Ass 2*

- **The star of *Kick-Ass 2* is credited as Aaron Taylor-Johnson since marrying British artist Sam Taylor-Wood, who directed 2009 film *Nowhere Boy*, in which her future husband played The Beatles' John Lennon.**
- Jim Carrey, who plays Colonel Stars And Stripes, has criticised the film for its violent content.
- **Arch-villain Red Mist (Chris Mintz-Plasse) has rebranded himself as The Mother F**ker in this film.**
- *Kick Ass 2* is in cinemas from Wednesday 14 August.

WORDS: JOSEPH SCRIMSHIRE, RORY BUCKERIDGE, TOM WILLIAMS.
PHOTOS: REX FEATURES, SHUTTERSTOCK

Nuts
Imogen Thomas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